
THE IMMUNITY ENERGIZATION

Our Immunity & Vitality program combines Ayurvedic rejuvenation therapies, dynamic yoga, energizing pranayama, and a personalized wellness diet plan. Designed to suit every individual's needs, it boosts immunity and vitality by balancing nutrition, strengthening energy channels, and stimulating the flow of pranic energy.

Guided and led by our in house Ayurvedic doctor, this Weight Loss program will be tailored to each individual. Individualized diet plan, exercise and yoga session, and ayurvedic treatments

6 nights/7 days

DAILY PROGRAMME

DAY 1

- 1 Aurvedic spa (AromaTheraphy - 60 minutes)

DAY 2

- 1 Aurvedic spa (AromaTheraphy - 60 minutes)

Day 3

- panchakosha Mssage

Day 4

- Revive Massage

Day 5

- 1 Aurvedic spa (AromaTheraphy - 60 minutes)

Day 6

1 Aurvedic spa (AromaTheraphy - 60 minutes)

Day 7

blissing ceremony



Junior Suite

Single	Double	Triple
\$3,900	\$5,400	\$7,550

(*Inclusive of applicable taxes)