



DAYDREAM  
ISLAND

## Island Activities



Daydream Island Resort is Australia's famous reef and wildlife experience offering a tropical haven for romantics, families, and groups alike.

Whether you're in your element in the water, or perhaps you're happier on dry land – we have a great range of fun, educational, relaxing and unique experiences available on the island.



DAY DREAM  
ISLAND

# Island Activities

Daydream Island Resort is Australia's famous reef and wildlife experience offering a tropical haven for romantics, families, and groups alike.

Whether you're in your element in the water, or perhaps you're happier on dry land – we have a great range of fun, educational, relaxing and unique experiences available on the island.

With an array of activities on offer across the island each day, guests can experience the luxury of diving into a snorkelling adventure or exploring the island and surrounding Whitsundays islands and Great Barrier Reef Marine Park by helicopter, sailboat or jet ski.

Our Living Reef experiences, expansive pool landscapes, coral beaches, gym facilities and unlimited access to non-motorised water activities, ensures there is something to keep everyone entertained.



# Activities

<b>Guided Rainforest Walk</b>	Take a walk through the rainforest with one of our guides who will point out the wildlife, landmarks, and other exciting features of the island. Enjoy the spectacular views from the viewing deck	45 minutes	\$15pp
<b>Rainforest Walk</b>	Take a stroll through Daydream’s rainforest trails at your leisure and see what wildlife you can spot. Be sure to stop by the Rainforest Deck for the ultimate viewing platform.	20 minutes, depends on walking speed	FREE
<b>Guided Meditation</b>	Stop, breathe, relax, and unwind the mind with a soothing guided meditation session on the beach or in our Underwater Observatory.	30 minutes, check daily program guide	FREE
<b>Public Fish Feeding Show</b>	Take a seat and see our Marine Biologists feed our resident rays, reef sharks and other marine creatures in our daily feeding show	30 minutes	FREE
<b>Kayaks</b>	Grab a friend and paddle out to see Daydream from a different perspective. Enjoy the tranquillity as you glide through the crystal water		FREE
<b>Amazing Race Team Challenge</b>	Fancy a challenge? Come and take part in The Amazing Race. Compete against other teams and race against the clock to complete challenges across the island. First place wins a prize!		FREE

# Activities

<b>Catamarans</b>	Really feel the wind in your hair and take out one of our catamarans to explore the pristine waters of the Whitsundays.	-	FREE
<b>Stand Up Paddle Boarding</b>	Try your balance on a paddle board. Our staff will provide a few pointers for beginners and then set you off to paddle the relaxing waters of Daydream.	-	FREE
<b>Gym</b>	Our fully equipped gym will keep you feeling fit and fresh throughout your holiday with a range of equipment available for use at your leisure.	-	FREE
<b>Complimentary Beach Activities</b>	Enjoy all the fun, excitement with at the south end of the Island with kayak, catamarans, SUP, we also have giant Jenga, bocce, and molkky.	-	FREE
<b>Sports</b>	Enjoy a game of tennis, basketball, or soccer at the south end of the Island.	-	FREE
<b>Lovers Cove Kayak Tour</b>	Let our guides take you on a scenic paddle around the island, pointing out special landmarks and notable reef features. Experience wild fish feeding with the locals off Lovers Cove.	1 hour	\$25 pp

# Activities

<b>Moving Meditation</b>	Take time to relax and unwind with a session of moving meditation inspired by Tai Chi with our professional yoga instructor	-	15pp
<b>Asana Yoga</b>	Relax and unwind in the underwater observatory with our professional yoga instructor	-	15pp
<b>Historical Island Walking Tour</b>	Join one of our knowledgeable guides on an informative and historical walk. Learn about the history of the island and the Whitsundays!	-	15pp
<b>Complimentary Beach Activities</b>	Enjoy all the fun, excitement with at the south end of the Island with kayak, catamarans, SUP, we also have giant Jenga, bocce, and molky.	-	FREE
<b>Paint &amp; Sip</b>	Sit back, relax and take in the stunning views of Lover's Cove as inspiration to create your own watercolour masterpiece while sipping on a glass of bubbly!	-	25pp

# Activities

<b>Sparkling Kayak Tour</b>	Paddle over to Lovers Cove to enjoy a glass of sparkling wine. Wild fish feeding also included.	1 hour	\$45 pp
<b>Bingo</b>	“22, two little ducks” Line your numbers up and get on theme with our fun bingo sessions	1 hour	FREE
<b>Trivia Nights</b>	Put your knowledge to the test with one of our trivia nights. Fun for all ages.	1 hour	FREE
<b>Open Air Cinema</b>	Our refurbished 44ft cinema screen and lawn area overlooking Sunset Beach will offer a range of family favourites, recent releases, and classics for a unique under the stars movie experience. Take a seat on the deck chairs, purchase your movie snacks, and sit back to enjoy your island movie night.	Various	FREE
<b>Stingray Splash</b>	Take a splash in our shallow lagoon and feed our smaller rays their lunch. Discover why stingrays are called the puppies of the sea. This experience is both educational and truly unforgettable. Minimum age 6 years. Maxi-mum 6 persons per tour	45 minutes	\$50 pp

# Activities

<p><b>Guided Fish Feeding</b></p>	<p>Take a chance to get close and personal with some of the Living Reef residents, including colourful fish, baby reef sharks and sea stars and experience our Touch Pond. Then take a talk and tour of our new Underwater Observatory. This hands-on experience is a must do at Daydream. Minimum age 4 years and must have accompanying paying adult. 3 years and under FOC with accompanying paying adult. Maximum 12 persons per tour</p>	<p>45 minutes</p>	<p>\$40 pp \$140 family (2 Adults and 2 children up to 12 years)</p>
<p><b>Reef Rangers</b></p>	<p>Join our Marine Biologists as they take you through the restricted areas of the lagoon for a hands-on exclusive look at our Living Reef with time to experience our Touch Pond. You will assist in the public fish feed-ing show, as well as Stingray Splash and guided fish feeding. Minimum age 6 years.</p>	<p>3 hours</p>	<p>\$100 pp</p>
<p><b>Living Reef Guided Snorkel</b></p>	<p>A new experience to Daydream Island. Join one of our Marine Biologists as they take you into our largest and deepest lagoon for an immersive experience with rays, fish and invertebrates. Learn about all things Great Barrier Reef in the clear calm waters of Living Reef with a passionate and knowledgeable guide.</p>	<p>1.5 hours</p>	<p>\$130 pp</p>
<p><b>Snorkel Equipment Hire</b></p>	<p>Take a self-guided swim in the ocean at your own leisure to explore the activity beneath the water's surface.</p>	<p>-</p>	<p>FREE hire all in-house guests \$10 hire fee for all day guests</p>



# Activities

<p><b>Jet Ski Island Adventure</b> Provided by Whitsunday Watersports</p>	<p>Get the adrenalin pumping, and explore the Whitsundays, with our exhilarating Jet Ski Island Adventure. Departing from Daydream Island, your tour guide will quickly have you accelerating across the turquoise water of the Whitsundays. The tour navigates from Daydream Island exploring the beautiful scenery of the Molle Island group with a chance to see some amazing wildlife including sea turtles. You'll be amazed at how fun and responsive your personal Jet Ski can be, and even beginners will quickly feel comfortable in control of our stable Sea Doo skis. Go fast, explore, have fun, and get a great view of the Whitsundays! You control the experience, making this a must for adrenalin junkies and explorers alike.</p>	<p>60 minutes</p>	<p>\$250 1 person \$300 2 persons</p>
<p><b>Whitehaven Beach Escape Heli Tour</b> Provided by Helireef Whitsundays</p>	<p>Spend 75 minutes on one of the most beautiful beaches in the world. Fly by helicopter to Whitehaven Beach and on the way take in the breathtaking aerial view of the surrounding Whitsunday Islands and fringing reefs. Whilst at Whitehaven Beach soak up the sun and relax with chilled sparkling wine and water.</p> <p>Minimum of 2 persons for flight to proceed. Max of 3 persons per aircraft</p>	<p>2 hours</p>	<p>\$485 pp \$245 for 3rd seat</p>
<p><b>Heart Reef And Whitehaven Ultimate Indulgence Heli Tour</b> Provided by Helireef Whitsundays</p>	<p>The amazing contrast of colours is something best experienced from the air. This tour showcases both Whitsunday icons including the world famous Heart Reef before landing and spending an hour on the pure white silica sands of Whitehaven Beach.</p> <p>Minimum of 2 persons for flight to proceed. Max of 3 persons per aircraft</p>	<p>2 hours</p>	<p>\$925 pp \$465 for 3rd seat</p>

# Activities

<p><b>Heart Reef And Whitehaven Beach Heli Tour</b> Provided by Helireef Whitsundays</p>	<p>It does not get any better than this! This tour will showcase everything we have to offer in this breathtaking one-hour scenic flight. Destinations include the romantic and world famous Heart Reef, Whitehaven Beach and Hill Inlet. Pure Indulgence!</p> <p>Minimum of 2 persons for flight to proceed. Max of 3 persons</p>	<p>1 hour</p>	<p>\$770pp \$385 for 3rd seat</p>
<p><b>Ocean Rafting</b> Provided by Ocean Rafting</p>	<p>These fast semi rigid inflatable boats take you to the best of the Whitsunday and Whitehaven Beach; snorkel, explore and take a walking adventure to enjoy these spectacular destinations. Each vessel takes a maximum of 32 passengers giving you a small group experience. Stinger suit hire and lunch are included. Suitable for ages 5 and over.</p>	<p>5.5 hours</p>	<p>\$212 Adult \$138 Child (12-14 years) \$648 Family (2A+2C)</p>
<p><b>Camira - Full Day Sailing</b> Provided by Cruise Whitsundays</p>	<p>Camira is one of the fastest commercial sailing catamarans in the Whitsundays capable of up to 30 knots. This all-inclusive full day of boating is a great way to experience the Whitsun-days. As the crew rely on Mother Nature, the day will vary depending on conditions. Morning tea, BBQ lunch, afternoon tea and all beverages are included.</p>	<p>8 hours</p>	<p>\$229 Adult \$197 Child (4-14 years) \$206 Youth/ Senior (15-17 years)</p>

# Activities

<p><b>Half Day Whitehaven Tour</b>                  Provided by Cruise                  Whitsundays</p>	<p>Cruise through the azure waters of the Whitsunday islands for this scenic trip to Whitehaven Beach, while your friendly skipper provides an informative commentary on the history and natural wonders of the area. Your air-conditioned cruise vessel has interior saloons as well as outside seating areas. A Boarding ramp allows for easy access on and off the beach. Morning or afternoon tea is included. Sandwiches, snacks, and beverages are all available for purchase on board.</p>	<p>5.5 hours</p>	<p>\$140 Adult                  \$55 Child (4-14 years)</p>
<p><b>Chill And Grill</b>                  Provided by Cruise                  Whitsundays</p>	<p>Walk up to the Hill Inlet lookout, chill out on Whitehaven Beach and explore the beautiful Chance Bay. This day cruise allows you to spend more time exploring the wonders of Whitehaven Beach than any other cruise. Beach shades, beach game items and drinking water will all be available for your use throughout the day. Enjoy a gourmet burger on the beach, cold drinks are available for purchase. Morning and afternoon tea are served on board.</p>	<p>9.5 hours</p>	<p>\$250 Adult                  \$130 Child (4-14 years)</p>
<p><b>Full Day Great Barrier Reef Tour</b>                  Provided by Cruise                  Whitsundays</p>	<p>This full day experience lets you enjoy an outstanding range of interactive Great Barrier Reef adventures. The trip takes you to a purpose-built pontoon where you will spend the day exploring the colourful underwater world of magnificent corals, colourful fish and marine life. Throughout the day curb your hunger with morning and afternoon tea and a sumptuous buffet lunch. Coffee and tea is included and is available along with a bar for you to purchase a full range of alcoholic and non-alcoholic drinks. We specialise in introductory first timers diving at the custom designed Hardy Reef Pontoon. Or for Certified Divers our experienced Dive Masters will take small groups around some special parts of the reef.</p>	<p>10 hours</p>	<p>299 Adult                  \$146 Child (4-14 years)                  \$269 Youth/Senior (15-17 years)</p>

# Activities

<p><b>18 Hole Golf Day At Dent Island</b> Provided by Cruise Whitsundays</p>	<p>Enjoy a day of golf at the stunning championship Hamilton Island Golf Course on nearby Dent Island. The par 71 course is not only challenging but spectacular. Designed by 5-time British Open winner, Peter Thomson, this course boasts a variety of stunning views, obstacles, and challenges amongst beautiful bushlands. Your day includes a ferry pick up from Daydream Island to Hamilton Island where you'll then be taken on a 10 minute transfer to Dent Island. Your green fees for the 18 holes includes use of an electric buggy fitted with GPS range-finder. The purpose built club house offers delicious menu and range of beverage options perfect for a long lunch after your round; the perfect spot to take in more breathtaking views. A well-stocked pro shop, locker rooms and showers are also available. Please note that strict dress codes apply that honour the etiquette of the game.</p>	<p>approx. 8 hours</p>	<p>\$235 pp \$55 golf club hire</p>
--------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------	-----------------------------------------

Booking terms and conditions: 100% cancellation fee applies for no-shows or cancellations within 24 hours of scheduled departure time. Also applicable to requests to reschedule. Activities and Tours are subject to availability and prices are subject to change without notice.



DAYDREAM  
ISLAND

## For booking information

Tour Desk | 1800 888 288 | [tourdesk@daydreamisland.com](mailto:tourdesk@daydreamisland.com)

[daydreamisland.com](http://daydreamisland.com)