

HEALTHY STARTS

🌿 **OVERNIGHT OATS** ⑤ ⑥
chia seeds, maple syrup, granola,
fresh blueberries, vegan lemon curd 14

YOGURT PARFAIT ⑤ ⑥
vanilla yogurt, granola,
mango, fresh berries 14

ROASTED VEGETABLE QUICHE ⑤
puff pastry, vegan egg, roasted
vegetables, side breakfast salad 14

EGGS & CLASSICS

🌿 **SPRING CREEK** ⑥
2 eggs any style, bacon, sausage,
malcolm potatoes, choice of toast 22

🌿 **FARMERS BREAKFAST** ⑥
2 eggs any style, malcolm potatoes,
6oz striploin, bacon jam, roasted tomato,
choice of toast 32

GARDEN OMELETTE ⑤ ⑥
3 eggs, roasted tomatoes, basil, feta,
spinach pesto, malcolm potatoes,
choice of toast 23
add bacon +2 | add ham +2

STIRLING OMELETTE ⑥
3 eggs, ham, thyme, brie, arugula,
roasted mushrooms, malcolm potatoes,
choice of toast 25

BREAKFAST CLUB ⑥
sourdough, cowboy butter, egg,
tomato, lettuce, smoked mustard aioli,
smoked cheddar, thick cut bacon,
sausage patties, baby tots 26

🌿 **AVOCADO TOAST** ⑤ ⑥
sourdough, whipped feta, sliced avocado,
poached eggs, roasted tomato, chutney,
chili crunch oil, herbs 25

THE STIRLING BREAKFAST

BENNIES

🌿 **CLASSIC BENNY** ⑥
poached eggs, shaved ham, croissant bun,
malcolm potatoes, hollandaise 24

VEGGIE BENNY ⑤ ⑥
poached eggs, potato waffle, mushrooms,
creamed spinach, hollandaise, side salad 24

ALBERTA BEEF BENNY ⑥
poached eggs, braised short rib, crispy rösti,
roasted tomato, mushroom medley, hollandaise 26

SWEET SPOT

🌿 **CRISPY FRENCH TOAST** ⑤
brioche bread, peaches & cream,
vanilla custard, cinnamon 20

SWEET & SPICY BACON ⑥
house cured bacon, sticky sweet glaze 20

PANCAKES ⑤
sour cherry sauce, toasted almonds,
whipped cream 16

SIDES

Toast 5
sourdough, multigrain, rye, white
Daily Fruit Cup 8
1 Egg 6
5 Pieces Bacon 7
Bratwurst Maple Sausages 7
Malcolm Potatoes 8
Sub Gluten Free Toast 3

DRINKS

Coffee or Tea 5
Cappuccino 8
Latte 8
Espresso 7
Americano 7
Juice 5
Smoothie 8
2% or Chocolate Milk 4

🌿 Stirling Signatures

A collection of our signature breakfast favourites.

Weekend Breakfast Buffet

Spend your weekend mornings with our signature Breakfast Buffet,
available Saturdays & Sundays from 9:00am - 12:00pm.