

Falkensteiner Hotel & SPA Iadera *****

SIP & SPA Program

Friday:

- **17:00 – 18:00** - Kick off the weekend with a cocktail workshop in Sotto Voce, followed by an enchanting evening in the Acquapura SPA.
- **18:00 – 22:00** - LATE-NIGHT SPA access, with the Aufguss ritual performed every full hour.

Saturday:

- **8:00 – 9:00** - Start the day with a balanced yoga session to center your body and mind.
- **11:00 – 12:00** - Enjoy a detoxifying facial session in the spa.
- **14:00 – 15:00** - Unleash your creativity with a choice of Wine and Paint or Clay and Paint workshops.
- **16:00 – 17:00** - Attend a hand or body care workshop.
- **17:00 – 18:00** - Couples can bond through a massage workshop designed just for two.
- **18:00 – 22:00** - Relax with another evening of LATE-NIGHT SPA access and hourly Aufguss rituals.
- **19:00** - End the night with live music in Sotto Voce, creating the perfect backdrop for an intimate evening.

Sunday:

- **11:00 – 12:00** - Learn to make refreshing smoothies in a wellness-focused workshop at the SPA Bistro.
- **14:00 – 18:00** - Continue your relaxation with Aufguss rituals every full hour.