

"HE STABILIZED THE KANOE AND HEADED BACK TO THE MOUTH OF THE RIVER. HE QUICKLY FORGOT ABOUT THE KAREY AS HE WATCHED THE TURQUOISE WATERS TURN SILVERY BLUE FROM ALL THE LITTLE SETI FISH CIRCLING AND DARTING BACK AND FORTH JUST BELOW THE SURFACE OF THE WATER." "...FOR HIS KANOA WAS ALMOST FULL OF SILVER SETI THAT STILL WRITHED FULL OF LIFE." ~LEGEND OF THE RAHU CAVE

## **MASSAGE RITUALS**

### NI SPA MASSAGE RITUAL

Get ready to unwind and make self-care a priority. Inhale the rich scent of your preferred massage oil and prepare to slip into a deep state of relaxation. Your therapist will combine different massage techniques designed to relax and reduce muscle tension.

### \*ATABEY HOTSTONE MASSAGE

Exclusive massage with green tea, white tea, and lemongrass, topped with hot Himalayan salt stones. A total relaxation experience that connects your senses to the natural elements.

### **CARIBBEAN SEA FLOATING GAZEBO**

Breathe in the salt air as you drift off to a serene state of relaxation and peace. Our Floating Gazebo is the perfect location for a couple's massage or single massage. Enjoy calming and meditative vibes while listening to the waves settle into the shore.

## \*BIBÍ "MOTHER"-TO-BE MASSAGE

The perfect massage for expecting moms! Our Mother-To-Be Massage is tailor-made for you, combining safe prenatal techniques and special cushions to keep you comfy. Enjoy our citrus, cilantro, and ginger oil blend while your body relaxes and recharges. Say goodbye to fatigue and get ready to conquer the rest of your pregnancy! Third trimester only.

### **AREÍTO MASSAGE**

Time to repair and heal your muscles with a deep-tissue sports massage. Using our Mejorana oil blend of peppermint, tea tree, and essential oils, your therapist will stretch and help you release tension and lactic acid build-up. The perfect massage for athletes or anyone looking for a therapeutic experience for muscle relief and spasms.

### REFLEXOLOGY RITUAL

Reflexology is all about applying different amounts of pressure to the feet or hands. Based on the theory that these body parts are connected to certain organs and body systems. Let us connect the elements of your body to help improve overall well-being.



<sup>\*</sup>Services upon availability

<sup>\*\*</sup>These prices do not include the Service Charge (20%) or PR TAX (11.5%) which will be applied upon check out.

## **BODY TREATMENTS & VICHY SHOWERS**

## **GÜEY "SUN" AFTER SUN TREATMENT**

Enjoy the sun worry-free with this restorative treatment. It starts with a chilled application of aloe and collagen gel to soothe your skin, followed by a gentle massage with hydrating lotion for maximum moisture. Once you're done, you can plan another Sunday Funday knowing your skin is ready for more.

### **KACIKE "CHIEF" BODY TREATMENT**

Treat your skin to the benefits of red wine with a collagen and vitamin blend. It starts with a dry-brush exfoliation, followed by the application of red-wine gel for deep hydration and an antioxidant boost your skin will love.

## ISLAND AJI'S TREATMENT BODY TREATMENT

Enjoy vacation without worrying about diets with our slimming body treatment. Exfoliate, apply slimming gel, and finish with hydrating lotion. Caffeine and Puerto Rican pepper stimulate circulation, leaving your skin smooth and moisturized.

### **LOCAL SALTS BODY SCRUB**

Retreat to our Vichy shower, where your therapist will exfoliate your body with our Cabo Rojo salt harvested from the southwest coast salt flats. Remove dead skin cells, and after a thorough cleansing, we finish with an application of our signature lotion. Let the sea salt scrub away impurities, leaving you refreshed and soft.

### **PASSION FRUIT BODY SCRUB**

Where the tropics blend with the skin. This treatment is performed in the Vichy shower. We exfoliate your body and rinse. Inhale the heavenly scents of passion fruit and mango while your body gets the deep clean it deserves. We finish with an application of our signature lotion to keep your skin richly hydrated.

### KAREY "GREEN SEA TURTLE" BODY TREATMENT

Enjoy a wrap with sea algae and Caribbean clay to tone, exfoliate, and detox your body. The experience starts with a dry-brush exfoliation, followed by a warm mask that purifies your skin. While the wrap works its magic, you'll receive a relaxing scalp massage, and to finish, a 30-minute relaxing massage completes the experience.

#### EARTH-GROUNDING BODY TREATMENT

A detox treatment with roses and clay that purifies and revitalizes your skin. Start with dry-brush exfoliation, followed by a warm mask, a relaxing scalp massage, and finish with a 30-minute massage to recharge your energy.

## **SKIN CARE**

### NI SPA FACIAL RITUAL

This facial is for all skin types to cleanse, hydrate, and rejuvenate the skin using organic products with our exclusive cassava and pineapple mask custom-formulated just for Ni Spa. Detox and purify your skin. Hydrate your skin and feel it glow as you relax. The 90-minute facial includes a leg and foot massage with our signature lotion.

### NI SPA SIGNATURE RENEWAL FACIAL

Personalized experience designed to address your unique skin type and overall needs. Guided by the principles of Ayurveda, this facial harmonizes your skin by balancing its natural elements, restoring vitality, and promoting radiant glow while giving you a healthy rejuvenated looking skin. Different skin types require different kinds of skin care, this one is designed for your specific needs.

### **SALON SERVICES**

### \*HAIR STYLING

Our elite hairstylists are ready to give you sultry beach waves or a sophisticated up-do. The stylists will treat you to a luxurious scalp massage. We'll match our specialty hair products for your specific hair type and make sure you leave looking and feeling your best.

### \*HAIR TREATMENT

Give your hair a dose of hydration and shine with an indulgent hair mask to address your hair needs and help rebuild the hair by putting back the lost protein into your strands.

\*Services upon availability

\*\*These prices do not include the Service Charge (20%) or PR

TAX (11.5%) which will be applied upon check out.

### **MANICURE**

Treat your nails to island perfection.

#### **PEDICURE**

Treat your feet to a relaxing and beautifying pedicure. Our pedicurist will slough off dead skin cells to reveal smooth and moisturized feet.

### **GEL MANICURE**

A gel polish manicure designed to last your whole vacation and even longer... up to 2 weeks! The result is high-shine nails with no chipping, peeling, or cracking.

### **GEL PEDICURE**

Keep those toes looking good for up to a month with our gel pedicure. The result is high shine nails with no chipping, peeling, or cracking.

## **RAHÚ "CHILD" MANICURE**

Enjoy a day of beauty with a kid's manicure. Our manicure includes an individually sealed manicure kit as a gift to take home.

## RAHÚ "CHILD" PEDICURE

Pedicures aren't just for grown-ups. Let your young ones experience a fun and relaxing pedicure. Kids get to choose from pink or animal print Pedi kits.

NAIL POLISH CHANGE (\*\*\$25)
FEET POLISH CHANGE (\*\*\$35)
GEL REMOVAL (\*\*\$15)
CLASSIC FRENCH (\*\*\$15)

### **ENERGETIC HEALING**

### **REIKI THERAPY**

Ancient Japanese healing technique channels universal life energy to promote balance, harmony & well-being. Our highly trained Reiki Masters & Practitioners will guide you on a transformative journey of inner peace and profound relaxation.

### **SOUND BATH**

This ancient sound healing practice harnesses the body's own vibrational properties on a cellular level. Regulating energy flow. The sound activates the chakras and remove energy blocks to promote good health. The mind is centered and focused on the sound.

## THE 333 ROAD TO WELLNESS PROGRAM

This program is a transformative wellness journey designed to promote balance, relaxation and overall well-being, to help you connect, feel recharged and grounded. Group and private classes including yoga, guided meditations with sound bath are available at Ni Spa, as well as nature walks & hiking. Contact Spa Reservations for a current weekly schedule or appointments at (787) 821-0505 ext 770 or 1-939-252-1600. Here is an overview of its components:

### **YOGA CLASSES**

Experience a variety of Yoga styles led by our skilled teachers, offering modifications for any skill level. Twice a month. Get a complimentary mocktail from Las Palmas Restaurant after class. Yoga classes are also available for groups, please call the spa for more information.

### **SUNRISE YOGA**

Start your day with energizing poses and mindful breathing as the sun rises. Recharging class that promises to set the tone for the rest of your day.

### **SUNSET YOGA**

Focused on relaxation and deep stretching to release tension, rejuvenate the body before getting a night's rest.

#### **SERENITY SUNDAYS**

One Sunday a month, the spa provides a tranquil oasis for relaxation and renewal that encompass a feature of the wellness activities so you can enjoy a variety of them at once. Activities like: Meditation art workshops, Guided meditation with sound healing, workshops for couples, Yoga, Kayak tours, hiking & nature walks, wellness brunches and a lot more. Make sure to call the spa for more information.

### **333 NATURE WALKS**

Our 333 Road is surrounded by a natural reserve, Bosque Seco de Guánica, a Biosphere Reserve, one of the worlds most extensive tropical dry coastal forest, that is home to hundred of species of animals and plants. It features 12 trails to choose from like Ballena Trail, Cueva Trail, and Fuerte Capron. One of our most visited sights, Fuerte Capron a 20 minute trail (1 hour if you start at Bosque Seco) with some of the most scenic views in the dry forest. Along the way, enjoy the sights of the exotic birds and wildlife. Please call the Spa for more information about our nature walks and hykes.

### **GUIDED MEDITATIONS & SOUND BATHS**

NI SPA invites you to the entry a portal of pure bliss. Guided meditations under our Ceiba Tree. Enjoy your morning meditation accompanied with the melodious sound of a steel tongue drum. Half hour of stress melting meditation and sounds, surrounded by one of our most beautiful gardens under our Ceiba tree. One of the most venerated tree by our taino ancestors. Please contact the spa for more information.

## **MEMBERSHIPS**

The 333 Road to Wellness Memberships provide exclusive benefits tailored to support your wellness journey:

Membership Tiers:

**Iaia Membership** (1 full year membership)

Atabey / Yokahú Membership (1 full year membership) ·

Kalata Membership (1 full year membership) ·

Turahu Membership (6-month membership)

Nakan Membership (3-month membership)

## Membership Benefits include:

- Enrollment Gift
- Monthly 30, 60 or 90-minute Ni Spa Ritual Massage or Facial (time of service depends on type of membership)
- Unlimited tea and flavoured water
- Access to the Spa Facilities; Locker Area with Robe and Slippers, Aroma Steam Room and Outdoor Showers. (\*Blackout Dates, \*and by reservation) considered
- Access to Fitness Center and Tennis Courts (\*Blackout Dates, and by reservation opens 9:00 am 6:00 pm)
- 1 or 2 complementary half hour water sport rental (depending on membership)
- 1 or 2 complimentary day pass a month (depending on membership)
- 1 or 2 complimentary Yoga Class a month (depending on membership)
- 10% to 20% off in 333 Road to Wellness Programs
- 10% to 20 % off Days (depending on membership) in:
  - -Additional Spa Rituals -All Restaurants -Bazaar Boutique -Nautic Offerings -Best Available Rate.

(Membership benefits and prices are subject to change every year)

## **SPA & FITNESS HOURS**

**SPA - 9AM -5 PM** (Days of operations and hours subject to change please call the spa,uses of the spa facilities: steam room, locker rooms,rainfall showers, tea bar, are available the day of your service.)

FITNESS CENTER 7AM - 6PM SPA ATTIRE

Guest bathrobes and towels will be provided in the locker. The Spa Team will provide disposable undergarments for specific treatments.

### **RESERVATIONS**

We recommend booking in advance. A credit card or room number is required to confirm your appointment. Arrive 20-30 minutes early; late arrivals may result in a shortened or cancelled treatment. Ni Spa has a diverse team of male and female therapists, and you can let us know your preference.

## **PAYMENT**

We accept cash and all major credit cards. Hotel residents may charge payment to their rooms. All prices are subject to change without prior notice.

## **SPA ETIQUETTE**

#### **CANCELATION POLICY**

Cancellation of any treatment within 24 hours will incur a 50% charge. Cancellation of any treatment within 12 hours of an appointment or no cancelation will incur a 100% charge.

### **ARRIVAL AT THE SPA**

We recommend that you arrive at least 30 minutes before your treatment. Your body will be more prepared and your muscles more relaxed. Please note that late arrivals will not receive an extension of their treatment, and will get the remainder time of their services.

### **GROUP CANCELLATIONS**

Private Groups or events must cancel at least 96 hours prior to avoid a 100% charge.

#### **VALUABLES**

We recommend that no jewelry be worn in the Spa. We ask that hotel residents leave all valuables in the safety deposit box located in your room. Management and staff accept no responsibility for the loss of money or valuables brought onto the Spa premises.

#### **PREGNANCY**

In the interest of safety, please inform us if you are pregnant. It is advised that pregnant women do not avail of heat or hydrotherapies. Pregnancy treatments are not to be performed in the first trimester, but your therapist will offer other options.

### **SPECIAL CONSIDERATIONS**

Please advise us of any medical issues you may have. Clients with high blood pressure or heart conditions should consult their doctor before any Spa treatment. Guest are advised to avoid alcohol consumption before the use of the Spa, and we also, advise that you avoid any heavy meals 2 hours before your treatments.

### **COMFORT**

Our therapists are happy to advise you on any of our treatments. Please let your therapist know if you feel any discomfort or require a change in pressure at any time during your treatment.

Under 16's will not be permitted.

#### **CELL PHONES**

As a courtesy to fellow clients and yourself, please phones should be off inside of the facilities. We appreciate your understanding.

#### **GIFT CARDS**

Gift CARDS are available to purchase at the Spa reception or by phone. They have an expiration day of 1 year beginning at time of purchase. Please note that expired vouchers may not be accepted until such a time that they can be extended by our accounts team. Non transferable and not redeemable for cash.

#### **SERVICE CHARGES & TAXES.**

\*\*A 20% service charge will be added to each treatment. These charges are allotted to the spa team that catered to your experience. PR TAX (11.5%) will be applied upon check out.

## **COUPONS, OFFERS, SPECIALS & SPA DOLLARS**

Cannot be combined between them or exchange for cash.



# **Price List**

RSVP: 787-821-0505 Ext. 770 | 1-939-252-1600 Spa@Copamarina.com

#### MASSAGE RITUALS

| Ni spa massage ritual   |         |
|---|---------|
| 30 Mins   | **\$100 |
| 60 Mins   | **\$18  |
| 90 Mins   |         |
| 30 WIII3  | \$230   |
|   |         |
| *Atabey hot stone massage   |         |
| 90 Mins   | **\$240 |
|   |         |
| Caribbean sea floating gazebo   |         |
| 60 Mins   | **\$220 |
| 90 Mins   | **\$275 |
| 30 Willis   |         |
| ADVI W. A. W. A. I.   |         |
| *Bibi "mother" - to-be massage  |         |
| 60 Mins   | **\$225 |
|   |         |
| *Areyto massage   |         |
| 60 Mins   | **\$210 |
| 90 Mins   | **\$285 |
|   |         |
| Reflexology ritual  |         |
| 30 Mins   | ***00   |
| 30 MIIIS  |         |
|   |         |
| BODY TREATMENTS & VICHY SHOWER  |         |
| DODI IKLAIMLINIS & VICIII SHOWLK  |         |
|   |         |
| 60 mins   | **\$195 |
| Güey "sun" after sun treatment  |         |
|   |         |
| Kacike "chief" body treatment   |         |
| Racine their body treatment   |         |
| taland atta hade tarataran  |         |
| Island aji's body treatment   |         |
|   |         |
|   |         |
| Local salts body scrub  |         |
| Local salts body scrub  |         |
| Local salts body scrub     Passion fruit body scrub   |         |
|   |         |
| Passion fruit body scrub  |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment   | ****    |
| Passion fruit body scrub  | **\$22! |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins   | **\$22! |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins  Earth-grounding body treatment         |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins   |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins  Earth-grounding body treatment         |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins  Earth-grounding body treatment         |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins  Earth-grounding body treatment 90 Mins |         |
| Passion fruit body scrub  Karey "green sea turtle" body treatment 90 Mins  Earth-grounding body treatment 90 Mins |         |

| 60 Mins   |         |
|---|---------|
| NI SPA SIGNATURE RENEWAL FACIAL 90 Mins   | **\$215 |
| SALON SERVICES  |         |
| *Hair styling   |         |
| STARTING AT   | **\$65  |
| *Hair Treatment   |         |
| STARTING AT   | **\$40  |
| Manicure  | **\$45  |
| Pedicure  | **\$75  |
| Gel manicure  | **\$60  |
| Gel pedicure  | **\$90  |
| Rahú "child" manicure   | **\$30  |
| Rahú "child" pedicure   | **\$45  |
| Nail polish change  | **\$25  |
| Feet polish change  | **\$35  |
| Gel removal   | **\$15  |
| Classic French  | **\$15  |
| ENERGETIC HEALING   |         |
| Reiki Therapy   |         |
| 30 Mins   |         |
| 50 Mins   | **145   |
| Sound bath  |         |
| 50 Mins   | **\$145 |
| 333 ROAD TO WELLNESS  |         |
| Price vary according to each activity, please call Ni Spa for more information. |         |
| YOGA  |         |
| Yoga classes.   | **\$35  |
| For group classes please contact the spa for a quote.                           |         |

#### MEMBERSHIPS

Please contact Ni Spa for more information.