We are proud to serve organic free run eggs.

# MOUNTAIN BREAKFAST 18

Two eggs any style, toast and your choice of bacon, grilled back bacon, or banger sausage.

BREAKFAST B.L.T. 18

Two fried eggs, crispy bacon, and cheddar cheese on a butter grilled sourdough ciabatta bun with lettuce, tomato and mayonnaise.

## AVOCADO TOAST

Butter grilled baguette with fresh avocado, topped with two peppered sunny side up eggs.

16

ADD baked beans 4

#### BAKED BEAN BURRITO 16

Two scrambled eggs, house made baked beans, crispy potato pancakes, and cheddar cheese.

SUBSTITUTE vegan eggs and vegan mozzarella add 3.

#### SMOKED SALMON BAGEL 19

Canadian smoked Sockeye salmon on a toasted sesame bagel with cream cheese, smoked onion jam, fresh sliced avocado, sweet pickled red onion, fresh dill, and capers.

CROQUE MADAME 19

Butter grilled sourdough, ham, and gruyere sandwich topped with Mornay sauce and a peppered sunny side up egg.

CLASSIC

Crispy English muffins topped with seared back bacon, poached eggs, and Hollandaise sauce.

PACIFICA

#### 20

A west coast twist on the classic, with Canadian smoked Sockeye salmon, Hollandaise sauce, and fresh dill.

VEGETARIAN

18

Crispy English muffins topped with fresh spinach, house made Roma tomato jam, poached eggs, and Hollandaise sauce.

all above served with your choice of fingerling potato hash browns, seasonal fruit, or yogurt

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BEANS & TOAST

Butter grilled sourdough bread topped with house made baked beans.

ADD (2) fried eggs 4

## HUEVOS RANCHEROS 18

Two crispy corn tostadas topped with house made black bean salsa and cracked peppered sunny side eggs. Finished with crumbled feta cheese. Served with roasted fingerling potatoes.

VEGAN SCRAMBLE

"JUST egg" vegan eggs scrambled with grilled baby gem tomato and topped with vegan cheese. Served on a bed of fresh spinach, house made baked beans and fresh avocado.

18

ADD (2) Vegan sausage 8

#### PANCAKES

Three buttermilk pancakes with whipped butter and syrup.

FRENCH TOAST

Three slices of egg dipped baguette grilled until golden and topped with sweet whipped lemon butter.

WAFFLES

18

14

Three golden waffles topped with caramelized apple compote, artisan brie, and toasted pecans.

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#### BREAKFAST HASH

Three poached eggs on top of fried onions, Montreal smoked meat, and hash brown potatoes, all topped with creamy mornay sauce. Served with your choice of toast.

**BEGBIE BOWL** 

Three scrambled eggs, with ham, mushrooms, red onion, tomato, and peppers on house made hashbrowns and finished with cheddar cheese and fresh green onion. Served with your choice of toast.

18

SUMMER BOWL

18

Fresh spinach tossed with grilled baby gem tomato, baked beans, and fresh avocado. Topped with two poached eggs and crumbled feta cheese. Served with your choice of toast.

20

## WEST COAST

Three egg omelette rolled with smoked Sockeye salmon, and little Qualicum brie served on a bed of fresh spinach with a light lemon vinaigrette and topped with sweet pickled red onion.

#### HAM & CHEESE

Three egg omelette with ham, gruyère, and sautéed mushrooms topped with broiled mornay sauce.

### MEDITERRANEAN

Three egg omelette with fresh spinach, grilled baby gem tomato, red onions, and crumbled feta cheese.

17

served with toast and your choice of fingerling potato hash browns, seasonal fruit, or yogurt

3

4

5

6

4

1/		
0	latte	5
	hot chocolate	4
	assorted teas	3
	milk	3
	juice	4

side (1)rders

assorted cereal		
toast & preserves		
vegan scrambled eggs		
bagel & cream cheese		
oatmeal		
french toast (1)		
pancake (1)		
vegan sausages (2)	8	

6	0	
	waffle (1)	4
	smoked salmon	8
	maple sausage (2)	5
	back bacon (2)	5
	bacon (3)	5
	maple syrup	4
	fruit cup	5
	house baked beans	4



18