

ACADEMIES

YOGA

Sabato, 30.05.	Domenica, 31.05.	Lunedì, 01.06.	Martedì, 02.06.	Mercoledì, 03.06.	Giovedì, 04.06.	Venerdì, 05.06.	Sabato, 06.06.
17.00 – 18.00 Bodyweight Workout 📍 Palestra	17.00 – 18.00 🧘 Yoga moms session 📍 Palestra	07.00 – 08.00 🧘 Sunrise Yoga 📍 Rooftop	16.00 – 17.00 🧘 Feel-Good Yoga 📍 Palestra	07.00 – 08.00 🧘 Sunrise Yoga 📍 Rooftop	16.00 – 17.00 🧘 Feel-Good Yoga 📍 Palestra	07.00 – 08.00 🧘 Sunrise Yoga 📍 Rooftop	16.00 – 17.00 Schiena & Relax 📍 Palestra