

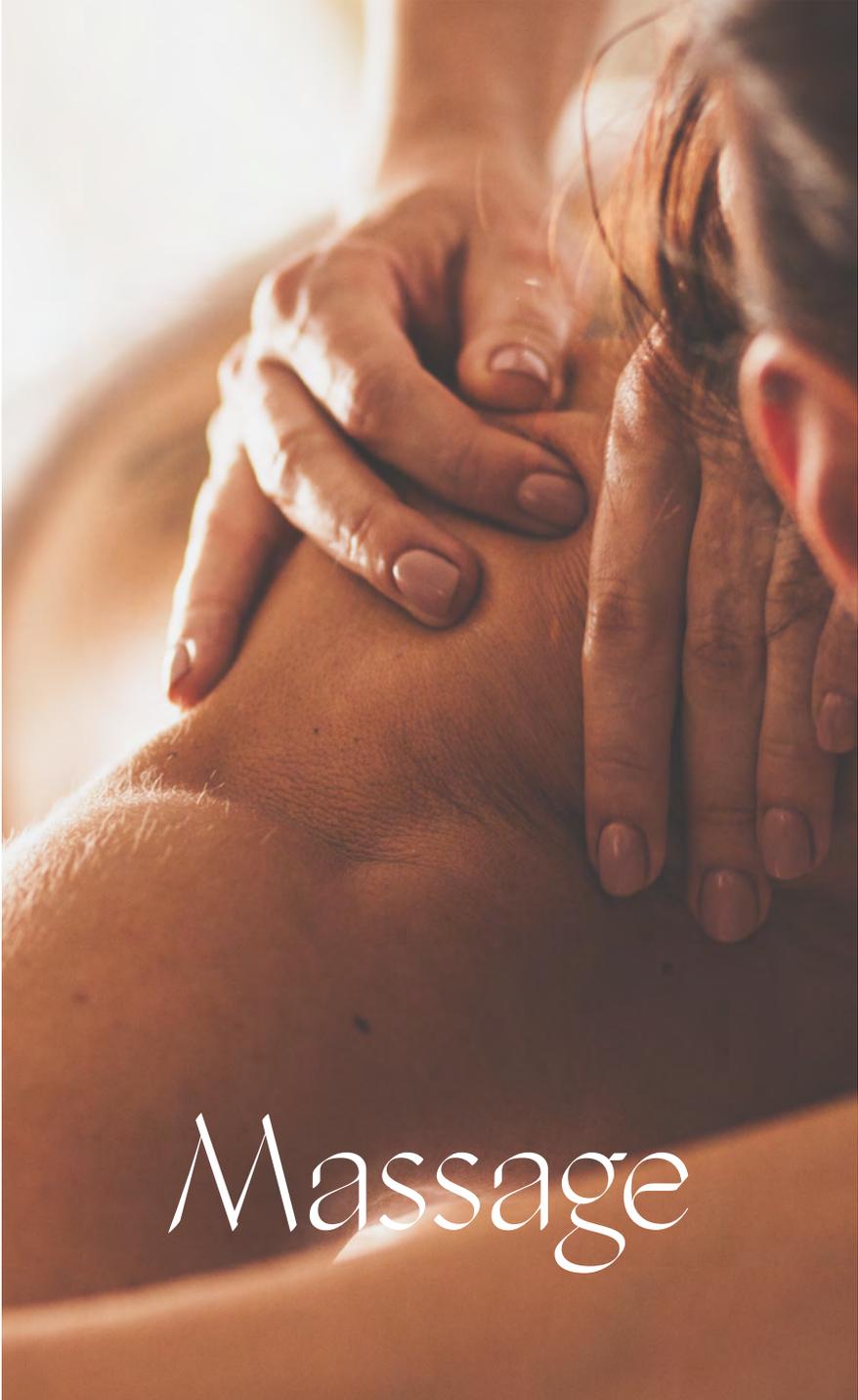
# Amethyst



SPA

— MENU —  
OF SERVICES





# Massage

30 — 90 MINUTES



\$60 — \$220

## YAVAPAI SWEDISH LEGACY

A gentle full-body experience that incorporates light, slow, gliding motions to relax and soothe tired muscles. The Yavapai Swedish Legacy relieves stress, assists in detoxing the lymphatic system, and improves overall circulation.

60 MINUTES                      \$140      90 MINUTES                      \$200

## SAGUARO - AROMATHERAPY

Our Yavapai Swedish Legacy massage with the addition of an essential oil aroma infusion to further stimulate your senses. Choose one of our relaxing, balancing, or invigorating scents.

60 MINUTES                      \$160      90 MINUTES                      \$220

## HIMALAYAN SALT STONE

Our Yavapai Swedish Legacy massage enhanced with the radiant heat of warmed Himalayan salt stones. Special techniques are used to help relax the mind, body and spirit while assisting in the detox of the lymphatic system. Salt ionization helps normalize pH leaving your skin feeling smooth and supple.

60 MINUTES                      \$200

## YAVAPAI DEEP LEGACY

A therapeutic massage using deep, slow, rhythmic, and kneading movements to loosen and relax tight, overworked muscles. Deep tissue massage work improves chronic tension and helps restore natural balance to the body.

60 MINUTES                      \$140      90 MINUTES                      \$200

## AMETHYST YAVAPAI DEEP LEGACY

Our Yavapai Deep Legacy massage is enhanced with amethyst infused oils to calm and relax the nervous system.

60 MINUTES                      \$160      90 MINUTES                      \$220

## LULLABY MASSAGE

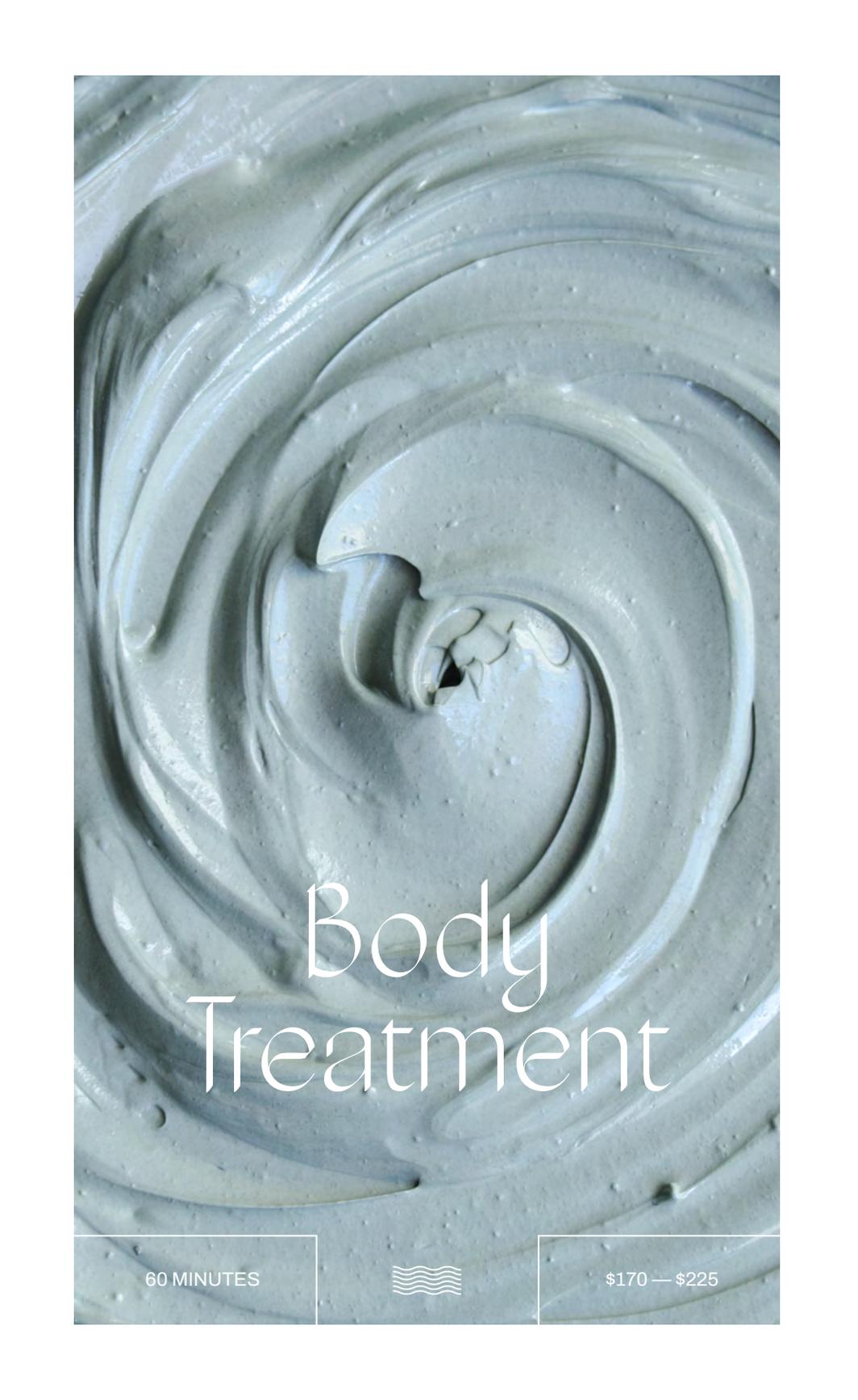
This full body massage for mothers-to-be will leave you (and baby!) feeling harmonized, soothed, and re-balanced. For mothers-to-be who are at least 24 weeks in their pregnancy.

60 MINUTES                      \$140      90 MINUTES                      \$200

## SOOTHE YOUR SOLE

This ultimate foot massage may be added to any massage service. Massage and reflexology help relieve foot fatigue, assist in releasing toxins, and improve sleep function.

30 MINUTES                      \$60      60 MINUTES                      \$140      Add to any massage \$40



# Body Treatment

60 MINUTES



\$170 — \$225

## YAVAPAI AHWAATHA CLAY WRAP

Ahwaatha means red in the Yavapai language. Mud masques have effective antioxidant and anti-aging properties leaving the skin soft and re-mineralized with a noticeable glow. Vitamin E, grapeseed, bladderwrack, Irish moss, and sage essential oils are infused into Sedona red clay which is already rich in amino acids and vitamins A, B, B12, iron and magnesium. This nutrient rich masque is applied onto the body to detoxify, hydrate, and heal. After the clay sets, it is removed, and rich moisturizers are applied to protect and nourish re-mineralized skin.

60 MINUTES                      \$170

## DETOXIFYING BODY TREATMENT

Designed to help move cellular waste out of the lymphatic system, this treatment eliminates toxins, and stimulates the lymphatic system. In addition, it improves skin tone, hydrates, and combats free radicals that age the skin. Your therapist will begin with an antioxidant-rich masque brush-massaged onto the skin to exfoliate and polish. A second, customized masque is applied before you are thermal wrapped to speed the infusion of essential nutrients into the skin. While wrapped, enjoy a calming scalp massage. The final step in this treatment is an application of a mist infusion and moisturizer to rehydrate and protect.

60 MINUTES                      \$175

## FIRMING BODY TREATMENT

Designed to reduce cellulite texture and improve tone, this body treatment begins with a dry brush massage to stimulate the skin. Next, an exfoliating masque is applied to smooth, polish and tone. An oil serum nourishes the skin with vitamins before a professional firming and shaping masque is applied. While thermal wrapped, further relax with a scalp massage. A final mist infusion and rich moisturizer application rehydrates and protects.

60 MINUTES                      \$225

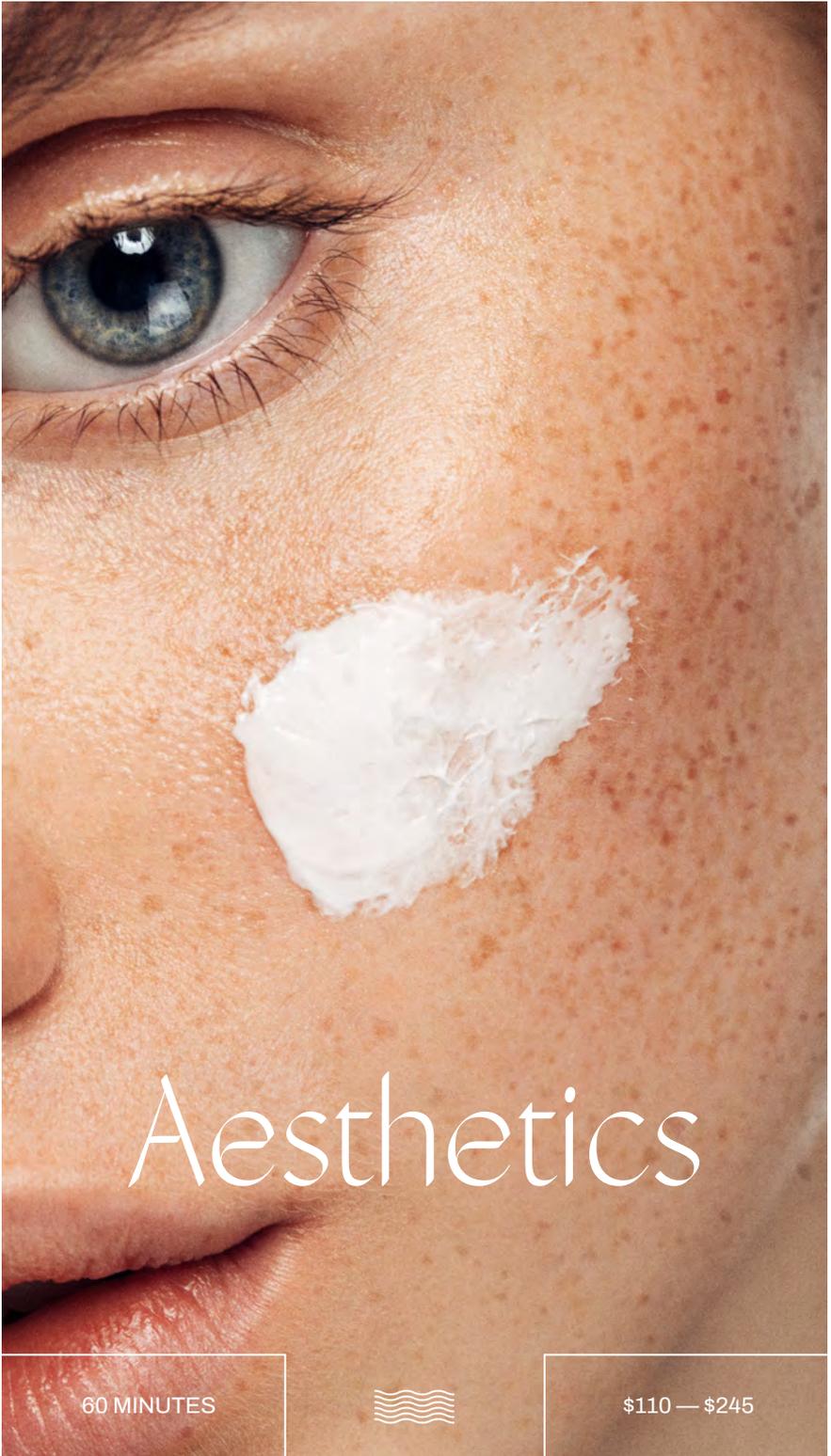
## BACK TREATMENT

Enjoy all the steps and benefits of a facial – on your upper back. This treatment includes a double cleanse, an exfoliating masque to smooth and polish, extractions (as needed), a customized treatment masque and the application of finishing products to rehydrate and protect.

60 MINUTES                      \$170



First Nations have been using clay for thousands of years due to its powerful health benefits. Red clay has been proven to have effective detoxifying properties.



# Aesthetics

60 MINUTES



\$110 — \$245

## AMETHYST CUSTOMIZED FACIAL

This aromatic and amethyst infused facial uses unique natural ingredients that leave your skin looking luminous, toned, and revitalized. Completely customized, this facial combine science and nature to cleanse, exfoliate, hydrate, and protect. Hot towels, ice globes and a variety of targeted massages further elevates this luxurious experience.

60 MINUTES                      \$160

## AMETHYST YAVAPAI FACIAL

Our Amethyst Customized Facial with the addition of an amethyst infused masque and a Gua sha stone facial massage.

60 MINUTES                      \$170

## OXYGEN FACIAL

This breakthrough facial from Circadia® is a three-step facial that exfoliates, rejuvenates, and hydrates by using a controlled amount of oxygen on the skin. You will leave with a complexion that is radiant, toned, and purified.

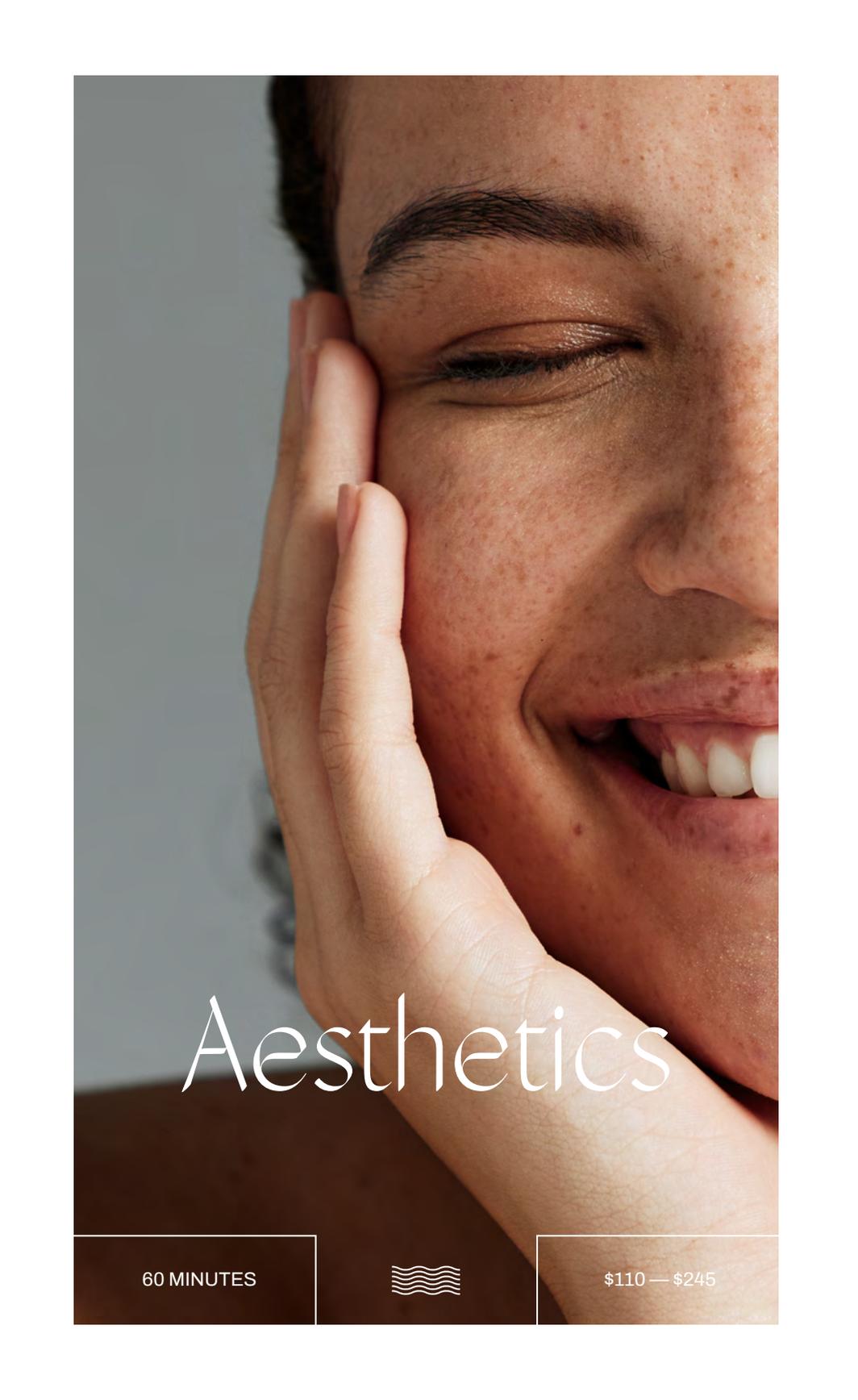
60 MINUTES                      \$180

## SKIN BRIGHTENING FACIAL

This facial is designed to lighten and brighten tired, dull skin. A raspberry enzyme is used to exfoliate and resurface. Next, a brightening mist and antioxidant masque are applied to help combat environmental aging. Finishing moisturizers brighten, hydrate, and protect.

60 MINUTES                      \$160    90 MINUTES                      \$180



A close-up photograph of a woman's face, smiling and resting her hand on her cheek. The image is the background for the entire page.

# Aesthetics

60 MINUTES



\$110 — \$245

## **TIMELESS BEAUTY ANTI-AGING FACIAL**

This facial firms, lifts and tightens dull, sagging skin. This unique firming masque contains peptides and antioxidants that increase micro-circulation which is vital to strengthening and developing the fibroblasts that support collagen and elastin. You will leave feeling significantly brighter and tighter.

60 MINUTES                      \$180

## **TIGHTEN, GLOW AND INSTANTLY FIRM (TGIF) FACIAL**

This facial combines our Oxygen and Timeless facials. As a professional skin care treatment, it is designed to rejuvenate and refresh the skin, leaving it looking brighter, smoother, and more youthful. This relaxing and luxurious treatment significantly improves the overall appearance and health of the skin.

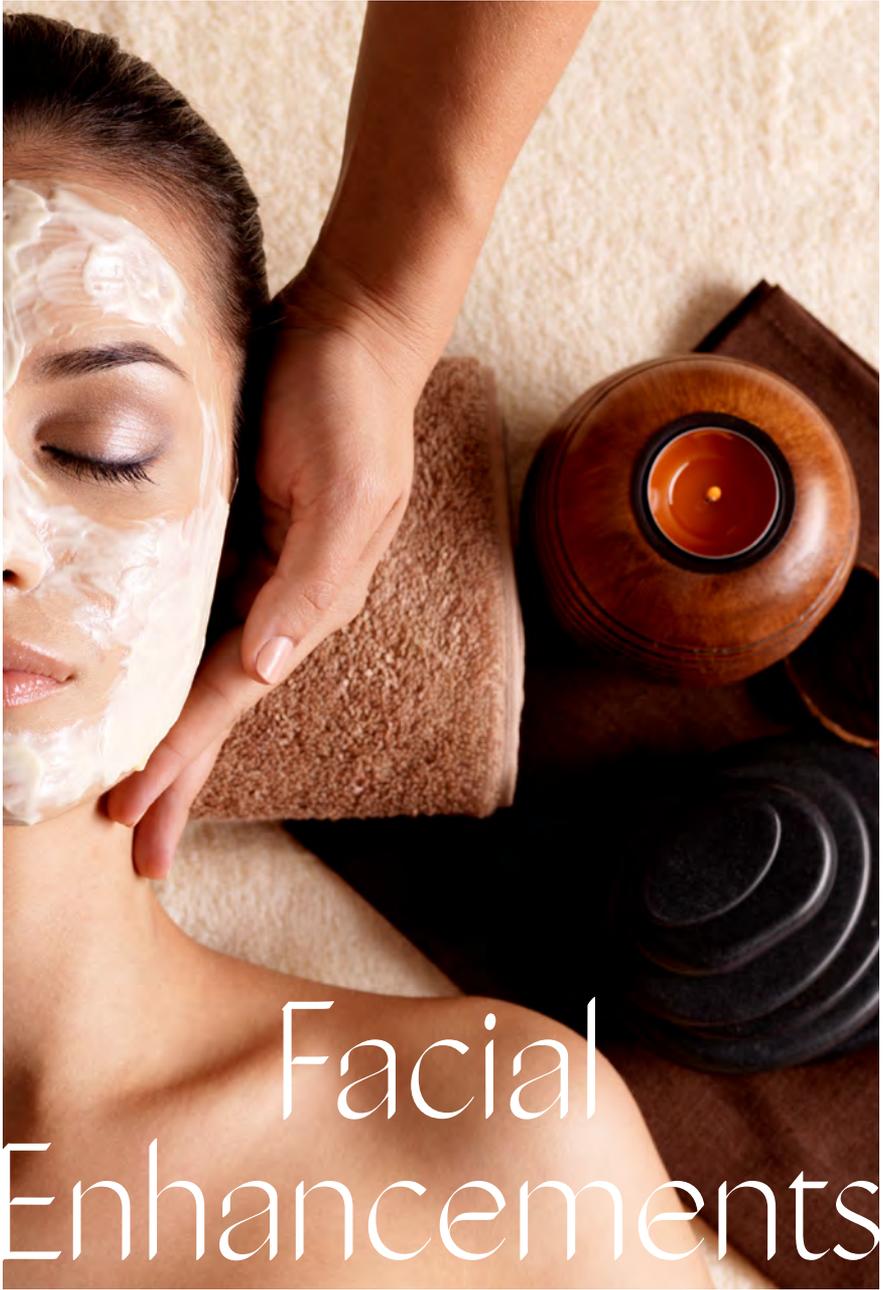
90 MINUTES                      \$245

## **GENTLEMAN'S FACIAL**

Custom designed specifically for men, this relaxing treatment will smooth out roughness and calm irritation, while absorbing toxins and improving fine lines.

60 MINUTES                      \$110





# Facial Enhancements

Elevate your facial by adding any of these enhancements to your treatment.

15 — 30 MINUTES



\$20 — \$99

## LIP TREATMENT

Designed to smooth, plump, and protect, this treatment includes a lip area cleanse, exfoliating lip scrub to plump, and unique emollients to moisturize and rehydrate the lips. A gentle lip massage relaxes the many small muscles surrounding the lips, chin, and jaw.

\$20

## EYE TREATMENT

Designed to rehydrate, de-puff, and lighten the eye area, this treatment cleanses, treats with targeted products, and protects with customized moisturizers. A light pressure massage of the orbital, temporal and forehead areas help relax tension held in this area of the face.

\$20

## LASH LIFT

A lash lift, also known as a lash perm, results in a semi-permanent lift and curl to your eyelashes. This enhancement may be combined with our last and/or brow tint treatments.

\$75

## LASH TINT

A semi-permanent dye, used to match or deepen the color of your natural lash.

\$50

## BROW TINT

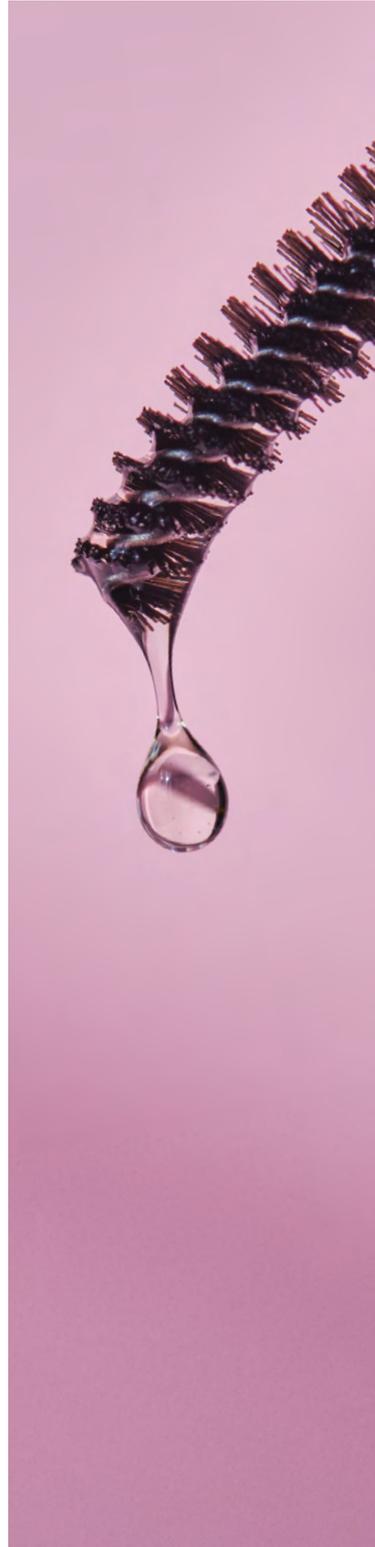
A semi-permanent dye, used to enhance the color of your natural brow.

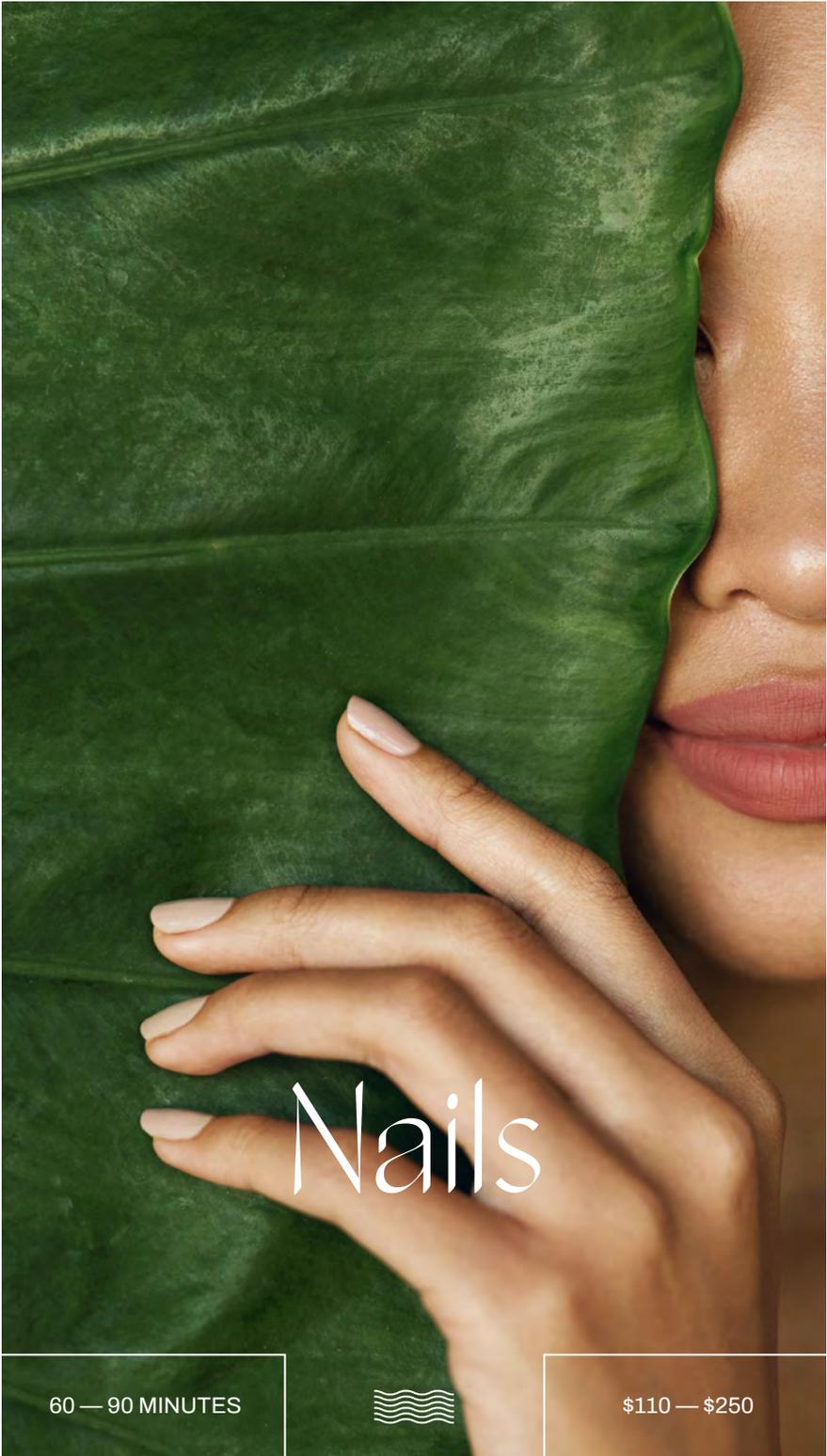
\$50

## DERMAPLANING

Dermaplaning is a minimally invasive procedure that uses a surgical blade to gently exfoliate the top layers of the skin. It helps reduce the appearance of acne scars and pitted skin. A benefit of dermaplaning is the removal of fine facial hair.

\$99





# Nails

60 — 90 MINUTES



\$110 — \$250

## SPA MANICURE

Our signature nail services revitalize from start to finish. This relaxing treatment starts by perfecting the desired shape of your natural nail. Next, your technician will gently address your cuticles before buffing nails to a high shine for a natural look, or before applying your base and color. A final topcoat strengthens and protects. Our classic manicure and hand treatment includes signature sugar scrub, and a relaxing moisturizing massage.

60 MINUTES \_\_\_\_\_ \$60

## SPA PEDICURE

Our classic pedicure and foot treatment includes our signature sugar scrub, masque, and moisturizing massage.

75 MINUTES \_\_\_\_\_ \$90

## HOT STONE PEDICURE

Our classic spa pedicure massage with the added relaxation of an extended massage that soothes with hot basalt stones.

75 MINUTES \_\_\_\_\_ \$120

## GEL, DIP, AND ACRYLIC REMOVAL

A gentle removal of gel and dip products to reveal your natural nail. Add this treatment if you need your nails prepared prior to our classic spa manicure or pedicure.

30 MINUTES \_\_\_\_\_ \$25

## HAIR SERVICES

By request



# Spa Etiquette

## ARRIVAL

We recommend arriving 10 minutes before your scheduled appointment. This allows time to fill out a short intake form for your therapist.

## ATTIRE

We provide spa wraps for your comfort. Swimsuits and undergarments are optional and may be worn during treatment. Our therapists are highly trained in correct draping procedures for your complete privacy.

## GRATUITIES

For your convenience, we add a 20% gratuity to your treatment price. Gratuity may be modified at your discretion.

## CANCELLATION POLICY

We have a 24-hour cancellation policy. To avoid being charged in full for your service(s), please make appointment changes or cancellations 24 hours in advance.

## CONTRAINDICATIONS

Your health and safety are always our first priority. If you have a medical condition, are pregnant or breastfeeding, have specific allergies, take medications, or need special accommodations, please let us know when you book your service so we can go over contraindications.

## CELL PHONE POLICY

Cell phones and other electronic devices are not permitted in order to keep the spa area quiet and to protect your privacy. As our spa guest, you are welcome to the use pool.

## MINORS

Minors (ages 12-17 years old) may receive modified spa services. A parent or guardian must be present to sign a consent form for all services.

## OTHER AMENITIES

When you book a service at Amethyst Spa, you may also use our pool area, fitness room and business center.

# Health and Safety Guidelines

The following is a summary of guidelines in place to ensure the health and well-being of our guests and associates:

- Strict adherence of spa associates to use PPE, including gloves and masks.
- Complimentary PPE and sanitizing gel available for guests upon request.
- Available appointment windows are staggered to aid in social distancing practices.
- Additional time scheduled in between treatments to allow for thorough cleaning and sanitation.
- Featuring immune-boosting treatments such as Lymphatic Drainage massage, Detoxifying Body Renewal
- Implementation of strict hourly cleaning and sanitation protocols of spa



R E S T O R A T I O N

V I A

E Q U I L I B R I U M

*Amethyst*   
SPA

— CALL —  
480.789.5335  
TO SECURE  
YOUR TREATMENT

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20% Gratuity added for  
your convenience