LUNCH MENU

SALADS

GOLDEN ROCK CATCH OF THE DAY

Mixed greens, bell pepper, fresh fruits, red onion, Cherry tomato, mango balsamic drizzle, pineapple salsa

CAESAR À LA CITRUS



Romaine lettuce, citrus segments, parmesan cheese Caesar dressing, garlic bread stick

Add chicken (blackened or plain seasoning) Add shrimp

TUNA SASHIMI

Oriental marinated tuna, three pepper-papaya salsa, Mixed greens, orange teriyaki dressing

BEEF FILET OVER MIXED GREENS

Tomato, red onion, grapefruit, Gorgonzola-guava dressing



SOUP OF THE DAY

TRENCHES OF BEEF TENDERLOIN

Fried potato slices, arugula-tomato slaw, Garlic-yoghurt drizzle

VEGETABLE QUESADILLA /



Add chicken (blackened or plain seasoning) Add beef Add shrimp

MIXED SNACK PLATTER FOR TWO

SANDWICHES

LEEWARD ISLAND FISH SANDWICH

Fresh herb-lemon marinated grilled fish fillet, tomato, Lettuce, jerk mayonnaise, multi-grain panini, Apple-chocho salad, plantain chips

PHILLY CHEESE STEAK

Tomato, lettuce, jerk mayonnaise, sun-dried tomato bun, Apple-chocho salad, french fries

EAST CARIBBEAN CHICKEN PANINI

Blackened grilled chicken breast, tomatoes, lettuce, Ciabatta, honey mustard aïoli, coleslaw, French fries

TROPICAL DREAM BURGER

Teriyaki glazed grilled burger, grilled pineapple, Jalapeño, bacon, gorgonzola, apple-chocho salad, French fries

CLUB SANDWICH

Chicken, cheese, fried egg, bacon, tomato, lettuce, Coleslaw, jerk mayo, french fries

VEGETARIAN MUFFELETTA



Hummus, tomato, jalapeño, waldkorn bread



JERK MARINATED CHICKEN

THIN SLICED BEEF & GORGONZOLA

DESSERTS

ICE CREAM & SORBETS (PER SCOOP)

Ask your server for our featured ice creams and sorbets

DESSERTS OF THE DAY

Ask your server for our freshly prepared desserts

KIDS

CHICKEN TENDER & FRIES

PASTA TOMATO SAUCE 🌈

FISH FINGERS & FRIES

CHEESE PIZZA

KIDS BURGER & FRIES



COFFEE & TEA

BLACK COFFEE

ESPRESSO

DOUBLE ESPRESSO

CAPPUCCINO

LATTE

BLACK AND HERBAL TEA SELECTION

FRESH MINT TEA



DESSERT MENU



DESSERTS

CHOCOLATE LAVA CAKE

CHOICE OF ICE CREAM

TRADITIONAL CRÈME BRULEE

FLAVOUR OF THE DAY

SACHER TORTA

CHOICE OF ICE CREAM

PINA COLADA COBBLER

APPLE CINNAMON CAKE

CHOICE OF ICECREAM

HOME MADE WAFFLES

VANILLA ICE CREAM RASPBERRY SAUCE

ASSORTED ICE CREAMS & SORBETS

WARMERS

IRISH COFFEE

JAMESON IRISH WHISKEY

CAFÉ ROYALE

HENNESSY COGNAC

B52 COFFEE

BAILEY'S | KAHLUA | GRAND MARNIER

MOLTEN QUILL COFFEE

TIA MARIA | FRANGELICO MILK CHOCOLATE LIQUEUR

BREEZE HOT TODDY

MAKER'S MARK BOURBON | HONEY LEMON | CINNAMON



*THIS IS ONLY A SAMPLE MENU. ACTUAL MENU FEATURES SEVERAL ADDITIONAL DISHES AND IS SUBJECT TO CHANGE.