



# MENU

## CULINARY THEME

**M** Peruvian Roasted Chicken

**T** Roast Beef

**W** Herb Crusted Cod with Lemon Butter

**T** Kung Pao Chicken Action Station

**F** Chipotle Rubbed Flank Steak

## WEEK OF Nov 7, 2022

### 7 MONDAY

#### Soup \$

Black Bean Soup  
Entrée \$11

Peruvian Roasted Chicken

Peruvian Roasted Tofu with Salsa Verde

#### Something Else \$2.5

Spanish Rice

Roasted Brussel Sprouts

#### Dessert \$3.5

Tiramisu

#### Cookies \$1.5

Chocolate Chip

### 8 TUESDAY

#### Soup \$

Lentil Soup  
Entrée \$11

Roast Beef

Carrot Mushroom Osso Bucco

#### Something Else \$2.5

Mashed Sweet Potatoes

Steamed Corn

#### Dessert \$3.5

Tiramisu

#### Cookies \$1.5

Chocolate Chip

### 9 WEDNESDAY

#### Soup \$4

Loaded Potato Soup

#### Entrée \$11

Herb Crusted Cod with lemon Butter

Herb Crusted Cauliflower Steak

#### Something Else \$2.5

Roasted Fingerling Potatoes

Steamed Asparagus

#### Dessert \$3.5

Tiramisu

#### Cookies \$1.5

Chocolate Chip

### 10 THURSDAY

#### Soup \$4

Lemongrass Chicken Soup

#### Entrée \$11

Kung Pao Chicken

Kung Pao Tofu

#### Something Else \$2.5

Vegetable Fried Rice

Stir Fried Bok Choy

#### Dessert \$3.5

Tiramisu

#### Cookies \$1.5

Chocolate Chip

### 11 FRIDAY

#### Soup \$4

Vegetable Pozole

#### Entrée \$11

Chipotle Rubbed Flank Steak

Tempeh Fajita

#### Something Else \$2.5

Roasted Plantains

Chili Lime Cauliflower

#### Dessert \$3.5

Tiramisu

#### Cookies \$1.5

Chocolate Chip

## Grab 'n Go Sandwich

Tuna Salad sandwich on Croissant

Vegetable Crudite cups with Garlic Hummus

## Grab 'n Go Salad

Chicken Cesar

Bulgur Wheat Salad

## Lunch

Monday – Friday | 11:30AM – 2:00PM