



FALKENSTEINER

RESORT CAPO BOI

Premium Collection

Every month
a different Sardinia.

**Program of experiences
at Falkensteiner Resort Capo Boi**

May 2024



Discover all the sides of Sardinia

Our approach to hospitality evolves from year to year, adapting to each type of guest. We fully understand the reasons of those who choose our corner of paradise in south-eastern Sardinia to enjoy the turquoise sea, white sand, cuisine and other services that make a perfect holiday. At the same time, we believe that an immersive experience in the area, which helps to get to know it better is the right answer for those who want to discover the destination at its best, combining moments of relaxation with those of discovery and adventure.



For this reason, we have decided to dedicate a different topic to each month: Sardinia is one but there are so many experiences that guests can enjoy to become experts of the island. For each month, different activities focused on a different topic to enrich a holiday and make it truly a memory-book experience. Choose the ones that suit you best.

A person wearing a white lace-trimmed blouse and a yellow skirt with a red sash is rolling dough on a wooden board. In the foreground, there is a wooden tray with long, thin, light-colored pasta-like items and a white bowl. The background is a blurred outdoor setting with a white archway and a potted plant.

May

The month of traditions

Sardinia is an island with strong and deep-rooted traditions. If you think back to antiquity, these roots go back to mystery.

But this is not what we are proposing. We have preferred to focus on experiences that allow you to experience a month full of traditional dishes, landscapes and local festivities.

How to make May a special month

HIGHLIGHTS

JEEP TOUR 4x4 WITH TOUR OF ANCIENT ROVES

Off-road tour of the coast with a visit to the most beautiful beaches, the archaeological area of 'Is Concias' and the nearby natural waterfall of S.Pietro Paradiso. The excursion includes a short trek through the Mediterranean maquis to reach the waterfall. You can book this experience for a fee with the hotel concierge.



DINING IN A REAL SARDINIAN HOME

Experience the authentic flavours and cultural richness of southern Sardinia with an enchanting evening in a traditional Sardinian home. Immerse yourself in the warmth of Sardinian hospitality while enjoying a meticulously prepared dinner with local specialities and traditional recipes. Enjoy the vibrant atmosphere enhanced by live music and traditional dance performances, offering a glimpse into the island's rich heritage. You can book this experience for a fee with the hotel concierge.





FREE EXPERIENCES

SERATA SARDA IN HOTEL

Every Tuesday the tables of Artigiani Restaurant & Terrace are coloured with Sardinia! The dishes you will find at the cooking stations, barbecues and buffets are all typical of the Sardinian tradition. You can therefore take a journey through the flavours of the island's cuisine also in the hotel and at no extra cost.

HOMEMADE PASTA MONTH

Pasta making in Sardinia is an ancient art, enriching the world-famous Italian tradition with absolutely surprising and delicious creations. From the typical gnocchetti (malloreddus) to the tasty culurgiones, every night of the month at Artigiani Restaurant & Market you can get to know and taste a different type of local pasta. It is possible to request pasta-making lessons with our chef at the hotel (for a fee).



MAY 1st , FEAST OF SANT'ELFISIO IN CAGLIARI

In Sardinia, one of the most heartfelt regional feasts is celebrated on May 1st as the capital town Cagliari celebrates Saint Ephesus. It's an amazing traditional religious and folkloric celebration. During this day, Cagliari comes alive with colours, sounds and traditions, with thousands of people taking part in the evocative procession in honour of the patron saint. The highlight of the festival is the procession of the devoted coming from all over Sardinia, who parade in traditional Sardinian dress.



Good to know

The secret of Sardinia's longevity lies in its Mediterranean lifestyle, which combines a diet rich in local products, an active lifestyle and strong ties, particularly in 'Bluzone' areas such as the province of Nuoro, making it a reference point for researchers and wellness enthusiasts.

Contact our concierge for customised experiences to discover these secrets of longevity.

Welcome Home!

Falkensteiner Resort Capo Boi

Loc. Piscadeddus
Strada provinciale 17
09049 Villasimius (CA)

FOR RESERVATIONS

contact our Concierge
+39 070 09 97 31 - conciERGE.fcb@fatravel.it
9.00 - 13.00 & 16.00 - 19.00