

## skin care Secret Weapons

Cutting-edge age erasers - no needle or appointment required.



More than just a steam and clean, today's trend in facials is the non-surgical lift, an anti-aging quick fix found at innovative spas throughout the country, such as the Super Sleeping Peel Facial at Bliss Spas (blissworld.com) and the Anti-Aging Facial at Jurlique Day Spas (jurlique.com). A favorite of New York socialites and celebs, Tracie Martyn's Resculpting Facial (traciemartyn.com) drains puffiness and lifts, firms, and defines contours. California girls retreat to the spa at Rancho Valencia Resort for the Catio Lift Facial (ranchovalencia.com), which uses muscular stimulation to produce a gossip-inspiring, immediate lifting effect that lasts for several days. Or they indulge in the aptly-named Fountain of Youth Facial at Kelly's Spa (kellysspa.com), which uses lymphatic drainage and facial massage to reduce swelling while lifting and toning for a virtual instant face lift.

- 1. Save morning primp time with Per-fekt Beauty Skin Perfection Gel, \$57.50, a multi-tasking alternative to applying skincare, foundation, and primer. The anti-oxidant and vitamin-packed formula is an oil-free gel that minimizes the look of fine lines while somehow locking in moisture and absorbing excess oil; perfektbeauty.com.
- 2. Elemis Pro-Collagen Wrinkle Smooth, \$158, uses Adaptogenic technology to relax facial features, plump wrinkles, and soften expression lines with one sweep of the ingenious brush-topped pen; timetospa.com.
- 3. Using DMAE (the new generation powerhouse anti-oxidant), Dr. Lewinn's Private Formula Cosmetic Lift, \$79.95, heals acne scars and sun damage while firming, toning, and rejuvenating skin; drlewinns.com.
- 4. A moisturizer and serum in one, Amore Pacific Stabilizing Serum Skin Normalizer, \$85, normalizes and calms skin while protecting it against environmental attackers and softening fine lines; neimanmarcus.com.
- 5. A potent faux-tox liquid Comfort Zone Glorious Skin Instant Tensor, \$135, inhibits facial muscle contractions rather than restricting them for a more natural, relaxed look than injectibles; comfortzone.it.
- 6. Using aromatic botanicals and extracts, the ultra-effective **Darphin Stimulskin Plus Rejuvenating Lifting Serum**, \$295, visibly firms, lifts, blurs fine lines, and even boosts natural collagen production; darphin.com.
- 7. When used for 21 consecutive nights, Estee Lauder Advanced Night Repair Concentrate Recovery Boosting Treatment, \$85, erases dry, flaky skin and irritation caused by sunburn or dermatological procedures and binds moisture for a smooth, clean slate; Estee Lauder counters.
- 8. Effective, easy to use, and affordable is a rare triple-threat in skincare, but the Exuviance by NeoStrata Skin Healthy Home Resurfacing Peel System, \$65 for eight peels, improves clarity, firmness, and the appearance of lines and wrinkles by exfoliating dead surface layers to stimulate cell renewal; neostrata.com.