



## SERVICES AND TREATMENTS

(435) 645-6475 | [spa@steinlodge.com](mailto:spa@steinlodge.com)  
Winter Hours 9 am-7 pm | Summer Hours 9 am-6 pm



## SPECIALTY TREATMENTS

### MOUNTAIN RESET

90 MIN \$395 | 120 MIN \$510

Ground yourself using genuine quartz after a demanding day on the mountain.

Embrace the mystic energy that flows through the stones as it is compressed around your silhouette. Subtle positive and negative inclinations alleviate the perception of gravity allowing for total immersion, connecting you to ancient wisdom and healing vibrations.

**Healing Properties:** *Detoxify. Increased Blood Flow. Relaxation.*

### AGELESS RENEWAL

90 MIN \$365

Luxuriate in our soothing full body treatment designed to rejuvenate and refresh your skin. Begin with an ionic dry brush to gently stimulate the lymphatic system and reduce inflammation. Active ingredients are then applied to enhance skin elasticity, reduce the look of cellulite, and provide deep hydration. Your skin will be comfortably wrapped to ensure it feels pampered and revitalized while you enjoy a revitalizing hair mask and scalp massage.

**Healing Properties:** *Hydration. Contouring. Skin Renewal.*





## BODY TREATMENTS

### GOLD MEDAL GLOW

**80 MIN \$385**

Indulge in a seasonal scrub that gently softens your skin with mineral-rich sea salt, or sugar, and nourishing oils with a delightful scent. Enjoy the warmth of the Vichy rainfall shower followed by the delicate application of a hydrating lotion and hair mask, leaving you refreshed and rejuvenated.

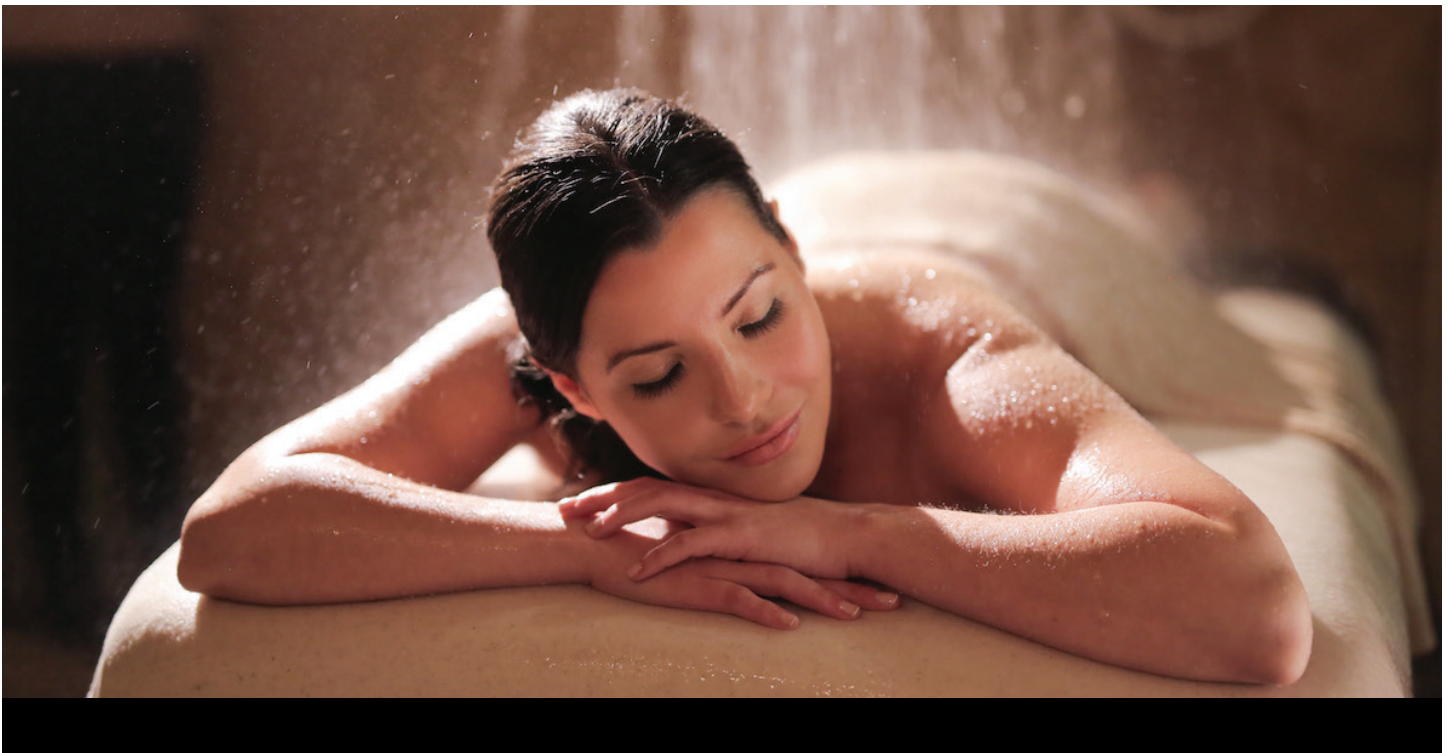
**Healing Properties:** *Exfoliating. Hydrating. Rejuvenating.*

### MOOR MUD DETOX WRAP

**80 MIN \$385**

Discover the healing benefits of Moor mud, a nutrient-rich substance formed over thousands of years and prized for its powerful detoxifying properties. Your treatment begins with a soothing lavender sea salt scrub to gently exfoliate and prepare the skin. You'll then be cocooned in a warm wrap infused with CBD-enriched Moor mud. While the body detoxifies, enjoy a calming scalp massage and focused foot therapy to promote deep relaxation and full-body mindfulness.

**Healing Properties:** *Detoxifying. Anti-Inflammatory. Purifying.*





## MASSAGE TREATMENTS

### STEIN'S FREESTYLE MASSAGE

**60 MIN \$245 | 90 MIN \$345 | 120 MIN \$445**

Just like Stein's innovative approach to skiing, your therapist will combine techniques and pressure for dynamic results. They will focus on specific areas of tension according to your preferences for the most relaxing results.

**Healing Properties:** *Relaxation. Rejuvenation. Customized.*

### BLENDED STONE MASSAGE

**60 MIN \$265 | 90 MIN \$365**

Combining three types of stones will provide a comprehensive wellness experience. Traditional hot stones will ease tension, improve circulation and create a calming effect on the mind. Himalayan Salt Stones will exfoliate the skin and give off negative ions that will improve mental clarity, while optional cold stones will reduce inflammation and give a boost to your energy levels. This will provide a multi-dimensional wellness journey.

**Healing Properties:** *Muscle Relaxation. Stress Relief. Purification.*

### COOL & CALM CBD MASSAGE

**60 MIN \$275 | 90 MIN \$375 | 120 MIN \$475**

CBD oil will soothe and relax muscle tissue while helping to ease tension and stress. This full body massage is beneficial in restoring balance and equilibrium at a cellular level. Our most potent and effective topical treatment for pain will reduce inflammation and relieve tense muscles.

**Healing Properties:** *Balance. Inflammation Reduction. Improved Sleep.*

### TRADITIONAL THAI MASSAGE

**90 MIN \$365**

Enjoy a blend of stretching, deep compression, rhythmic pressing and moving the body into yoga-like poses. This relaxing experience increases flexibility, improves circulation, and helps you achieve better body alignment.

*This session takes place on a mat, loose-fitting clothing or yoga attire is required for this treatment.*

**Healing Properties:** *Range of Motion. Enhanced Mind-Body Connection. Reduce Stress and Anxiety.*





## MATERNITY MASSAGE

60 MIN \$245 | 90 MIN \$345

A tailored massage designed to gently soothe expectant mothers in their second trimester or beyond. Utilizing a special calming oil, along with comfortable pillows and bolsters, this massage aims to enhance sleep quality, alleviate stress, and reduce pain.

**Healing Properties:** *Relaxation. Improved Circulation. Pain Relief.*

## COUPLE'S MASSAGE

60 MIN \$500 | 90 MIN \$700 | 120 MIN \$900

A side-by-side massage allows partners to receive therapy simultaneously, with therapists working together to provide a shared experience. This type of massage can deepen the connection between partners, fostering closeness and relaxation through synchronized movement.

**Healing Properties:** *Connection. Relaxation. Reduce Stress.*

## ESCAPE TOGETHER

120 MIN \$995

Immerse in a serene chromotherapy tub together, savoring seasonal refreshments and delightful aromas. Follow this with a side-by-side massage, designed to deepen your connection and foster closeness through a shared environment and synchronized movements. This service includes a complimentary gift, courtesy of Stein.

**Healing Properties:** *Reconnection. Relaxation. Lasting Memories.*

## IN-ROOM MASSAGE

90 MIN \$450 | 120 MIN \$550

Relax with a massage in the comfort of your room. The therapist will bring the spa to you, where you will enjoy a customized Stein's Freestyle Massage.





## FACIAL TREATMENTS

### ORGANIC OPULENCE FACIAL

60 MIN | \$265

A grounding, radiant ritual rooted in nature's purest offerings. Experience deep restoration with this exquisite facial, crafted using a biodynamic, certified-organic skincare that honors the rhythms of the earth. Designed to nourish skin at the cellular level, this ritual combines potent plant actives, with ancient techniques to deliver a luminous, lifted complexion. Recommended for all skin types seeking radiance, renewal, and true skin harmony.

**Healing Properties:** *Renew. Bloom. Radiate.*

### HYDRAFACIAL®

60 MIN \$245 | 90 min \$445

HydraFacial® delivers deep cleansing, gentle extractions, and intense hydration in one seamless, non-invasive treatment. Using patented Vortex-Fusion® technology, it lifts away impurities while infusing the skin with antioxidant-rich serums, peptides, and hyaluronic acid for a brighter, plumper, and more radiant complexion. Perfect for congested, dull, or dehydrated skin, this facial leaves you instantly refreshed with an unmistakable glow.

*When you enhance the 90-minute experience, it includes lymphatic drainage for improved circulation and detoxification, along with a customized skin booster.*

**Healing Properties:** *Purify. Hydrate. Illuminate.*

### STEIN'S FACIAL

60 MIN \$245 | 90 MIN \$345

Experience the ultimate in personalized skin rejuvenation with Stein's Facial. Our expert estheticians will collaborate with you to customize each step of the treatment, addressing your unique skin needs for a truly tailored experience. This indulgent facial combines advanced techniques, nourishing masks, and targeted serums to refresh, renew, and restore your complexion, leaving you with visibly smoother, more radiant skin. Whether you're seeking hydration, anti-aging, or deep relaxation, this bespoke facial is designed to bring out your skin's best.

**Healing Properties:** *Revitalize. Rejuvenate. Refresh.*



## OXYGLOW FACIAL

60 MIN | \$275

A brightening oxygen ritual to hydrate, refresh, and revive your glow. This advanced facial delivers radiance-boosting ingredients to instantly energize tired, lackluster skin. After a gentle exfoliation to refine texture and tone, your skin expert applies a brightening oxygen treatment to revitalize dullness and encourage healthy circulation. To target pigmentation and enhance brightness, a Vitamin C mask is applied to reduce the appearance of dark spots and uneven tone, leaving your skin looking clearer and more luminous.

**Healing Properties:** *Glow. Brighten. Revive.*

## CHAM-BUCHA FACIAL

60 MIN \$265

Harness the microbiome-balancing power of Kombucha in this rejuvenating facial, designed to restore your skin's protective barrier and enhance overall skin health. This treatment works to replenish, soothe, and refresh, while targeting dull, unbalanced skin to bring back its natural luminosity. Perfect for rebalancing, improving texture, and promoting a healthy, glowing complexion, this facial will leave your skin visibly brighter, nourished, and revitalized.

**Healing Properties:** *Balance. Restore. Nourish.*





## ELEVATE YOUR TREATMENT

Pair with any treatment

### COLLAGEN EYE OR FACE MASK \$30

Hydrogel technology is infused with key nutrients to brighten, reduce fine lines, and hydrate.

### RELAXING FOOT MASK \$30

This leave-on rescue mask brings comfort to dry skin. Rough feet look and feel instantly renewed.

### ANTI-INFLAMMATORY \$30

Provide your skin and muscles with additional botanical ingredients to help with muscle recovery, increase relaxation, and improve quality of sleep.

### SCALP TREATMENT \$30

Hydrating products are used to target scalp health, reduce tension and promote relaxation.

### IONIC DRY BRUSH \$50

Stimulate the lymphatic system, exfoliate, and reduce inflammation. Keep the dry brush as a gift to continue the benefits long after your treatment.







## NAIL TREATMENTS

### ALPINE MANICURE \$100

A delightfully hydrating treatment for the delicate skin of the hands. The manicure offers nail and cuticle care, exfoliating scrub, paraffin, and massage to soothe hands leaving them looking elegant and well groomed. This manicure is complete with your choice of vegan Dazzle Dry polish or Shellac application.

### ALPINE PEDICURE \$110

This moisturizing pedicure offers a relaxing foot soak, hydrating scrub, nail and cuticle care, softening foot mask and massage. This session is complete with your choice of vegan Dazzle Dry polish or Shellac application.

### CBD MANICURE & PEDICURE \$210

A hydrating and relaxing treatment for the hands and feet. Including an exfoliating scrub, nail care, and specialty CBD products used to massage and soothe the skin, leaving you looking elegant and well groomed. This is complete with your choice of vegan Dazzle Dry polish or Shellac application.





## ELEVATE YOUR NAIL TREATMENT

Paraffin \$30

Gel Removal \$30

Collagen Eye or Face Mask \$30

## SALON TREATMENTS

Haircut \$65

Haircut & Style \$125

*Includes haircut, blow dry, styling products.*

Shampoo & Style \$100

Deep Conditioning Blowout \$115

*Includes products for hydration and repair.*

Partial Foil Highlight \$200

Full Foil Highlight \$300

Full Color Coverage \$200





## WELLBEING TREATMENTS

### INTUITIVE INTERACTION

**\$444 / 90 min**

Engage in a personalized, heart-centered session that invites deep dialogue, energetic alignment, and intuitive reflection. In this holistic treatment you will experience a one-on-one journey with our gifted intuitive. She will tune into your energetic field in a safe and secure environment, to offer insights, guidance and gentle clarity around the questions or themes most present in your life. Whether you are seeking direction, healing, or simply a moment of soulful connection, Intuitive Interaction is a powerful opportunity to explore your inner landscape with compassion and curiosity.

*Please note, this is a fully clothed session: we recommend comfortable loose-fitting attire to ensure ease & relaxation.*

### INNER WISDOM CONNECTION

**\$444 / 90 min**

Awaken your intuition and reconnect with your inner guidance in this deeply restorative experience. Designed to quiet the mind and open the heart, the Inner Wisdom Connection blends gentle energy work, guided meditation, and intuitive insight to help you access clarity, balance, and a renewed sense of purpose. Ideal for those seeking spiritual alignment, navigating life transitions, or those of us who are ready to finally stop repeating the same behavior that is not working. This session offers a serene space to reflect, release, and realign with your truest self.

*Please note, this is a fully clothed session: we recommend comfortable loose-fitting attire to ensure ease & relaxation.*







## ENERGY RESET

**\$333 / 90 min**

Relax in mindful silence as your healer uses gentle frequency techniques; connecting points on the head, hands and feet, to revitalize and reset your energy to a more empowered state. After this energetic recalibration is complete, feel an enhanced sense of wellbeing, clarity, and spaciousness in the mind, body and being.

*Please note, this is a fully clothed session: we recommend comfortable loose-fitting attire to ensure ease & relaxation.*

## GROUNDLED SOLES

**\$444 / 75 min**

Bring your body into balance while precise direct pressure is applied to the various “zones” of the feet. Experience rejuvenation by stimulating your body’s natural regenerative capabilities. Foot Zoning Therapy is an amazing healing modality that at minimum: can reduce stress, create synergy and enhance all functions of the body and its systems. Integration of gemstone tools in your session time can provide therapeutic benefits.

*Please note, this is a fully clothed session: we recommend comfortable loose-fitting attire to ensure ease & relaxation.*







## ABOUT OUR WELLBEING SPECIALISTS

Sugar Forbes offers personalized spiritual insight, energy work, and holistic guidance to guests seeking clarity, balance, and renewal. With a deep foundation in intuitive perception, she brings a heightened awareness of energy, messages, and emotional insights, allowing guests to connect with their inner wisdom in a meaningful and transformative way. Her practice is rooted in a degree in Psychology with an emphasis on ethical and professional conduct, ensuring that every session is delivered with integrity, compassion, and respect for the guest's unique journey. Sugar prioritizes clear communication and empathy, providing gentle yet insightful guidance while maintaining the highest level of confidentiality and trust. Whether through energy readings, guided meditation, intuitive coaching, or mindfulness practices, her goal is to help guests navigate life's transitions, stress management, and personal discovery.

Wendy Wise is a renowned specialist of holistic clinical knowledge in the field of Regenerative Wellness with a deep connection to her First Nation (Native American) Indigenous heritage. She has a wealth of wisdom and innate gifts, specializing in facilitating profound transformations by combining Ancient Wisdom and cutting-edge technology. Over the course of her journey, and personal healing story, Wendy's impact has reached far and wide, sharing her profound insights and inspiring countless individuals. In addition, Wendy has cultivated over 25 years of experience in the health and wellness industry. Previously, she provided consultation services, education and created customized wellness protocols for over 5,000 doctors, hospitals, holistic pharmacies, and schools. With her extensive background and diverse clientele spanning across local, virtual, and private settings, Wendy has worked with thousands of clients as a clinician, speaker, teacher, consultant, and lead educator of wellness cohorts. Through her profound insights, compassionate guidance, and unwavering dedication, she is a true well-being advocate, providing practical strategies for the body on all levels with lots of heartfelt wisdom, wit, and intuitive guidance. Her background is in pre-med w/focus on nutrition and her expertise is in the following areas: *Bio Harmonization, Epigenetics, Detoxification, Facial Mapping, Herbalism, Iridology, Longevity, Molecular Hydrogen Therapy, Nervous System Regulation and Advanced Regenerative Health*



## PRIVATE YOGA & MOVEMENT SESSIONS

Experience an exclusive Yoga Session, Mindful Meditation, Foam Rolling, Barre, Strength Class, or Sound Therapy with a private instructor in our Verdandi studio. Catered to your individual or group needs, goals, and pace.

**1-2 Guests \$200 | 3-4 Guests \$300 | 5-10 Guests \$500**  
**11-15 Guests \$1,000 | 16-20 Guests \$1,500**

## TOUCHLESS TREATMENTS

### OXYGEN THERAPY

**25 MIN \$45 | 45 MIN \$75**

Supplemental oxygen provides numerous health benefits including high altitude relief, mental clarity, and detoxification. This treatment is particularly beneficial at higher altitudes.

### BOOT RELIEF

**25 MIN \$45 | 45 MIN \$75**

Boost circulation with this fast flush compression system. A quick session in our Therabody® Jet boots will decrease swelling and stiffness, reduce delayed onset muscle soreness, and relieve muscle fatigue.





## RESERVATIONS

For maximum convenience and flexibility, we recommend that you schedule spa sessions in advance of your visit. We ask that you arrive at least 30 minutes prior to your scheduled appointment so as not to disrupt the length of your treatment.

Appointments may be guaranteed with a credit card or Stein Collection lodging confirmation. As we reserve your appointment time especially for you, please provide 24-hour advance notice for adjustments or cancellation. No-shows or cancellations within 24-hours of appointment time will be billed at the full cost of the service plus gratuity.

**Spa Concierge** (435) 645-6475

**After hours** (855) 876-4395

## AGE POLICY

**Spa Treatments** (*Massages, Facials, Body Treatments*):

Only individuals 18 years and older may receive these services.

**Salon Services** (*Manicures, Pedicures, Hair Treatments*):

Minors aged 12–17 may receive these services with a signed parental consent waiver. A parent or guardian must always accompany the minor for salon & fitness access.

**Fitness Center Access:**

- 18 years and older: Full access permitted.
- Ages 16–17: May access the facility with a signed parental release waiver.
- No one under 16 will be allowed in the fitness center.

**Spa Facilities** (*including locker rooms, steam rooms, saunas, hot tubs, cold plunges and gender specific relaxation lounges*):

18 years and older only. Minors are not permitted in spa locker rooms or relaxation lounges under any circumstances.