

Himalayan Wellness Expert Devendra Pokhriyal
JOINS XANADU SPA AT IFURU ISLAND MALDIVES AS VISITING PRACTITIONER



Xanadu Spa at Ifuru Island Maldives is delighted to announce that Devendra Pokhriyal, a highly regarded wellness expert from the Himalayan foothills of India, will be in-house as a Visiting Practitioner from 23 October 2025, until 07 January 2026. Guests will have the exclusive opportunity to experience his renowned therapies during this four-month residency.

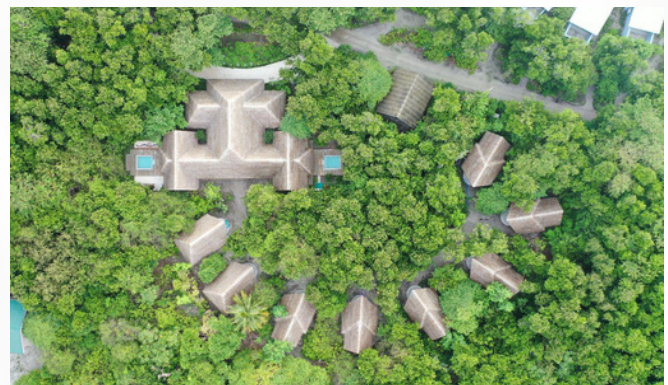
Born and raised in the birthplace of yoga and Ayurveda, Devendra brings deep expertise in a wide range of therapies – from Ayurvedic consultations and detox programs to myofascial release, dry needling, marma therapy, and energy healing. His treatments are celebrated for relieving pain, enhancing mobility, and restoring balance to body, mind, and spirit.

"We are excited to welcome Devendra as a Visiting Practitioner at Xanadu Spa," said Marcel Sawyer, General Manager of Ifuru Island Maldives. "His authentic Himalayan knowledge and holistic approach will enrich our guests' wellness journeys and bring an extraordinary dimension to their time on the island."

“During his in-house residency, Devendra will offer a curated menu of treatments, including:

- Ayurvedic Consultations – personalized wellness guidance rooted in Ayurvedic principles.
- Marma Healing Therapy – restoring energy flow and vitality through ancient Ayurvedic techniques.
- Remedial Massage – a bespoke full-body treatment blending deep tissue massage, Thai stretching, and wooden tapping along meridian lines.
- Detox & Healing Therapies – from slimming detox massages to myofascial release and nasya sinus cleansing.

With his compassionate, intuitive approach, Devendra has helped guests around the world achieve profound relaxation, healing, and transformation. His limited-time presence at Xanadu Spa offers Ifuru Island’s guests a rare opportunity to experience authentic Himalayan-inspired wellness in the heart of the Maldives.



Notes to Editors

*Terms and conditions apply. 24-hour ‘Exclusively Yours’ all-inclusive meal plan includes, complimentary meet & greet, with welcome drinks and amenities, at the island’s airport, dine-around experience at each of the resort’s restaurants and bars, premium brand spirits, sparkling and premium wines, tailor-made cocktails, and soft drinks, as well as an in-villa mini-bar replenished once a day.

High-res images available here: [DropBox](#)

About Ifuru Island Maldives

Set in a secluded part of the beautiful Raa Atoll, Ifuru Island Maldives is an independently owned private island retreat. Focusing on fostering a playful, social atmosphere, the resort proudly stands on four pillars: Social, Fun, Lifestyle, and Great Value.

Intentionally designed to make every moment unforgettable, each of the resort's **147 beach suites and villas** are **sunset-facing** and offer exceptional views of the pristine beach and turquoise Indian Ocean beyond.

Offering a premium **24-hour premium all-inclusive** programme '**Exclusively Yours**', guests can savour a range of exceptional dishes and culinary creations at six restaurants – two of which are à la carte – and four bars, as well as enjoy in-room minibars which are replenished daily.

Ensuring guests can truly immerse themselves in the destination and create unforgettable memories, Ifuru Island offers a range of activities and excursions, including **diving, snorkelling, cultural immersions, sunset charters, island-hopping and star gazing**.

Guests can also access a range of complimentary facilities, including snorkelling equipment, non-motorised water sport equipment, Coconut Kids Club, 24-hour gym, Tennis and Futsal Court (reservation required), recreational centre and high-speed wi-fi.

With a pristine sandy beach, infinity pool and the Xanadu Spa, which offers a range of treatments and wellbeing programmes, as well as plunge pools, saunas and steam rooms, there are plenty of opportunities to find rest and relaxation at Ifuru Island.

For further press information, please contact: Sindhaan Mohamed (Sinnu), Assistant Director of Marketing and Communications at sinnu@ifuruisland.com.



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