



FALKENSTEINER

FAMILY HOTEL DIADORA

Premium Collection



ACQUAPURA SPA

The holistic and balancing effect of water on the body and mind

“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.



ENERGY

renewed vitality &
strength



HARMONY

balance &
stability



CLARITY

serenity of the mind &
clarity in the body



RELEASE

relax &
unwind

MASSAGES



TAILORMADE

Tailored to your wellbeing |
Also suitable for athletes
Full-body massage
Partial-body massage

 HARMONY  RELEASE  ENERGY

COMBI MASSAGE

2 partial body parts of your
choice | Foot reflexology |
Stomach massage |
Back massage

 HARMONY  RELEASE  ENERGY

AROMA SENSES

Aromatic oil of your choice |
Tailored to your well-being |
Pleasantly nourishing

 HARMONY  RELEASE  ENERGY

FACE

HYDRA ORIGINAL BY PHYTOMER

Plumping moisturising treatment |
Organic algae | Filling & nourishing
for more radiance

 RELEASE  CLARITY  HARMONY

CITY LIFE MARINE DETOX BY PHYTOMER

Combats urban pollution |
Clarifies, detoxifies and
oxygenates the skin

 RELEASE  CLARITY  HARMONY

INTENSIVE EYE CARE BY PHYTOMER

Firming care for radiant eyes
& expressions | Smooths out
laughter lines and wrinkles

 RELEASE  CLARITY  ENERGY

RADIANCE DEEP CLEANSING BY PHYTOMER

Express facial | Self-warming/
cooling mask | Marine sponge
& multilayered alumina |
Eliminates toxic substances

 CLARITY  ENERGY



BODY

MARINE SCULPT ZONE

BY PHYTOMER

Slimming ritual for stomach, legs
and buttocks and stubborn cellulite |
Gentle marine exfoliation |
Warming, contouring wrap

 
RELEASE CLARITY

OLIGOMER SPA "FEEL THE SEA"

BY PHYTOMER

Relaxing full-body exfoliation |
Sea salt crystals | Massage for skin
remineralisation & hydration

  
RELEASE HARMONY CLARITY

SEA TREASURES

BY PHYTOMER

Remineralizing relaxing
treatment | Sea fragrances & sea
salts | Lymphatic stimulation |
Body hydration

 
RELEASE HARMONY

POWERSEA BACK DETOX

BY PHYTOMER

Warm sea mud | Neck |
Shoulders | Spine | Relaxing
back & foot massage

 
RELEASE HARMONY

FALKONS & TEENS

FALKONS SIGNATURE TREATMENTS

COCONUT WAVER

Catch the calm wave | Relaxing wave-like massage | Shoulder & back | Tropical coconut oil | Silky-smooth skin | Soothed senses | Chilled coconut wave mocktail

HARMONY CLARITY

SAIL AWAY BY PHYTOMER

Body scrub | Immortelle and sea salt | Light body massage | Deep relaxation

HARMONY RELEASE CLARITY

MARITEEN BY PHYTOMER

Teen facial | Acnipur | Preventive skin care for young skin | Especially suitable for impure skin and acne

HARMONY CLARITY

TEENAGE GLOW BY PHYTOMER

Gentle teen facial | Moisturizing | Vitality | For youngsters with dehydrated skin

HARMONY CLARITY

SUN DOWNER BY PHYTOMER

Cooling marine mask | Gentle facial massage | Reduces sun irritation | Enhances skin glow

RELEASE CLARITY





PHYTOMER

Beauty by the Sea

PHYTOMER is the story of three generations of one passionate family motivated by the same dream: to transform the sea into restorative skincare.

The family-run business was founded over 50 years ago and remains profoundly attached to the Brittany region and its exceptional biodiversity.

We use local, wild, natural and organic ingredients sourced from short supply chains.

Our marine algae are cultivated in our own laboratories or out in the open sea to ensure their absolute purity and to sustainably preserve natural marine resources.

Enjoy a restorative moment, just for you, to reveal your natural beauty.

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the Spa desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



It is best to store jewellery and valuables in your room safe.



Give the gift of time to your loved ones with vouchers for our SPA.