

Lillee Mom&Baby Retreat



	DAY 1	DAY 2	DAY 3	DAY 4
09:00 – 09:30		Mama Calm Morning Ritual <i>Yoga Room</i>	Mama Calm Morning Ritual <i>Yoga Room</i>	Lillee Baby Yoga Group 1 <i>Yoga Room</i>
09:30 – 10:00		Lillee Baby Floating Session <i>Group 1 – Indoor Pool</i>	Lillee Baby Massage Arms & Hands <i>Group 1 - Yoga Room</i>	Lillee Baby Yoga Group 2 <i>Yoga Room</i>
10:00 – 10:30		Lillee Baby Floating Session <i>Group 2 – Indoor Pool</i>	Lillee Baby Massage Arms & Hands <i>Group 2 - Yoga Room</i>	From 10:30 Greeting & Check-Out <i>Lobby</i>
12:00 – 12:30		Lillee Baby Massage Chest & Tummy <i>Group 1 – Yoga Room</i>	Lillee Baby Massage Head & Face and Teething-Workshop <i>Yoga Room</i>	
12:30 – 13:00		Lillee Baby Massage Chest & Tummy <i>Group 2 – Yoga Room</i>		
12:30 – 14:15		Lunch <i>Restaurant 12HOEFE</i>	Lunch <i>Restaurant 12HOEFE</i>	
13:30 – 18:30			Private Signature Mom Treatments <i>Acquapura Adults Only Spa</i>	
15:00	Arrival & Greeting <i>Lobby</i>	Private Signature Mom Treatments <i>Acquapura Adults Only Spa</i>		
17:00 – 17:30	Lillee Baby Massage Legs & Feet <i>Group 1 – Yoga Room</i>			Lillee Baby Massage Back & Bum <i>Group 1 - Yoga Room</i>
17:30 – 18:00	Lillee Baby Massage Legs & Feet <i>Group 2 – Yoga Room</i>		Lillee Baby Massage Back & Bum <i>Group 2 - Yoga Room</i>	
From 18:30	Dinner <i>Restaurant 12HOEFE</i>	Dinner <i>Restaurant 12HOEFE</i>	Dinner <i>Restaurant 12HOEFE</i>	