

ALMANAC

B A R C E L O N A

WELLNESS AT ALMANAC



TOUCH

EXPERIENCE THE ENERGIZING AND SOOTHING TOUCH BY THE EXPERT HANDS OF OUR PROFESSIONALS. RE-ENERGIZE WITH OUR EXCLUSIVE SELECTION OF RITUALS AND MESSAGES TO ENJOY A CALMING JOURNEY WHERE TRANQUILITY WILL ENCOMPASS YOU.

WELLNESS AT ALMANAC IS A LUXURY GETAWAY, A TRANQUIL URBAN RETREAT, WHERE VISITORS CAN CHOOSE FROM A PRIVATE SAUNA AND STEAM ROOM, A RELAXATION LOUNGE AND A WELL-EQUIPPED FITNESS FACILITY. THE WIDE RANGE OF SOOTHING MASSAGE RITUALS AND TREATMENTS ALLOWS YOU TO EMBARK ON A PERSONALIZED JOURNEY



TREATMENTS

TRAVEL RECOVERY MASSAGE

Destress, unwind, restore – body ritual

60 min / 125€
90 min / 175€

Lose yourself in the soothing aromas of lavender oils with relaxing and balancing properties that benefit the nervous system. This experience is specifically designed for our globetrotting clients to relieve body tension and provide a feeling of peace and harmony.

JET LAG MASSAGE

Pamper yourself and re-energize

60 min / 125€
90 min / 175€

The ideal way to recover from a long trip or a busy day in the city. This massage is a combination of relaxing and deep movements centered on feet and legs as well as a relieving back massage. Enhances the body's natural healing ability, eliminating fatigue.

INSTANT FLOW FACIAL

Recover your skin's luminosity

60 min / 145€

Complete personalized facial treatment with advanced organic products to renew skin cells.

Your skin will feel smooth, firm and luminous, whilst being revitalized and nourished from within.

RELIEVER MASSAGE

Relax your muscles,
liberate energy blockades

60 min / 125€
90 min / 175€

This deeply therapeutic, holistic treatment combines the power of essential oils with long fluid movements and massage techniques. This massage creates a feeling of physical relaxation and calm, while mentally uplifting and clearing the mind.

ALMANAC EXPERIENCE

Body massage and facial

90 min / 195€

Slow, deep pressure and skillful hand movements target stressed leg muscles, stimulates circulation and gives relief to deep-seated muscle tension. A stimulating and profoundly energizing massage enhances the body's natural healing ability, eliminating fatigue and promoting general good health.



IN-ROOM SERVICES

Transform your suite into an oasis of relaxation. Revive yourself with one of our carefully selected treatments and allow our qualified and experienced therapists to soothe and relax your mind and body in the intimacy of your own suite.

Treat yourself to one of the following treatments in your suite: Travel recovery, Reliever or Jet lag massage.





ETIQUETTE & INFORMATION

ARRIVAL

Please arrive 15 minutes prior to the start of services to settle into your robe and sandals, as well as to enjoy the use of the wellness facilities. We require filling out a short intake form so the therapist is aware of your needs.

CANCELLATIONS

We strive to offer you an exceedingly personal and relaxing experience, and for this reason we set a treatment time aside just for you. We would like to request that you notify us in good time of any cancellation or rescheduling. In the event of no-shows and cancellations made within 4 hours before the treatment time, you may be requested to pay up to 50 % of the price of the services you have booked. In the event of lateness, your treatment time will be reduced in order to avoid inconveniencing the next guest.

PAYMENT METHODS

The hotel accepts cash and credit cards. Hotel guests can add the cost of this service to their bill. Value Added Tax (21 %) is included in the price. A credit card or hotel reservation will be required to secure all bookings.

IN-SUITE TREATMENTS

Treatments provided in the privacy of your suite will be under appointment.



ALMANAC BARCELONA
GRAN VIA DE LES CORTS CATALANES, 619-621
BARCELONA, SPAIN 08007

+34 930 187 000 EXT. FOR IN-HOUSE GUESTS 352
CONCIERGE.BARCELONA@ALMANACHOTELS.COM
[ALMANACHOTELS.COM/BARCELONA](https://almanachotels.com/barcelona)