



AT BAY GARDENS BEACH RESORT & SPA

LUNCH MENU

SOUP DU JOUR

Ask Your Server for our Freshly Made Daily Soup

US\$8.5/ EC\$22

SALAD

CAESAR SALAD (V, DF)

Romaine Lettuce Tossed with Caesar Dressing, Garlic Croutons

US\$12/ EC\$32

SANDWICHES

MONTE CRISTO SANDWICH

Honey Glazed Picnic Ham, Pepperjack Cheese, Country Dijon, French Fries

US\$17.5 / EC\$46

OPEN FACE SANDWICH (DF)

Focaccia, Creole Mayonnaise, Sweet Potato Fries, Mixed Leaves

US\$12 / EC\$32

Add on Herb Fried Fish: US\$6 OR Turkey: US\$5

TO CONTINUE

MAMA KATE LUCIAN STYLE CREOLE CHICKEN

Coconut Rice N' Peas, Seasonal Vegetables, Plantain Chips, Seasoning Pepper Oil

US\$21 / EC\$56

OXTAIL BROWN DOWN

Fried Plantain, Dumplings, Rice N' Things, Whitted Leaves

US\$25.5 / EC\$68

SIMPLY GRILLED FISH (GF, DF)

Chef's Seasonal House Salad, Passion Fruit Dressing

US\$24 / EC\$64

HI TIDE ROTI

House-Made Roti Wrap Stuffed with :

Curried Seafood- US\$26/ EC\$70

Chicken- US\$21/ EC\$56

Spiced Pumpkin & Chickpeas- US\$17/ EC\$45

Curried Goat- US\$22/ EC\$60

Served with a Roasted Tomato-Mango Chutney, Pickled Vegetable Salad

GF – GLUTEN FREE, DF – DAIRY FREE, V – VEGETARIAN, N – CONTAINS NUTS

PRICES ARE SUBJECT TO 10% VAT & 10% SERVICE CHARGE. PLEASE INFORM YOUR SERVER
ABOUT ANY ALLERGIES OR DIETARY REQUIREMENTS