

MENU

Smoothies 550 ml

- Pre Workout King | **\$250** MXN
- Post Workout Second Choice | **\$280** MXN
- Post Workout 1 | **\$250** MXN
- Detox | **\$280** MXN
- Drag Queens | **\$270** MXN
- Fresh Mermaid | **\$270** MXN
- Fairy Land | **\$250** MXN
- Boss | **\$260** MXN

Shots 60 ml

- Anti-Flu Shot | **\$85** MXN
- Detox Shot | **\$85** MXN
- Youth Shot | **\$85** MXN
- Vitalis Shot | **\$85** MXN
- Red Soul Shot | **\$85** MXN

Bowls 350 gr (Includes 3 toppings)

- Caribbean Beach | **\$295** MXN
- Soma Roma | **\$295** MXN
- Aerom Root | **\$295** MXN
- Pro Açai Bowl | **\$295** MXN
- Matcha Bowl | **\$295** MXN

Functional Snacks

- Overnight Oats | **\$185** MXN
- Sweet Quinoa | **\$185** MXN
- Sweet Bread | **\$185** MXN
- Avocado Toast | **\$185** MXN
- Matcha Yogurt | **\$195** MXN

Coffee & Beverages

- Flat White (6 oz) | **\$65** MXN
- Americano (8 oz) | **\$65** MXN
- Cappuccino (8 oz / 16 oz) | **\$65** MXN | **\$110** MXN
- Latte (8 oz / 16 oz) | **\$65** MXN | **\$110** MXN
- Mocha (8 oz / 16 oz) | **\$65** MXN | **\$110** MXN
- Chai (8 oz) | **\$95** MXN
- Chai Latte (8 oz / 16 oz) | **\$95** MXN | **\$185** MXN
- Matcha Latte (8 oz / 16 oz) | **\$95** MXN | **\$185** MXN



Protein Add-Ons

Iso-100 Dymatize (*Gourmet Vanilla Whey*)
Gold Standard Double Rich Chocolate Whey
MuscleTech Nitro Whey Gold
Habits Vegan Vanilla Protein
Birdman Falcon Performance
BCAA 5000 Optimum Nutrition
Great Lakes Collagen (*Unflavored*)
Vital Proteins Collagen Peptides
B-Life Omega 3 Platinum
Blue Spirulina Antiox
High-Purity Creatine Monohydrate
All: | **\$60** MXN
Electrolytes (Lime-Lemon) | **\$95** MXN

Toppings

Sliced Almonds | **\$20** MXN
Puffed Amaranth | **\$10** MXN
Blueberries | **\$20** MXN
Shredded Coconut | **\$10** MXN
Almond Butter | **\$20** MXN
Peanut Butter | **\$20** MXN
Fresh Strawberries | **\$20** MXN
Premium Granola | **\$20** MXN
Sliced Kiwi | **\$20** MXN
Blueberry Jam | **\$30** MXN
Cacao Nibs | **\$30** MXN
Banana | **\$10** MXN
Chia Seeds | **\$10** MXN
Hemp Seeds | **\$20** MXN

Boosted Coffee (20 oz / 591 ml)

Matcha Latte + Protein | **\$245** MXN
Cappuccino Frappe + Protein | **\$245** MXN
Cold Brew "Taste of Youth" | **\$245** MXN
Vanilla Latte + Protein | **\$245** MXN

Prices include taxes. Please inform our staff of any food allergies.