



RALLY BAR MENU

NIBBLES

Marinated olives VG, DF, GF	4.00	Pitta Bread and Hummus VG, DF	4.00
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SHARING PLATTERS

Cooden's Sharing Meat Platter DF*, GF*	22.00	Cooden's Sharing Veg. Platter VG, DF*, GF*	20.00
sliced ham, sliced pastrami, milano salami, Golden Cross goat's cheese, marinated olives, hummus, crostini, pitta bread		grilled halloumi, chargrilled vegetables, marinated olives, hummus, crostini, pitta bread	

SALADS

Chicken Caesar Salad DF*, GF*	18.00	Smashed Avocado Ciabatta VG, DF	10.00
chargrilled chicken breast, garlic croutons, parmesan, soft boiled egg		roasted vegetables, pesto	
Beetroot and Goat's Cheese Salad V, DF*, GF	18.00	Sussex Brie Ciabatta V	10.00
baked beetroot, walnut crumbled goat's cheese, peppery roquette, orange dressing		walnut, honey, roquette	
Superfood Salad VG, DF, GF	16.00	Chicken BLT Ciabatta DF*	12.00
tri-colour quinoa, mixed leaves, grilled vegetables, chickpeas, beetroot, sunflower seeds, citrus dressing		sliced chicken breast, bacon, lettuce, tomato	

CIABATTAS

SANDWICHES

Egg, Maynnaisse & Cress	8.00
Cheese & Pickle	8.00
Ham & Dijon Mustard	8.00
Prawn & Crayfish Cocktail	8.00

* Freshly made to order, served on thick white or granary bread with crisps and salad garnish

Available 24hr

DESSERTS

Passion Fruit Cheesecake, coconut macaroons, lemon sorbet V	9.00
Bailey's Crème Brulée, lemon thyme shortbread V, GF*	8.00
Selection of Three Scoops of Ice Cream V, GF	7.00
clotted vanilla, dark Belgian chocolate, strawberry	
Selection of Three Scoops of Sorbet VG, DF, GF	7.00
lemon, raspberry	
Chocolate Brownie Sundae, brownie, hazelnut nougatine, chocolate sauce, Belgian chocolate ice cream, chantilly cream V	9.00
Selection of Sussex Cheeses, Brighton blue, Olde Sussex cheddar, Golden Cross goat's cheese, Sussex brie, chutney, grapes, crisp crackers V	13.00

Available 10:00 - 21:00

V - Suitable for Vegetarians. VG - Suitable for Vegans. DF - Dairy Free. GF - Gluten Free. V*, VG*, DF*, GF* Options Available.
Items on this menu may contain nuts. All our food is prepared in a kitchen where nuts, gluten and other allergens are present, our menu descriptions do not include all ingredients. IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW BEFORE ORDERING.
Full allergen information available on request. Prices Include VAT.
The above menu may be subject to variation or change.