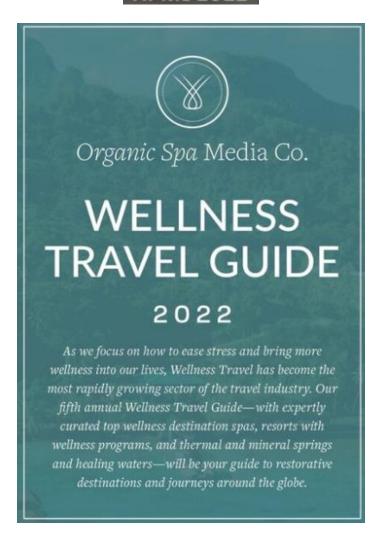
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CENTRAL AMERICA

THE RETREAT COSTA RICA

The Retreat Costa Rica houses the 7,500-squarefoot Vida Mia Healing Center and Spa. Along with a comprehensive wellness program, the property now has added a naturopath, acupuncturist and Ayurvedic expert to the staff, along with crystal healing therapies, detox and energy balancing rituals, and more. theretreatcostarica.com