

Our Rituals: Care becomes quiet ceremony

02
RITUALS

Two gentle curative choreographies of warmth, skilled hands
and stillness-restoring not just the body, but the self.

RITUAL 01

Nourishing Ritual

100 min

435€

What A full-body journey of deep relaxation, renewal, and radiant nourishment—designed to cocoon you in care and celebrate your inner and outer beauty. A body exfoliation, a facial treatment and a relaxing massage.

How The ritual begins with an application of warm, soft blankets and a sense of stillness. A revitalizing marine exfoliation prepares the skin, followed by the gentle heat of herbal pouches to release tension and soothe the senses. A flowing full-body massage with aromatic oil restores ease, and the experience concludes with a luminous facial to nourish and brighten the skin. A multisensory voyage of textures, scents, and quiet attention—returning your body and mind to harmony.

RITUAL 02

Restorative Ritual

100 min

420€

What A targeted ritual designed to release your muscular tension calm the nervous system, and bring full-body and mind renewal.

How We begin with a deeply therapeutic massage focused on tension relief and muscular recovery following by a refreshing balm applied to the back. Muscles are lengthened, softened, and soothed with expert hands. The ritual continues with a lifting effect facial massage and a cervicocranial massage—quieting the mind and awakening a profound sense of rest. Ideal for recovery, release, and reconnection. A cold balm is applied to help relax muscle tension.

Our massages: Where every touch creates a new you

03
MASSAGES

Our collection of signature massages designed to ease tension, restore flow and bring the body back into shape—each one designed for a different kind of awakening.

MASSAGE 01

Thai Touch

75 min

295€

What This fully therapeutic massage that draws on traditional Thai techniques to release accumulated stress through a combination of deep muscular work and assisted stretching.

How Inspired by Thai healing practices, using energizing algae-based oil we blend deep tissue therapy with gentle, rhythmic stretches to unlock fatigue and release tension from muscles and joints. The experience brings a profound sense of lightness, ease of movement, and renewed breath—leaving both body and mind refreshed. Performed with energizing algae-based oil.

MASSAGE 02

Deep Touch

50 - 75 min

245 - 305€

What A targeted inner tissue massage designed to discover and relieve deep-seated tension and ease soreness throughout the body.

How We begin with warm herbal sachets to calm pain and prepare the body for deep therapeutic work. Slow, deliberate movements then dissolve tension layer by layer. A refreshing balm is applied to the back, while the soothing power of an algae-based oil infused with ginger and sweet orange aids muscle recovery and brings the body into a state of calm, weightless ease.

MASSAGE 03

Relaxing Touch

50 - 75 min

225 - 285€

What This full-body massage designed to comfort, soothe, and embrace—releasing tension from both muscles and mind, infusing you with a sense of calm and self-love.

How With slow, sedative massage techniques, we use continuous, rhythmic movements to create a cocoon of stillness and emotional warmth. A moment of pause, care, and tenderness, performed with a calming algae-based oil.

MASSAGE 04

Our Signature Touch

75 min

295€

What A fully personalized wellness experience that blends deep tissue therapy with the healing warmth of hot stones—designed to release stress, ease tension, and restore energy.

How This anti-fatigue treatment, performed with your choice of energizing ginger and orange oil or CBD-infused oil, combines therapeutic massage techniques with the restorative power of heat. With slow, deep movements, we work into the muscles and joints to reduce inflammation and stiffness, while hot stones soothe both body and mind.

MASSAGE 05

Prenatal Touch

75 min

285€

What A nurturing massage created to support and celebrate pregnancy—bringing comfort, calm, and gentle energy to both mother and baby.

How Performed with a calming, pregnancy-safe oil, this massage is tailored to each stage of pregnancy. Our technique eases back, leg, and muscle discomfort while creating a deep sense of serenity. Movements are soft, slow, and reassuring—designed to relax the body, soothe the mind during this precious period in your life.

MASSAGE 06

Foot Massage Touch

50 min

225€

What A holistic treatment finding focused on stimulating the body's internal system and restoring energetic balance through the art of massage.

Why By applying precise pressure to mapped points on the feet and hands, we activate the body's natural healing response. Energy blockages are identified and released—helping to ease discomfort restore flow, and rebalance your internal systems. Common issues such as back pain, headaches and digestive tension often soften as your body reawakens from within.

Keep treating yourself

07 COMPLEMENTS

COMPLEMENTS

Small extras, each one designed to deepen your treatment or bring comfort where it's needed most.

01	Facial mask	07	Anti-tension back balm
02	Eye patches	08	Tired legs balm
03	Lip mask	09	Aloe vera
04	Foot mask	10	CBD oil infusion
05	Hand mask	11	Romantic setting
06	Cryotherapy facial cubes		

WAXING

Picture-perfect skin, done by expert hands.

01	Full legs	06	Upper lip
02	Lower legs	07	Chest
03	Bikini	08	Arms
04	Full pubic	09	Back
05	Eyebrows		

Romantic Spa Suite

Any treatment can be shared as a couple in our Romantic Suite (additional charges may apply). Please ask at reception for details.

Open Spa Boutique

Our boutique offers a selection of facial and body products, perfumes, sun, care and accessories-for personal rituals or thoughtful gifting.

Gift Vouchers

Open Spa vouchers can be tailored to make the perfect gift. Please note that all vouchers carry an expiry date and are non-refundable.

Hotel guest in-Suite Treatments

Enjoy your massage or treatment in the privacy of your room. Available upon request with a 50% supplement. Subject to availability.

Open Experience

Any treatment or massage at the Open Spa includes 90 minutes of rejuvenation in the Aqua Spa circuit; however, this does not apply to treatments offered at Open Beauty by Maisolence.

Waxing Services

Waxing treatments are available upon request. Please inquire at reception.

Arrival Time

Please arrive at least 15 minutes before your scheduled treatment to allow time to change into our bathrobes and relax. Late arrivals may result in a shorter treatment, and no-shows or arrivals more than 15 minutes late will be charged in full.

Cancellation Policy

For hotel guests, cancellations must be made at least 5 hours in advance. Otherwise, the full cost of the treatment will be charged. For external guests, a credit card is required to confirm your booking. Late cancellations or missed appointments will be charged in full.

Access Policy

Open Spa facilities, including Open Aqua and Open Fitness, are reserved for guests aged 18 and over.

Spa Hours

April & October: daily from 8:30 am to 9:30 pm.
May to September: daily from 8:00 am to 10:00 pm.