

- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Please cancel more than 24 hours before your treatment to avoid paying for such treatment.
- Late arrivals will result in reduced treatment time, without credit.
- Treatments and packages are non-refundable, and non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Benefits at selected spas.



• Ballito	: La Montagne Hotel & Spa	+27 (0) 32 946 1356
• Belfast	: Kloppenheim Country Estate & Spa	+27 (0) 13 256 9148
• Brits-North West	: Magalies Park Resort & Spa	+27 (0) 12 207 9000
• Cape Town	: Mount Sierra Resort & Spa	+27 (0) 21 424 1685
• Cape Town	: Riviera Suites Resort & Spa	+27 (0) 21 434 1040
• Chaka's Rock	: Chaka's Rock Resort & Spa	+27 (0) 32 525 5008
• Drakensberg	: Bushmans Nek Hotel & Spa	+27 (0) 33 701 1460
• Drakensberg	: Drak.Gardens Resort & Spa	+27 (0) 33 701 1355
• Drakensberg	: Monks Cowl Resort and Spa	+27 (0) 36 468 1465
• Eastern Cape	: Hole in the Wall Resort & Spa	+27 (0) 47 575 0009
• Garden Route	: Pinnacle Point Estate	+27 (0) 44 606 5341
• Harrismith	: Qwantani Resort & Spa	+27 (0) 58 623 0882
• Margate	: Margate Sands Resort & Spa	+27 (0) 39 312 8100
• Margate	: La Cote D'azur Resort & Spa	+27 (0) 39 312 1521
• Mooi River	: Midlands Resort & Spa	+27 (0) 33 263 2758
• North Beach	: The Palace Hotel & Spa	+27 (0) 31 332 8351
• Port Edward	: Caribbean Estate	+27 (0) 39 311 1312
• Scottburgh	: Selborne Hotel & Spa	+27 (0) 39 688 1800
• Umdloti	: Perna Perna Resort & Spa	+27 (0) 31 568 1098
• Umhlanga	: Breakers Resort	+27 (0) 31 561 2271
• Vryheid	: Natal Spa Hot Springs Resort	+27 (0) 34 995 0300
• West Coast	: Club Mykonos Resort & Spa	+27 (0) 22 707 7174

Head Office: ☎ 021 434 1040
www.lavitaspas.com

Join Lifestyle Rewards today
 and save 20%



Treatment Menu

Luxury Treatments

Body Treatments

Hands & Feet Deluxe	(50min)	R550
Back Rejuvenation	(50min)	R600
Full Body Exfoliation	(50min)	R600
Pride of Italy Exfoliation & Massage	(1hr 50min)	R1000

Luxurious Massages

Indian Head Massage	(50min)	R550
Destress Back & Foot Massage	(50min)	R600
Roman Royalty Swedish Massage	(50min)	R600
Aromatherapy Full Body Massage	(50min)	R660
Hot Stone Full Body Massage	(80min)	R790
Couples Full Body Massage	(50min)	R1150

Exotic Facials

Classic Soothing Facial	(50min)	R600
Majestic Milanese Facial	(50min)	R790
Super Extraction Facial	(80min)	R850
Ultimate Anti-Ageing Facial	(80min)	R850

Manicures & Pedicures

Spa Manicure	(50min)	R350
Spa Pedicure	(50min)	R350
Spa Paraffin Manicure	(80min)	R440
Spa Paraffin Pedicure	(80min)	R440
Venetian Hands & Feet	(50min)	R440

Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage & Refreshments	(2hr 20min)	R1350
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Pamper Packages

Heavenly for Him

	(1hr 50min)	R1350
Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage & Refreshments.		

Girlfriends Package

	(3hr 50min)	R1450
Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage & Refreshments.		

*Price per person

Mother & Daughter Bonding

	(2hr 20min)	R1590
Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage & Refreshments.		

*Price per person

Mona Lisa

	(1hr 50min)	R1800
Classic Soothing Facial, Indian Head Massage & Refreshment as well as your own take home Professional Cleanser, Toner & Moisturiser.		

Sunset Package

	(3hr 20min)	R1800
Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet & Refreshments.		

Ultimate Indulgence

	(5hr 50min)	R2900
Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Mani & Pedi, Soothing Foot Massage, a Light Meal & Refreshments, a jar of Signature Dead Sea Peel-Off Mask & one Professional Facial product.		

Beauty Treatments

Couples Paradise

	(3hr 50min)	R4000
Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine & Refreshments.		
*Price per couple		

Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.		
Kids Facial	(50min)	R330
Kids Manicure & Pedicure	(50min)	R330
Kids Full Body Massage	(50min)	R330

Tinting

Eyelash / Eyebrow (ea)	(20min)	R 80
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Waxing

Upper Lip / Chin / Eyebrow (ea)	(20min)	R 70
Side Burns / Tummy / Under Arms (ea)	(20min)	R 80
Half Leg / Full Face / Bikini (ea)	(40min)	R130
Full Back / Brazilian (ea)	(50min)	R200
Full Leg / Full Arm (ea)	(50min)	R200

*Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes	(50min)	R260
Extensions - French or Colour	(80min)	R350

*Specialised Treatments

Cellulite Reversal Treatments with Vacuum / Suction Only	(50min)	R600
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Body Reshaping and Skin Tightening Treatment - Buttocks and Thighs / Tummy and Arms	(50min)	R820
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Skin Tightening and Firming Non-surgical Face Lift	(50min)	R820
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Swiss Body Wrap	(50min)	R500
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* Available at selected spas