



SPA MARQUIS

---

*Source of Vitality*



## AN OASIS OF RELAXATION AND VITALITY IN THE CITY

Consistently acclaimed as one of the best spas in Mexico City, its more than 16,000 sqft offer all the amenities needed to inspire your senses and restore the balance of your body, mind, and spirit.

Reconnect with your most inspired and energized self in this extraordinary spa, either alone, with your couple, or on a special getaway with your friends. At the spa, every detail and every experience is at the service of well-being and relaxation.



# *Index*

<b>HOW TO ENJOY THE SPA?</b>	4
<b>DELUXE FACIALS</b>	5
Diamond Life Infusion	
Diamond Energy	
The Inhibit Alternative	
<b>SPECIFIC FACIALS</b>	7
Citrus Vita Essence	
The Cure	
S.O.S Sensitivity	
Oxygenating	
Facial Express	
<b>MASSAGES</b>	8
Express Massage	
Marquis Customized Massage	
Geothermal	
Anti-stress	
Deep Tissue	
Prenatal	
<b>BODY TREATMENTS</b>	10
Citrus Scrub	
Citrus Bath	
Deluxe Marquis Cocoa	
Egyptian Bath	
<b>RITUALS</b>	11
Deluxe Marquis Ritual	
Integral Marquis	
Citrus Experience	
Panchakarma	
<b>COUPLE EXPERIENCIES</b>	12
60 minutes	
90 minutes	
120 minutes	
<b>ALL OUR SERVICES INCLUDE</b>	13

## How to enjoy the spa?

The Spa is located on the second floor of the Hotel.

Exclusive for guests over 18 years old

When booking you must leave a credit card as a guarantee, you can cancel up to 24 hours before your appointment to avoid a 50% charge. Any no show up will be charged with the full fee.

You must arrive 30 minutes in advance to fill out our special requests form.

You should not take any treatment with a full stomach.

We will not provide treatments to any guest under the influence of alcohol or drugs.

The cost for the use of wet areas for guests is \$640 mxn

The cost for the use of wet areas for local customers is \$1,100 mxn (prior reservation)





Natura Bissé  
Barcelona

## DIAMOND LIFE INFUSION

★ SIGNATURE TREATMENT

**ILLUMINATE · REAFFIRM · REVITALIZES**

90 min - **\$4,200**

Exclusive ritual that provides an "elixir of youth for the skin", fighting the signs of aging through the regulation of skin Biomarkers combined with specific massage techniques. Cumulative results after each session.

## DIAMOND ENERGY

**REDEFINE · ENERGIZES · REJUVENATE**

90 min - **\$3,400**

Fullfill your skin with energy. Specially created to treat devitalized skin. It contributes to redefining the facial oval and recovers elasticity in a spectacular way, to show off skin with a smooth texture and uniform, juicy and radiant tone.

## THE INHIBIT ALTERNATIVE

**FILL IN · TENSE · REFORM**

75 min - **\$3,900**

Advanced lifting ritual, smoothing wrinkles and expression lines. Alternative complement to medical-aesthetic processes, it provides volume and elasticity, enhances and extends the effects of microinjections giving deep hydration.

DELUXE FACIALS

Prices in MXN, taxes included.

By making any reservation you accept the rules and policies of Spa Marquis.





Natura Bissé  
Barcelona

## CITRUS VITA ESSENCE

**REAFFIRMS · STIMULATES · UNIFIES**

60 min - **\$3,100**

Antioxidant treatment that restores vitality to skin damaged by the sun and helps minimize the signs of premature aging. Rich in vitamin C that stimulates collagen production and restores facial firmness, while improving luminosity by unifying skin tone and hydration.

## THE CURE

**DETOX · PURIFIES · CLARIFIES**

90 min - **\$3,100**

Meticulous cleansing ritual based on thermoactive enzymatic detoxification: enzymatic heat to clean the pores, and botanical freshness to oxygenate them. In addition to extractions performed with an imperceptible descaling technique, it includes a multi-active mask whose foamy texture expands on the skin meticulously releasing all its moisturizing, soothing and revitalizing activity.

## S.O.S. SENSITIVITY

**CALM · SOFTENS · REVITALIZE**

60 min - **\$2,500**

Increases the tolerance threshold of the skin and fights the micro inflammation that causes premature aging with this treatment that also helps to reduce flaccidity. Specifically designed to recover and strengthen, it is the definitive answer for hypersensitive, reactive or rosacea complexions.

## OXYGENATING

**OXYGENATES · CALM · BALANCES**

60 min - **\$2,700**

Invigorating treatment that provides energy to the skin cells to activate their functioning and reveal a perfectly hydrated skin with a matte effect. The revitalizing power of pure oxygen decongests and brightens dull and stressed skin that regains a healthy natural glow.

## FACIAL EXPRESS

**CLEAN · MOISTURIZE · SMOOTH**

25 min - **\$1,400**

Recover and maintain skin health in record time with this intensely moisturizing and rejuvenating treatment thanks to Co2. Perfect for those who have a short stay.



## EXPRESS MASSAGE

25 min - **\$1,200**

Massage focused on specific areas of the body.  
(head, neck and shoulders, back, legs or feet)

## CUSTOMIZED MARQUIS

★ SIGNATURE TREATMENT

60 min - **\$2,900** | 90 min - **\$3,900**

Exclusive ritual with massage technique, pressure and rhythm personalized to the particular needs of each area of the body.

## GEO THERMAL

90 min - **\$3,700**

Balance the mind-body connection by contrasting the temperature with hot and cold obsidian stones. Relaxes muscles, tendons, ligaments, organs and the body's energy system.

## ANTI-STRESS

60 min - **\$2,700** | 90 min - **\$3,700**

Relaxes muscles and stimulates the lymphatic and circulatory system. Ideal for people with digestive problems, headaches, anxiety, insomnia and irritability. The time can be recommended based on age and complexion. Promotes the natural harmony of the body.

## DEEP TISSUE

60 min - **\$2,800** | 90 min - **\$3,800**

Releases toxins and chronic muscle tension through deep pressure with circular movements and acupressure. The time can be recommended based on age and complexion.

## PRENATAL

60 min - **\$2,600**

Designed for moms-to-be. Relieves fatigue and decreases the accumulation of liquids, providing a feeling of lightness.







## CITRUS SCRUB

25 min - **\$1,400**

Protective antioxidant treatment that exfoliates the skin surface thanks to its effective botanical agents and the benefits of vitamin C providing a luminous and satin appearance to the skin.

## CITRUS BATH

90 min - **\$4,100**

Designed for skin damaged by the sun and free radicals. Thanks to the benefits of vitamin C and citrus essential oils, greater elasticity, firmness and intensive hydration are promoted, as well as protection against premature aging.

Includes 25 min massage.

## DELUXE MARQUIS COCOA

90 min - **\$3,200**

Awakens the senses and provides pleasant sensations through an exfoliation and body wrap with the benefits of cocoa, activating the production of endorphins better known as the molecules of happiness.

Includes 25 min massage.

## EGYPTIAN BATH

120 min - **\$5,500**

An Ancient Egyptian emperor's style bath, rich in milk protein and aromatic salts, the exfoliation will leave a silky texture on the skin ending with a totally relaxing and highly moisturizing massage.

*\*Not recommended for people with blood pressure problems.*

Prices in MXN, taxes included.

By making any reservation you accept the rules and policies of Spa Marquis.





## DELUXE MARQUIS RITUAL

★ SIGNATURE TREATMENT

3 hrs. 30 min. - **\$8,600** *Spa Menu (Food & Beverage Option)*

Body Exfoliation  
Bathtub Bath  
90 min Massage  
90 min Facial

## MARQUIS INTEGRAL

120 min. - **\$4,900** *Spa Menu (Food & Beverage Option)*

Facial & Massage Relax

## CITRUS EXPERIENCE

2hrs. 30 min. - **\$5,900** *Spa Menu (Food & Beverage Option)*

Body Exfoliation  
Body Wrap  
40 min Massage  
60 min Facial

## PANCHAKARMA

90 min - **\$3,100** *(food option not included)*

From ancient traditional Ayurvedic medicine in India, this detoxifying ritual is designed to balance the nervous system, calming tensions and providing a state of deep relaxation through a massage with essential herbal pindas and organic oil. It begins with a feet wash, symbolically alluding to a new beginning.

RITUALS

Prices in MXN, taxes included.  
By making any reservation you accept the rules and policies of Spa Marquis.







## 60 MINUTES

**\$4,800** *Spa Menu (Food & Beverage Option)*

Anti-Stress Massage

## 90 MINUTES

**\$8,000**

Anti-Stress Massage

Bottle of sparkling wine  
and Strawberries with Chocolate

## 120 MINUTES

**\$10,500**

Facial

Anti-Stress Massage

Bottle of sparkling wine  
and Strawberries with Chocolate

*\*The treatments are carried out in a shared cabin. Costs per couple.*

COUPLE EXPERIENCES

Prices in MXN, taxes included.  
By making any reservation you accept the rules and policies of Spa Marquis.



### ALL OUR SERVICES INCLUDE:

Use of facilities 2 hours before or after the service.  
Jacuzzis, Sauna and Steam (separate areas)  
Swimming Pool and Fitness Center (mixed areas)  
2 complimentary hours parking per service.

SCHEDULE: Monday thru Saturday from 9 am to 10 pm  
Sunday from 9 am to 8 pm  
Services must be booked at least 24 hours in advance  
calling to (55) 5229-1200 Ext. 4140  
Whatsapp: (55) 4169-1003

[spa@marquisreforma.com](mailto:spa@marquisreforma.com)

[WWW.MARQUISREFORMA.COM](http://WWW.MARQUISREFORMA.COM)

Av. Paseo de la Reforma 465, Col. Cuauhtémoc, CDMX.

 [hotelmarquisreforma](https://www.facebook.com/hotelmarquisreforma)  [marquisreforma](https://www.instagram.com/marquisreforma)

