

CITY LIFE & FINE LIVING

RIVERSIDE

MAGAZINE

APRIL-MAY 2011

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A SPECIAL BOND
WITH SENDAI

FILM FESTIVAL

BUILD SOME
REEL-ATIONSHIPS

FITNESS

NEW MOMS, TOTS
SPIN THEIR WHEELS

ENVIRONMENT

WINNING STUDENTS
FLEX ECO-MUSCLES

PLUS

DIANNE REEVES
& ALL THAT JAZZ

PLACES TO PAMPER
THE BODY & SPIRIT

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AN ARCHITECT'S
AMAZING LEGACY

NEW TASTES
AT A LOCAL
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LEADING LADIES

KGGI'S EVELYN ERIVES
IS ONE OF THE WOMEN
WE ADMIRE



Pampering THE skin IS IN

Written by Luanne J. Hunt
and Suzanne Sproul

WITH BIKINI and flip-flop weather rapidly approaching, it's a great time to pamper yourself and enhance your beauty by indulging in a luxurious spa treatment. Local day spas offer everything from all-natural face-lifts to chocolate pedicures, as well as massages, facials, waxing, reflexology and lash and brow tinting.

Kelly's Spa

Through this summer, guests may enjoy two unique spa treatments: the chocolate truffle body wrap and the chocolate pedicure.

The body wrap is designed to provide a beauty skin experience featuring ultra-hydrating properties found in cocoa, macadamia nut oil, almond oil, ginseng and vitamins E and C. While guests enjoy the treatment that warms and conditions winter's dry skin, they'll be treated to a relaxing scalp massage. A hot towel cleanses the skin, and that's followed by a body massage using organic champagne oil.

Enjoy for 50 minutes (\$120) or 80 minutes (\$170).

The pedicure begins with a warm foot soak with fresh rose petals. Feet then are covered with a vitamin-rich Cranberry Kiss exfoliant followed with a warm chocolate truffle masque. Nails are groomed and then an organic champagne oil leg and foot massage follows. Topping it all off, guests are served pink champagne and freshly made chocolate truffles. It lasts for 50 minutes (\$65).

"Chocolate used in this combination is rich in antioxidants and helps provide a total mind/body experience," said Diana Rosure, spa director. "Both treatments are the complete 'ta-da.'"

The Mission Inn Hotel & Spa
3649 Mission Inn Ave., Riverside
800-440-5910, www.kellysspa.com

Photo by Kusha Alagband

