STIRLING SIPS 2oz



GINGER ALL THE WAY
appleton estate rum, gingerbread syrup, lemon juice, bitters, egg white **19**

BLACK DIAMOND SOUR
spiced rum, mure, egg white, fresh lemon **19**

THE MALCOLM CAESAR
park chili vodka and house-made fenugreek hot sauce **19**

SNOWCAP SPRITZ
vodka, cranberry, elderflower, sparkling wine, rosemary **20**

THE SMOKED SUMMIT OLD FASHIONED
barrel aged scotch, maple syrup, served table side in a smoked glass **23**

CRIMSON MARGARITA
tequila, grand marnier, cranberry juice, lime juice, cinnamon syrup, bitters **19**



FROSTBITE
empress gin, lemon juice, cranberry syrup, angostura bitters **22**

THE GENTLE POUR 1oz

CHINOOK BREEZE
appleton rum, grapefruit liqueur, pineapple juice, lemon, 7up **14**

GOLDEN HOUR
low-alcohol peach liqueur, cointreau, pineapple **15**

MEADOW LIFT
st-germain, empress gin, lemon, lavender **15**

MINDFUL MIXES

"DIRTY CHAI" SHAFT
chai syrup, seedlip 94 non-alcoholic liqueur, espresso, cream **11**

SOLAS MOUNTAIN SPRING
cucumber water, aloe vera, sparkling water **11**

BLUE VELVET MATCHA
blueberries, seedlip 42 non-alcoholic liqueur, matcha, cream, lemon, vanilla **11**

SOLAS SPA
AT THE ALEXANDER HOTEL

Inspired by SOLAS Spa at The Alexander Hotel, your destination for relaxation, rejuvenation, and wellness in the heart of Canmore.

THE WINE CELLAR

WHITE	6oz	9oz
HOUSE WHITE	13	19
CAMPAGNOLA Pinot Grigio, Italy	14	20
DOPPIO PASSO GRILLO Sicilia, Italy	17	25
MOUNT RILEY ESTATE Sauvignon Blanc, New Zealand	16	23
FIELDING ESTATE Riesling, Niagara, ON	16	23
CEDARCREEK Chardonnay, Okanagan Valley, BC	18	26

RED	6oz	9oz
HOUSE RED	13	19
FAIM DE LOUP Syrah, France	14	20
PORTILLO Malbec, Argentina	15	22
ALI SANGIOVESE DI TOSCANA Toscana, Italy	15	22
SQUEALING PIG Pinot Noir, New Zealand	18	26
QUAILS' GATE Cabernet Sauvignon, Okanagan Valley, BC	18	26

ROSÉ	6oz	9oz
PASQUIERS Rosé, France	14	20
MISSION HILL RESERVE Rosé, Okanagan Valley, BC	16	23

BUBBLES	6oz
TENUTE ARNACES PROSECCO BRUT Friuli-Venezia Giulia, Italy	16
PALADIN ROSÉ PROSECCO Prosecco, Italy	17
MOËT & CHANDON Champagne, France	39



Our wines are selected with the same care as the ingredients in our kitchen, guided by flavour, season, and a sense of place. Looking to order by the bottle? Ask your server for our complete wine list.

MOUNTAIN BREWS

ON TAP 18oz 11

BLACK PILS
Banff Avenue Brewing Co., Banff

DONNY G KOLSCH
Sheepdog Brewing, Canmore

KELSEY'S WEST COAST IPA
Sheepdog Brewing, Canmore



MALCOLM BROADSWORD LAGER
Bigrock Brewing, Calgary

MICROBURST HAZY IPA
Banded Peak Brewing, Calgary

MOUNT CRUSHMORE PILSNER
Banded Peak Brewing, Calgary

PERONI LAGER
Peroni Brewery, Italy

RUTTING ELK RED AMBER ALE
The Grizzly Paw Brewing Company, Canmore

THREE SISTERS PALE ALE
The Grizzly Paw Brewing Company, Canmore

HEFE-WEISSBIER
Paulaner Brewing, Germany

BOTTLES 355ml

DOMESTIC 9
Budweiser, Kokanee, Michelob Ultra

IMPORTED 10
Corona, Stella

NON-ALCOHOLIC 7
Heineken 0.0, Guinness 0.0, Corona Cero

TALL CANS 473ml 12.5

SANS GLUTEN NEIPA
Helix Brewing, France

GUINNESS DRAUGHT STOUT
Guinness, Ireland

JASPER CRISP PILS
Jasper Brewing Company, Jasper

TEN PEAKS PALE ALE
Canmore Brewing Company, Canmore

JUICY RUMOUR NEIPA
Sheepdog Brewing, Canmore

NO BOATS ON SUNDAY CIDER
Dry, Pear, Peach

DILLON'S COCKTAILS
Strawberry & Lemon, Blueberry & Peach

SPIRITS LIBRARY

VODKA	1oz	2oz
Absolut	9	15
Compadre	8	14
Grey Goose	12	21
Park Chili	11	20
Tito's Handmade	11	20

GIN	1oz	2oz
Bombay Sapphire	9	16
Empress Gin	12	22
Hendrick's	14	26
Tanqueray	9	15
The Botanist	14	26
Wild Life	12	22
Wild Life White Grapefruit	12	22



Craving a Gin and Tonic?
Upgrade to Fever-Tree Tonic for just $2.

TEQUILA	1oz	2oz
Casamigos Mezcal	18	34
Don Julio Anejo	18	34
Don Julio Reposado	16	30
Don Mateo Mezcal	14	25
Tromba Blanco	11	19
Tromba Reposado	13	24

RUM	1oz	2oz
Appleton Estate Signature	9	16
Captain Morgan White	8	14
Captain Morgan Spiced	8	14
Captain Morgan Dark	8	14
El Dorado 15yr	14	26
El Dorado White	11	20

WHISKY	1oz	2oz
Booker's	19	31
Crown Royal	9	16
Crown Royal 12 Year	14	26
Forty Creek Barrel Select	8	14
Jack Daniel's	10	17
Jameson	9	16
Maligne Range Banff Whisky	10	18
Sortilège Maple	10	18
Wild Life Wheat	12	21

BOURBON	1oz	2oz
Basil Hayden 8yr	14	26
Buffalo Trace	9	16
Maker's Mark	11	19
Woodford Reserve	12	22

SCOTCH	1oz	2oz
Balvenie DoubleWood 12yr	18	34
Bowmore 15yr	20	38
Dalmore 15yr	28	54
Glenfiddich 12yr	16	28
Glenlivet 12yr	16	28
Johnnie Walker Black	14	26
Johnnie Walker Red	9	16
Lagavulin 16yr	26	50
Laphroaig Quarter Cask	17	31
Oban 14yr	24	46
Talisker 10yr	18	36

◆◆◆ ISLAY SCOTCH TASTING 3oz
Three smoky, distinctive whiskies from Scotland's famed island distilleries: Laphroaig Quarter Cask, Lagavulin 16, Bowmore 15 **50**

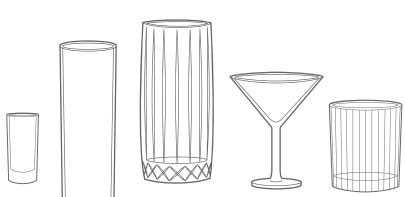
◆◆◆ HIGHLAND SCOTCH TASTING 3oz
From Scotland's Highlands, our three favourite single malts: Oban 14, Dalmore 15, Balvenie 12 **60**

SWEET SIPS 2oz

THE CINNAMON KISS
smooth cinnamon whisky, crème de cacao, swirl of cream, cinnamon stick 19

CAMPFIRE BLISS MARTINI
baileys irish cream, caramel liqueur, crème de cacao, whipped cream, toasted marshmallows, chocolate graham cracker crumble 19

THE PULSE ESPRESSO MARTINI
vodka and kahlúa perfectly balanced with The Pulse Café's freshly brewed espresso 19



DESSERT WINES	2oz	BTL
CHATEAU DOISY-DUBROCA Sauternes, France	12	95
INNISKILLIN ICE WINE Riesling, Niagara, Canada	16	115

PORT	2oz
Taylor Fladgate 10 yr	13
Taylor Fladgate 20 yr	18
Taylor Fladgate 30 yr	21
Taylor Fladgate 40 yr	28

◆◆◆ PORT TASTING 4oz
Sample a 1oz pour from each decade 39

COGNAC	1oz	2oz
Hennessy VS	8	13
Courvoisier VSOP	13	22
Hennessy XO	22	40
Grand Marnier	10	18
Grand Marnier 100 Year	20	37