

Massage Treatments

weekday | weekend

Alderbrook Custom Massage

60 minutes

\$175 | \$190

90 minutes

\$260 | \$275

Receive a specially curated massage experience, guided by choices of aromatherapy, hot stones, pressure needs, and all of the enhancements that you may desire. This time is yours; to be paired with one of the spa's expert massage therapists, with a combined team total of more than 250 years of experience. Whether your massage journey is one of relaxation, therapeutic, or connective need, the Custom Massage is always the perfect choice.

This massage offering may also be booked as a couple's experience:

Joy for Two (prices per person)

60 minutes

\$185 | \$200

90 minutes

\$275 | \$290

Body Treatments

Volcanic Pumice Scrub 60 minutes

\$180 | \$195

This rich black silt clay scrub will enrich your senses with an exfoliation combining coffee and volcanic pumice. This creamy exfoliation will reveal soft and invigorated skin, with a finish of rich shea butter for ultimate hydration.

Aroma Crush 60 minutes

\$180 | \$195

Invigorate both body and senses, with a full body mineral scrub customized with your selection of lavender, grapefruit black pepper, neroli, or ginger essential oils. Rose porfyr stones massage the mineral-rich oils into the skin, refining the skin and rejuvenating the spirit.

Organic Aloe Wrap 60 minutes

\$175 | \$190

Quench dry skin with the healing and moisturizing properties of aloe vera combined with soothing lavender. While you relax during this deluxe hydrating body wrap, enjoy a massage of the scalp, neck, and feet.

Seaweed Surrender 60 minutes

\$175 | \$190

Be wrapped in a luxurious treatment packed full of algae and seaweed elements, and let the natural scents take you to the shore. Incorporating dry brushing, cocooning, and scalp massage, this body wrap will help hydrate and restore skin tone and vitality.

Delightful Extras

Hand and Foot Pampering 45 minutes

\$95 | \$105

Exfoliation, massage and warm hydrating shea butter treatment are the perfect cure for tired hands and feet.

Hot Oil Scalp Massage 30 minutes

\$75 | \$90

This energizing scalp treatment is designed to promote relaxation, ease muscle aches and soothe stress. Aromatic wild lime revitalizing scalp & hair oil is warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

Mineralizing Baths 30 minutes

\$75 | \$90

Choose any one of our bathing options to add on to your spa treatments to enhance your experience of relaxation and rejuvenation:

Sweet Birch and Magnesium

Mineral Wellness Bath



Facial Treatments

weekday | weekend

Alderbrook Custom Facial 90 minutes \$225 | \$240

Centered on complete relaxation, this facial imparts total bliss as it pampers you from head to toe. Beginning with an invigorating foot scrub, deep cleansing and advanced exfoliation, the skin is perfectly prepared for an Acu-lifting massage using personalized essences and serums. Cooling globes, healing rose porfyr stones and a warm floatation pillow enhance this extraordinary facial.

All custom facials are accompanied with a gratis \$20 retail credit toward one of our excellent skin care lines to complete your home care needs.

Alderbrook Custom Facial 60 minutes \$185 | \$200

Featuring an exclusive acupressure-based massage and aromatherapy, this custom facial will reconnect with nature, spirit and self with this personalized facial that helps treat and correct all skin concerns. Our Esthetics professionals will delight you with a customized blend of cleansing, exfoliating and nourishing masques.

All custom facials are accompanied with a gratis \$20 retail credit toward one of our excellent skin care lines to complete your home care needs.

**Dermaplaning may be added as a substitute exfoliation to any facial at no cost. Dermaplaning is an exfoliating technique used to gently scrape off the top layer of dulling dead skin cells, revealing smooth and glowing skin. It is excellent for all skin types and is safe during pregnancy. When added to a facial service, products are absorbed more easily into the skin, resulting in better performance and results.*

The Vital Facial 60 minutes \$190 | \$205

After a guided meditation nourishes the spirit, multi-function organic products rich in adaptogenic vital nutrients visibly revitalize the skin. A massage cleanse, custom ANDA blended masque/moisturizers enhanced with specialized Gua Sha techniques and dynamic structured water elixir to provide proven results that improve not only complexion, but skin wellness.

Oxygenation Facial 60 minutes \$220 | \$235

This skin-quenching treatment provides the ultimate in intense hydration. Perfect for all skin types, the serum applied in combination with hyper-baric oxygen, contains vitamins and antioxidants that dramatically lift, tone and hydrate the skin. Results are not only instant but continue to improve in the following days.

Atoxelene Treatment 30 minutes \$85 | \$100

A targeted treatment focusing on expression lines. The natural amino acids instantly firm lift and plump your skin for a dramatic reduction of fine lines and wrinkles.

Extra Facial Delights

Waxing

Brow \$30 | \$45

Lip & Brow Or Lip & Chin \$35 | \$50

Back Treatment 45 Minutes \$90 | \$105

Bring purity and balance to the skin on your back with cleansing, exfoliation, extractions, steam, and masque therapy. Add to any facial.

Day of Indulgence

spa packages aimed at delighting your senses and easing your mind

Available Monday-Friday

Joyful Moment 2 Hours \$320

Begin your renewing experience at Alderbrook Resort & Spa with our luxurious. Custom 60-minute facial, combined with our 60-minute fully customized massage, we'll help prepare your body for your next adventure!

Peaceful Moment 2 Hours \$320

Find your moment of peace with an expert combination of one of our delightful 60-minute body treatments paired with our fully custom 60-minute massage. With your choice of body wrap or scrub, this individualized, full body odyssey will surely be one of peace.