

# DM LE SPA



*Located next to the Alpilles,  
the Domaine de Manville SPA  
welcomes you for a Provence –  
smelling wellness break.*

*Alone or with someone special,  
with friends or family,  
we have designed our spa  
treatment offering  
to meet all your needs.*



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# Signatures Treatments

DOMAINE DE MANVILLE

All of our body treatments are performed using our exclusive DM range, revealing our signature fragrance of verbena, sweet lemon, and jasmine. Crafted around exceptional ingredients including maritime pine, olive oil, and royal jelly, they offer a truly unique sensory experience at Domaine de Manville.



## THE GRAND MANVILLE

1h30 - 215€

This exceptional treatment takes care of your face and body. Massage techniques drain, relieve congestion and successively shape and firm your legs, arms, waist... Your face is radiant, decongested and lifted.



## VELVET SKIN

45 min - 125€

Let yourself be tempted by this full body treatment which includes the Domaine's scrub and balm. Its nourishing properties will leave a protective and soft layer with a satin-finished on your skin.

## MANVILLE RELAXATION

1h - 145€

Created by the expert team of the Domaine de Manville Spa, this treatment will provide you a first experience with the world of Wellness Massage... Face, scalp, hands and feet are in the spotlight... Combining various wellness techniques, this treatment combines deep benefits from Shiatsu pressure points and stretching. It provides an extremely deep and long-lasting relaxation of both body and mind.

## THE MANVILLE HARMONY

1h30 - 210€

30min bodyscrub, followed by 60min of customized massage\*

2h - 270€

30min bodyscrub, followed by 90min of customized massage\*

A unique sensory journey beginning with a delicate body scrub created especially for the domaine De Manville, to enhance your skin, followed by a Relaxing 60min massage, performed with our signature balm massage, tailor-made for Domaine De Manville. A moment of balance and escape, in the heart of the emblematic scents of Provence.

## THE SUBLIME MOMENT OF MANVILLE

2h45 - 325€

30min bodyscrub, followed by 60min of customized massage\*

finishing with a 60min customized face treatment ESTHEDERM®

An exceptional ritual beginning with a revitalizing body scrub, followed by a relaxing massage performed with our signature balm massage, an exclusive olfactory creation. Followed by a 60min customized ESTHEDERM facial treatment to reveal your skin's natural radiance. A comprehension experience of beauty and relaxation designed as an ode to Provençal well-being.

\*excluded deep-tissue and hot-stone massage

The duration of the treatment specified includes the exchange time, installation in and exit from the treatment room. For any treatment lasting one hour or more (excluding hair removal), enjoy a complimentary one-hour access to the sensory space. For treatments lasting less than an hour, one-hour access is available for 15€. All our massages are non-therapeutic and non-medical well-being and relaxation treatments.

# Well-being massages

FOR ONE OR FOR TWO\*

## CUSTOM MESSAGE

30 min - 85€ | 170€\*

45 min - 120€ | 240€\*

1h - 145€ | 290€\*

1h30 - 215€ | 430€\*

Determine your 100% personalized massage during an exchange with your spa practitioner and allow yourself to enjoy a unique moment of well-being.

**All our customized massages can be performed in a duo cabin free of additional charge.**

## EXPECTING MOM MESSAGE

1h - 155€

Extra soft, cocoon-like and at the same time effective to relieve muscle tension, this massage specially designed for pregnant women offers a gentle break with multiple benefits.

## HOT STONE MESSAGE\*

1h30 - 225€ | 450€\*

The energy of hot stones balances your body and relaxes it. You feel as if you were wrapped in a soft cocoon. This feeling of well-being lasts for hours.

\* Stones need to be heated at least 1 hour before your arrival. Please specify you would like the Hot Stone massage when you are booking.

## SWEDISH-DEEP TISSUE MESSAGE

1h - 155€ | 310€\*

1h30 - 225€ | 450€\*

This deep pressure wellness massage is ideal after a workout. It precisely releases muscle tension through slow, deep movements. This treatment also helps relieve muscle aches and promotes blood and lymphatic circulation for a better athletic recovery

## MESSAGE UNDER THE PINE FOREST

1h - 185€ | 370€\*

Within the pine forest of the Domaine, treat yourself to 60 minutes of absolute relaxation with a deeply relaxing massage. Surrounded by the woody scents and calm of nature, your body will regain harmony and lightness.

## SILKY BATH

30 min -75€\*

As a complement to any treatment booked as a duo, enjoy a relaxing moment together in your private, exclusive space.

## RELAXING MOMENTS BODY

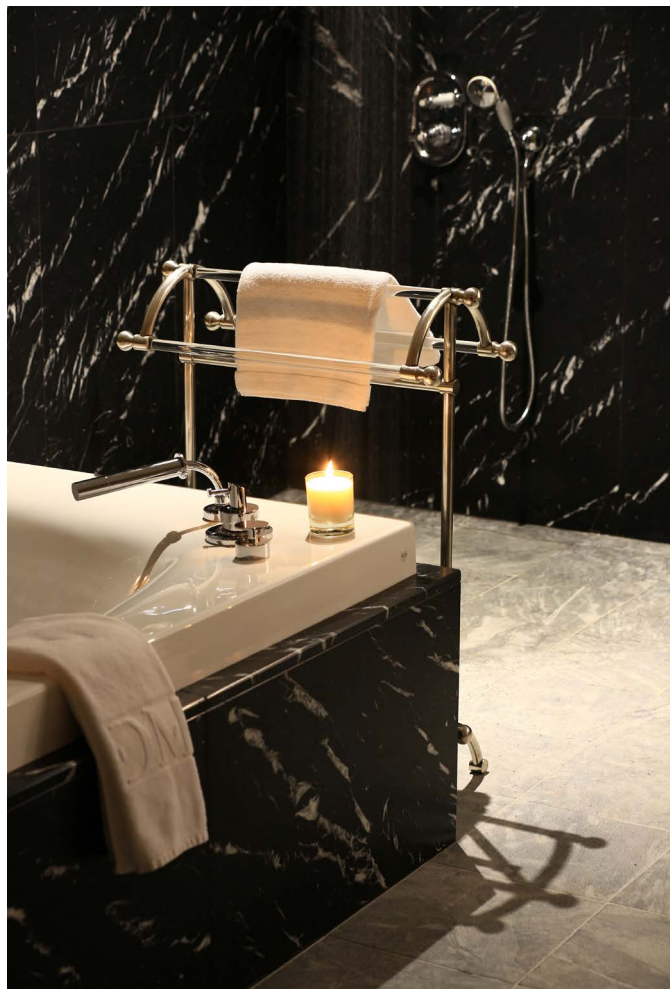
1h30 - 350€

Together, enjoy the delights of a silky Provence-scented bath followed by a well-being massage.

## RELAXING MOMENTS FACE AND BODY

2h30 - 548€

Immerse yourself in a delicious silky Provence-scented bath and relax together while enjoying a well-being massage. End up this special moment with an ESTHEDERM® facial treatment.



The duration of the treatment specified includes the exchange time, installation in and exit from the treatment room.

For any treatment lasting one hour or more (excluding hair removal), enjoy a complimentary one-hour access to the sensory space. For treatments lasting less than an hour, one-hour access is available for 15€.

All our massages are non-therapeutic and non-medical well-being and relaxation treatments.



# Face treatment

## ESTHEDERM

Beautiful skin is the result of adapted products associated with expert routines. Our professional know-how of aesthetics through highly-technical care rituals, associated with ecobiological formulas and ultra-sensory galenics, optimizes the quality of every skin at any age. To entrust your skin to your Institut Esthederm expert skincare practitioner is to ensure an immediate and lasting result while experiencing a moment of ultimate relaxation.



## DEEP SKIN CLEANING

30 min - 85€

A unique method of deep and ultra-respectful cleansing, for energized skin more receptive to treatment.

Deeply-cleansed skin 100%

Oxygenated and detoxified skin 95%

**[L'OSMOCLEAN]**

## BOOST OF HYDRATATION, PURITY OR VITALITY

1h - 135€

A care that adapts to the skin state of the moment and that will respond to a problem of dehydration, imperfections or lack of energy.

Inspired by dermo-esthetic procedures, with active ingredients perfectly dosed and selected for intensive, immediate and long-lasting results

Hydra: plumped and elastic skin 90%

Purity: excess sebum absorbed 95%

Vitality: more toned and energized skin 94%

**[LE FONDAMENTAL]**

## 100% CUSTOMIZED PEELING

1h15 - 150€

Youthful peeling treatment in zoning, skin renovator, ultra-personalized to meet each specific need: imperfections, wrinkles, shine, stains.

Improved skin texture 100%

Even skin tone 89%

**[LE MULTYPEEL]**

## YOUTHFULL LOOK

30min - 85€

Express relaxation treatment. The eye contour is moisturized and smoothed, the traces of fatigue erased.

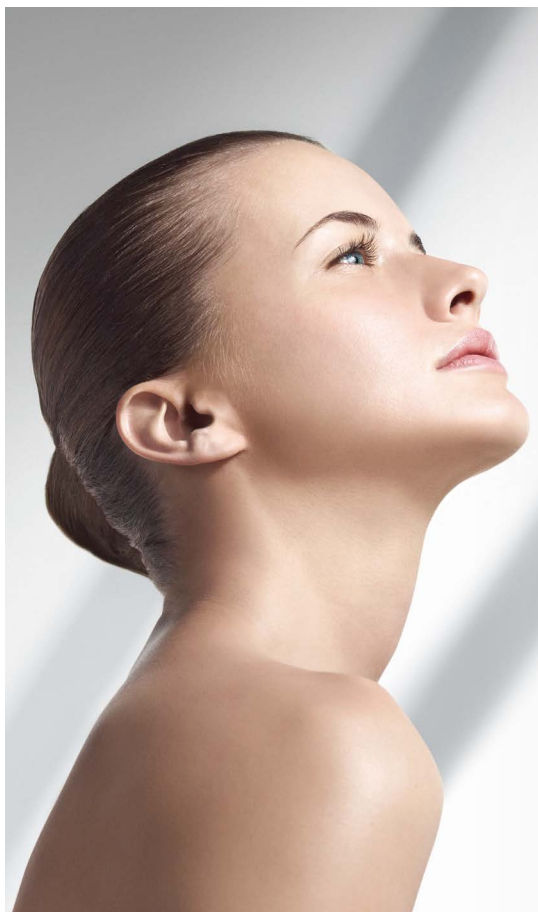
Plumped eye contour and smoothed wrinkles 93%

**[REGARD PÉTILLANT]**



# Face treatment

## ESTHERDERM



### MANUAL LIFT

1h30 - 179€

A real manual lift that enhances and redraws the contours of the face.

Cheekbones lifted and plumped 86%

Firmer, more toned skin 100%

**[L'ESTHELIFT]**

### SIGNATURE TREATMENT

1h30 - 189€

The Institut Esthederm signature treatment, an invitation to relaxation, energizes the body and spirit. Skin is smoothed and firmed, the complexion luminous.

Brighter complexion 100%

Redensified skin 100%

**[L'EXCELLAGE]**

### VISAGE PREMIUM TREATMENT

2h00 - 285€

An exceptional treatment signed Institut Esthederm exclusively at the Domaine de Manville Spa. Unique, for incomparable results on cell regeneration.

HIGHLIGHT: a back massage to optimize the relaxation and the effects of the face care

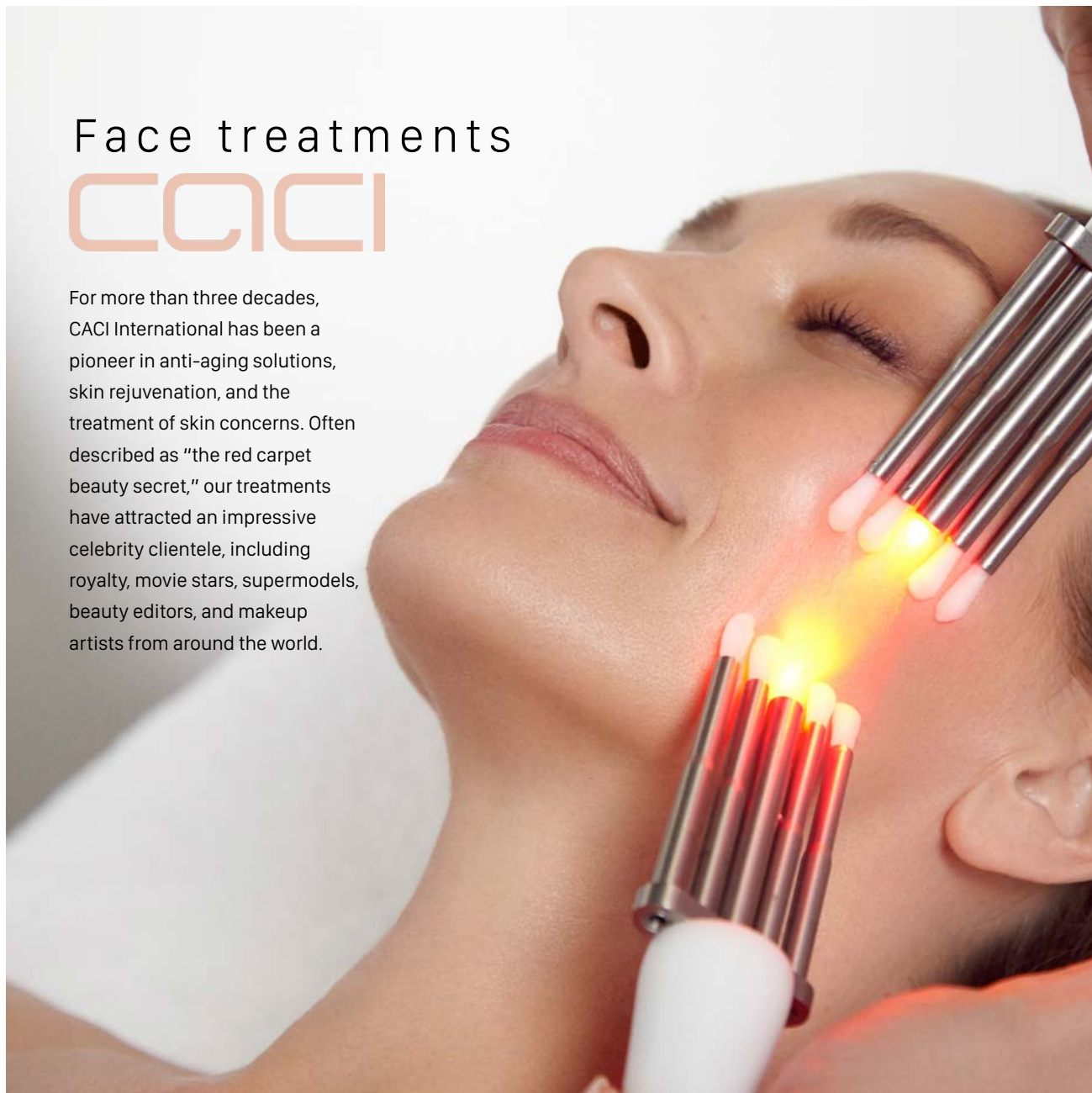




# Face treatments

# CACI

For more than three decades, CACI International has been a pioneer in anti-aging solutions, skin rejuvenation, and the treatment of skin concerns. Often described as “the red carpet beauty secret,” our treatments have attracted an impressive celebrity clientele, including royalty, movie stars, supermodels, beauty editors, and makeup artists from around the world.



## GENTLEMAN TREATMENT

1h - 195€

1h30 - 289€

2h00 - 385€

A treatment specifically designed for men's skin, combining deep cleansing and targeted exfoliation to help prevent ingrown hairs and shaving-related irritation. Microcurrent technology firms and redefines the facial contours, while light therapy and Gua Sha enhance radiance and promote relaxation. The skin regains comfort, tone, and vitality.

### **Technologies and benefits:**

Microcurrents: muscle firming and redefinition of the facial contours

LED light therapy: soothing irritation and reducing redness caused by shaving

Ultrasound and microdermabrasion: targeted exfoliation and prevention of ingrown hairs

Gua Sha: improved circulation and muscle relaxation

## PERSONALISED LIFTING TREATMENT

1h - 195€

1h30 - 289€

2h00 - 385€

Designed to combat skin laxity and restore firmness, this bespoke treatment restructures the facial contours and tones the muscles. Microcurrents provide deep stimulation, while LED light therapy revitalises the skin and enhances radiance. The face appears visibly lifted, sculpted, and firmer.

## RADIANCE & DETOX TREATMENT

1h - 195€

1h30 - 289€

2h00 - 385€

A treatment that deeply purifies and revitalises the skin, combining detoxification, exfoliation, and cellular stimulation. Microcurrents and light therapy restore radiance, while ultrasound and Gua Sha promote circulation and relaxation. The skin regains freshness and luminosity.

### **Technologies and benefits:**

Microcurrents: toning and stimulation of cellular renewal

LED light therapy: improved complexion uniformity and reduction of signs of fatigue

Ultrasound and microdermabrasion: gentle exfoliation and enhanced absorption of purifying active ingredients

Gua Sha: drainage and circulation, promoting relaxation and reducing facial tension

### **Technologies and benefits:**

Microcurrents: facial muscle toning and a natural lifting effect on the facial contours

LED light therapy: improved skin firmness through red anti-aging LED technology

Ultrasound and microdermabrasion: enhanced absorption of active ingredients and correction of pigmentation irregularities

Gua Sha: draining and sculpting action on the facial contours

Facial muscles are trained progressively; to tone the entire face and achieve optimal lifting results, we recommend a complete course of approximately 10 sessions.

## TARGETED EXPRESS TREATMENT

30min - 120€

A fast and effective treatment targeting one area of your choice: lips, facial contours, eye contour, or décolleté. Microcurrents, LED light therapy, and the Wrinkle Filling Comb smooth, plump, and energise the selected area for immediate visible results. Ideal for a quick, radiant boost.

### Technologies and benefits:

Microcurrents: targeted muscle stimulation and reduction of fine lines and wrinkles

Targeted LED light therapy: reduction of puffiness and dark circles with an instant radiance boost

Wrinkle Filling Comb: intense plumping and targeted smoothing of wrinkles



## CACI MANVILLE FUSION TREATMENT

1h30 - 299€

A signature ritual combining deep relaxation with a complete face and body treatment. Tension melts away with hot stones applied to the back, the hands are pampered with a nourishing mask, and the facial skin regains firmness, radiance, and comfort. A cocooning, revitalising experience for total well-being.

### Technologies and benefits:

Wrinkle Filling Comb + LED: plumps wrinkles and stimulates collagen production

Hydratone + Hydrarollers + microdermabrasion massage: intense hydration, skin stimulation, and a smoothing effect

Gua Sha: improved circulation, release of tension, and subtle facial sculpting

Hand youth treatment: nourishing mask and microcurrent therapy for soft, radiant hands



# SYNERGY FLEX



A woman with dark hair is lying down, her eyes closed, with a white CACI Synergy device held against her forehead. The device has a blue light emanating from its tip. She is covered with a white towel.

# Face treatments CACI

The CACI Synergy is our newest and most advanced facial treatment system, proven to reduce wrinkle depth by up to 75% and improve skin elasticity by up to 88%. It features a range of exclusive technologies, including our unique S.P.E.D® Dual Action Technology, which simultaneously delivers skin rejuvenation and facial toning.

# FAQ

## CACI

**What is microcurrent?** Microcurrent therapy delivers small electrical impulses that mimic the body's natural bioelectrical flow. This stimulation helps retrain the muscles while firming, toning, and revitalising the skin. In aesthetics, microcurrent is often described as a "facial lift" or a "non-surgical facelift" due to its visible effects on facial muscles and contours.

**What is S.P.E.D® LED microcurrent technology?** S.P.E.D® (Simultaneous Photo Electrical Delivery) is an advanced LED technology that simultaneously delivers microcurrent impulses and LED light to the skin. This combination has been clinically proven to provide faster, more effective, and longer-lasting results than microcurrent stimulation alone. S.P.E.D® merges CACI microcurrent technology with high-intensity LED light for enhanced skin rejuvenation.

**What does a microcurrent treatment feel like?** The treatment is virtually painless, producing only a slight tingling sensation. Clients often describe a feeling of warmth or a gentle current on the skin.

**Is microcurrent safe?** Yes. Microcurrent treatment was originally developed as a medical application to treat facial paralysis and restore muscle tone by stimulating affected muscle fibres. This technology was later adapted for aesthetic treatments and is safely used by thousands of clients worldwide.

**How many sessions are needed?** Although an improvement is often visible after the first session, the benefits are cumulative. In general, a course of 10 to 15 treatments is recommended for optimal results.

**What happens after stopping the treatment?** After completing a full course, you will notice a visible improvement in skin tone and overall appearance. Facial muscles will appear lifted, and the complexion will look fresher and more youthful. To maintain these results, maintenance sessions are recommended.





**What happens if I stop the treatments?** It is similar to stopping going to the gym. If you discontinue the treatments, the results will gradually diminish, and your facial muscles will slowly return to their pre-treatment state.

**Is there any downtime after a treatment?** No. All treatments are non-invasive and gentle on the skin, so there is no interruption to your daily routine.

**When is the treatment not recommended?** The treatment is not advised if you suffer from any of the following conditions: cancer, pregnancy, epilepsy, heart disease or a pacemaker, thrombosis, facial implants in the treated area, skin diseases (avoid the affected area), skin lesions, or recent surgery within the last six months. Areas treated with Botox should be avoided for three months, and areas treated with dermal fillers for two weeks. Please note that antidepressants, high blood pressure, and other muscle relaxants may reduce the effectiveness of the treatment.

**What is orbital microdermabrasion?** The orbital movement of the handpiece allows for controlled, progressive exfoliation, removing impurities and dead skin cells. This gentle and safe treatment deeply renews the skin, resulting in a clearer, smoother, and more even complexion while stimulating cellular renewal and collagen production.

**What does orbital microdermabrasion feel like?** This treatment is completely painless.

e use a "no-pull" technique that ensures a comfortable experience.

**What is ultrasonic peeling?** Our ultrasonic peeling uses rapid blade vibrations (27,000 oscillations per second) to gently exfoliate and revitalise the skin. This treatment cleanses pores, removes dead skin cells, and reveals healthy, radiant skin. It is often combined with orbital microdermabrasion for optimal results.

**What does ultrasonic peeling feel like?** The treatment creates a pleasant sensation of warmth and energy on the skin and is very comfortable.

**What is LED therapy?** LED light therapy uses the therapeutic properties of red and blue light to soothe the skin, neutralise bacteria, and reduce redness. Blue light calms the skin and destroys acne-causing bacteria, while red light stimulates collagen and elastin production and promotes cellular regeneration. This treatment is extremely effective for treating acne and skin imperfections.

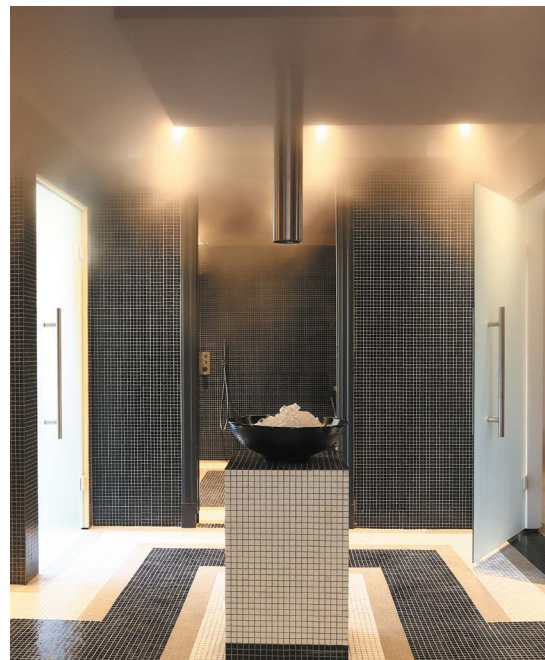
**What are Electro Gloves?** Electro Gloves are made from highly conductive natural silver fibres. During the treatment, microcurrent is transmitted through the gloves, allowing for rejuvenating care of both the hands and the face. The silver material also has antibacterial properties that help soothe the skin and reduce allergic reactions.

# Beauty treatments

Complete hand treatment 1h | 145€

Complete foot treatment 1h | 155€

This treatment takes care of the beauty of the natural nail. Repair treatment for the cuticles, bath and exfoliating scrub followed by a moisturizing massage. This treatment will end with an immersion of the hands or feet in a wonderful paraffin bath to restore comfort and softness of your skin. Nails base pose.



# Hair removal

## FOR HER

Upper lip	15€
Eyebrows	25€
Armpits	40€
Arms or 1/2 legs	40€
Bikini	40€
Integral Bikini	65€
Full legs	60€

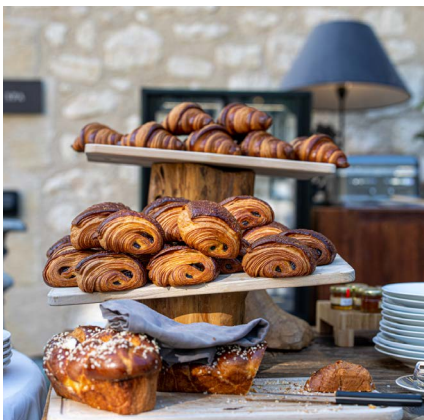
## FOR HIM

Back / Torso	55€
Shoulders	35€









### BREAKFAST & SPA

half day Spa access  
preceded by a delicious  
breakfast under our  
glass roof or on the  
courtyard terrace  
(buffet style)

### FROM MONDAY TO FRIDAY

excluding school holidays and public holidays

Price

90€/pers.

...including massage 30min

135€/pers.

...including massage 1h

190€/pers.

...including massage 1h30

250€/pers.



### BISTRO & SPA

half day Spa access  
followed by a lunch in  
our Bistro  
(starter, main course, dessert,  
water, glass of wine and hot  
drink)

### FROM MONDAY TO SUNDAY

Price

110€/pers.

...including massage 30min

150€/pers.

...including massage 1h

205€/pers.

...including massage 1h30

265€/pers.



### BAR & SPA

half day Spa access  
followed by a moment  
at the bar  
(one homemade treat +  
one drink : the bartender's  
inspiration (non-alcoholic  
cocktail) or hot beverage)

### FROM MONDAY TO SUNDAY

Price

80€/pers.

...including massage 30min

125€/pers.

...including massage 1h

180€/pers.

...including massage 1h30

240€/pers.

# Gift boxes

An original gift for unique moments: Birthday, Mother's Day, Father's Day, Valentine's Day, Christmas, Wedding...

For a day at the SPA or a treatment of your choice,  
order online at:  
**[www.domainedemanville.secretbox.fr](http://www.domainedemanville.secretbox.fr)**



...or just scan  
the QR code  
opposite.



## Access to the SPA

45 minutes for resident guests at the hotel  
and upon reservation (adults and children)

the "sensory area"

Heated indoor swimming pool,  
jacuzzi, sauna, steam bath and fitness area

**THE SPA IS OPEN EVERY DAY**

ADULTS (FROM 16 YEARS OLD) : Every day from 10am to 7pm

Fridays and Saturdays from 10am to 8pm

CHILD (UNDER 16 YEARS OLD) : Every day from 9am to 10am

**ORIENTAL TRAY**

Black soap scrub at the Steam Bath's 15€



# Terms and conditions

## SPA POLICY

The Spa is a place of relaxation and tranquility. Please respect the comfort and privacy of each customer. The Spa team offers wellness massages without therapeutic purpose. The Spa is a non-smoking area, and use of mobile phones or any other electronic device is not allowed.

## SPA ON ARRIVAL

We thank you for respecting your appointment time and recommend that you arrive 15 minutes early. We ask you to kindly note that a late arrival will shorten the care time. On the other hand, if our schedule allows us to do so, we will strive to offer you the same care.

## DURATION OF TREATMENT

The duration of the treatment includes the exchange time with your Spa Practitioner, undressing, dressing and exiting the treatment room. Delays are tolerated, however, they will result in a reduction of massage time.

## BOOKING AND CANCELLATION

We advise you to make your appointment thoughtfully. A 100% cancellation fee will be charged for any treatment cancelled less than 24 hours before appointment time.

## HEALTH

We thank you for notifying us at the time of booking of any health problems, any allergy or injury that may affect your spa experience. If in doubt, please consult your physician.

## EXPECTING MOTHERS

The spa offers specially designed treatments for pregnant women from the 4th month. The spa team will be happy to help you choose the treatment best suited for this particular time.

## PERSONAL BELONGINGS

No personal cosmetic product can be used in our spa areas. Management and the spa ambassadors cannot be held responsible in the event of loss, theft, deterioration of or forgotten jewelry, personal items, or money within the spa.

## AT HOME

To continue your home care ritual, the products used for treatment are available for purchase at the Spa reception. Our ambassadors are available for all custom routine requests.

## RATES MAY BE CHANGED AT ANY TIME WITHOUT PRIOR NOTICE.

The SPA team thanks you for your attention.