

# SANCTUM 2025 RESIDENCY

Mindful movement gurus, Sanctum, returns for a yearlong programme of inspirational sessions designed to unearth your potential, expand your mind, and reach mindful euphoria.

Join one of their Signature Sequences amidst the Marbella Club's incomparable backdrop, all dotted with a common theme, or join slightly longer sessions during our San Jual festival for a more nature-immersive experience.







# SUNDAY 30TH Reconnection W

Sanctum Signature Sequence Registration at 5:00 PM Beginning of the session at 5:30 PM

55 € pp VAT included

**SATURDAY 29TH** 

The Art of Letting Go

Reconnection Within, Between & Beyond Sanctum Signature Sequence

Registration at 9:00 AM Beginning of the session at 9:30 AM

#### 55 € pp VAT included

#### JUNE SAN JUAN FESTIVAL

### SATURDAY 21ST From Breakdown to Breakthrough We are

Sanctum Signature Sequence Registration at 7:00 PM Beginning of the session at 7:30 PM

70 € pp VAT included

SUNDAY 22ND We are One – We are Whole

Mindful Nature Walk Registration at 9:00 AM Beginning of the session at 9:30 PM

70 € pp VAT included

#### NOVEMBER

## SATURDAY 8TH Choosing Yourself

Sanctum Signature Sequence Registration at 4:00 PM Beginning of the session at 4:30 PM

55 € pp VAT included

# SUNDAY 9TH Community of Acceptance

Sanctum Signature Sequence Registration at 9:00 AM Beginning of the session at 9:30 AM End of the session at 10:30 AM

55 € pp VAT included

Meeting point: Beach Club Parking Access to Finca Ana María Limited spots available. To book: wellness@marbellaclub.com

IN PARTNERSHIP WITH SANCTUM