

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

FEBRUARY 2024



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



### Inside this Issue

- 01 Bay Gardens Resorts Celebrates Saint Lucia's 45th Independence
- 02 Full Throttle with "Taste The Bay Food Festival" 2024
- 03 Newly Opened KNOTS Poolside Bar at the Bay Gardens Marina Haven
- 04 Saint Lucia Jazz Brings To You An Amazing Lineup!
- 05 Sixes & Sunsets Sale
- 06 Spa Feature - Traveler Unwind
- 07 Tour Feature - St. Lucia Segway Adventure
- 08 Featured Employee - Nathaniel Henry

## Bay Gardens Resorts Celebrates Saint Lucia's 45th Independence



As a locally owned and operated resort chain, Independence Day celebrations resonate with the team at the Bay Gardens Resorts, and it is a special time for us all. On February 22nd, Saint Lucia observed its 45th Independence anniversary. There were a host of national activities which included the Independence baton relay, a flag-raising ceremony followed by a firework display, a military parade, national awards of excellence, Independence Lecture, Alternative Sports, and national colors day. In the lead-up to the big day, The Bay Gardens Resorts team participated in the National Baton Relay.

This eleven-day activity was geared at fostering inclusivity and community engagement across the island, as a locally made baton was carried and handed over to movers and shakers of each constituency, which included businessmen and women, athletes, civil servants, and just about anybody who wanted to get in on the action. Our directors, management, and staff came out in large numbers to support our very own, Ms. Yatsuri (Sue) Marshall, our Bay Gardens Marina Haven General Manager as she proudly represented the Bay Gardens Resorts in the northern leg of this prestigious relay along with the attendance of many other Bay Gardens staff and guests alike showing their patriotism and support with a great sense of national pride.

The Bay Gardens Resorts is happy to call Saint Lucia home and hopes that all Saint Lucians, both at home and in the diaspora enjoyed their Independence Day.

[Click here](#) to view a recap.

## Full Throttle with “Taste The Bay Food Festival” 2024



Bay Gardens Resorts announces the return of the “Taste The Bay Food Festival” A showcase of our Dine Around Program which was initiated in 2015, the second edition of our Food Festival is scheduled for Easter Sunday, March 31, 2024. Building on the success of the first food festival in 2022, this year's festival takes place at the scenic Lamar Waterfront in Rodney Bay, opposite the former Ultra Lounge, from 11AM to 9PM.

This celebration of some of Rodney Bay’s best restaurants will feature an exciting line-up of live performances, including Ezra D’fun Machine, Shemmy J, Dhirv 2 Funny, Imran Nerdy, Ricky T, Sedale, Zionomi, Meshach and Young DP, with music by DJ Pressure and The Multi-Talented Jugglers all backed up by the Invasion Band.

With the return of the charismatic host Kiedel Sonny, the festival will see both locals and visitors in attendance. Admission is priced at EC\$40, offering an accessible experience for all to enjoy. Participating restaurants and culinary establishments will offer an array of dishes and special menu items, contributing to the diverse tastes of the festival. Patrons can look forward to sampling a variety of cuisines from some of the best restaurants in the Rodney Bay area including La Mesa, Rituals Sushi, AMICI, Japanos, Frydayz, and many others.

The “Taste The Bay Food Festival” would not be possible without the generous support of our proud sponsors, including the SLHTA, Bank of Saint Lucia, Strongbow, SOL, TEF, Hot FM, Chairmans Reserve, Rubis, Rainforest Seafood Baron Foods, FICS, RCI and many more. Their commitment underlines the importance of community engagement and support for the local food and beverage industry.

For ticket sales and more information, contact the Marketing Department at Bay Gardens Resorts at [758-457-8535](tel:758-457-8535) or send an email to [marketing@baygardensresorts.com](mailto:marketing@baygardensresorts.com)

## Newly Opened KNOTS Poolside Bar at the Bay Gardens Marina Haven



Located at Bay Gardens Marina Haven, our newly opened “KNOTS Poolside Bar” is an amazing addition to our guests who are looking to lounge around near the pool with the convenience of having their cocktails and drinks made right there. This new addition gives the Bay Gardens Marina Haven its second bar with the first being located inside the Anchor Restaurant. Be sure to visit and ask about our signature drink the “Knotty Buoy”.

## Saint Lucia Jazz Brings To You An Amazing Lineup!

The Saint Lucia Jazz & Arts Festival, the Caribbean’s premier music festival is set to return this year. The festival has been a staple event on the island for over 25 years, attracting thousands of music lovers from all around the world, and has featured some of the biggest names in jazz, soul, and R&B, including Lionel Richie, Chaka Khan, and Patti LaBelle.

This year’s edition of the event promises to be

just as exciting, with a lineup of internationally acclaimed artists such Saint Lucia Jazz is Back with A Power-Packed Lineup! as Air Supply, Davido, Machel Montano, Babyface and so many more. In addition to the music, the festival also offers a variety of other activities and events, including food and craft vendors, cultural exhibitions, and workshops.

This is a true celebration of the island’s rich cultural heritage and vibrant music scene and provides visitors with a unique opportunity to experience the beauty and hospitality of Saint Lucia. Saint Lucia Jazz & Arts Festival will be held from April 30th – May 12th, 2024. To commemorate the return, the Bay Gardens Resorts is offering unbeatable deals on accommodation packages with rates as low as USD\$225.00 USD plus return water taxi transfers for two to main stage jazz.

For more information and to book your Jazz Special, [click here](#).



## Sixes & Sunsets Sale



June is all about “cricket, lovely cricket!” as the ICC T20 Men’s World Cup comes to Saint Lucia. From June 15 – 29th The Darren Sammy Cricket Grounds, conveniently located within 10 minutes from us, will be the home of fixtures involving the West Indies, Australia, Scotland, Sri Lanka, the Netherlands and Afghanistan. Book Now and Receive 10% Off Accommodation at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn, and Bay Gardens Marina Haven

plus Complimentary Transfers to TWO Cricket Matches at the Daren Sammy Cricket Stadium.

### LIMITED-TIME OFFER!

#### The Offer Includes:

- A Welcome Pack & Complimentary Transfers to TWO Cricket Matches at the Daren Sammy Cricket Stadium
- Complimentary breakfast daily (at the Bay Gardens Hotel, Inn & Marina Haven)
- Welcome cocktail on arrival
- Two Kids Stay and Eat FREE\*
- Complimentary Wi-Fi
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Complimentary unlimited passes to Splash Island Water Park

For more information on this amazing sale and to book your island getaway, visit our website [click here](#).

## Spa Feature – Traveler Unwind

A perfect remedy to diminish the effects of jet lag both before and after your travels. The treatment begins with a warm classic pedicure with a foot massage combo, followed by a firm back, neck, and shoulder massage, which will relax tense and knotted tissue as well as improve circulation. Continue with a refreshing facial to recondition and moisturize the skin, and finally relax



#### This spa experience includes:

- Tension Relief Massage
- Gentleman's Facial

- Men's Pedicure and Manicure

To book your Island Bliss Experience, contact the La Mer Spa at the Bay Gardens Beach Resort & Spa at 758-457-8553 or via email at [lammerspa@baygardensresorts.com](mailto:lammerspa@baygardensresorts.com).

## Tour Feature – St. Lucia Segway Adventure



Are you ready to Segway! Firstly, you will be greeted by a fun & friendly Segway guide who will whisk you away on a scenic drive to Rodney Bay, a century's old pirate-haven on the North West coast of the island. After a quick orientation and safety briefing, head off on your state-of-the-art off-road Segway X2 for an unforgettable ride along a 2 mile nature trail up the iconic Mount Pimard. Ride along the lush trail of this 78-acre private nature reserve scattered with the ruins of ages

past. Marvel at breath-taking vistas and learn about the exotic plant-life and rich history of the area. Many surprises await you on your journey such as a hidden hillside gazebo, a naturally occurring fish pond and a local fresh seasonal fruit stop. Once you have completed the trail, get ready to head off on a short sightseeing adventure on your way back to the port.

To book your Segway Adventure, [click here](#).

## Featured Employee – Nathaniel Henry

Nathaniel Henry is our featured staff member at the Bay Gardens Resorts for February 2024. Described as energetic and very outgoing by his colleagues, Nathaniel has been employed with the Bay Gardens Hotel for 2 years and counting. During his time here, he started off as a Bell Man and swiftly moved into the role of a Front Desk Agent not to long after. He recently got appointed to the role of Night Auditor at the Bay Gardens Hotel.



When asked what he liked the most about working with the Bay Gardens Resorts, he mentioned that he loves meeting and interacting with both international and local guests. He further added that meeting and learning about the many different cultures of the guests interests him. When asked what his most memorable moment here was, he explained that there were so many to choose from, but working at his

first New Years Eve Celebration at the hotel and being given the opportunity to host and be the MC of the night was amazing to him. He did so well that night, that he was awarded the opportunity to host all the other events at the hotel including Mother's Day and Father's Day just to name a few and has established himself as the go to host and MC for future events.

Being happy and providing for his daughter is very important to him. He made it clear that he wants to be a successful father and an honest family man. Therefore, he lives by the quote that says, "There's always a ladder to climb". Outside of work, you can find Nathaniel enjoying TV shows, music, being an MC and just being one with himself. His goal at Bay Gardens Resorts is to steadily grow his knowledge and one day be in a managerial position.

The Bay Gardens Resorts team congratulates Nathaniel on his newly appointed role as a Night Auditor and we thank him for his continued commitment. All the best Nathaniel!

## Recipe - Breadfruit Balls



### INGREDIENTS:

- 1 Medium Breadfruit
- 1 Egg
- 1/2 Cup Finely Chopped Onions
- 2 Cloves Finely Chopped Garlic Ingredients
- 2 Stems Celery and Parsley (Finely Chopped)
- 2 Cups Grated Cheese
- 2 Cups Breadcrumbs
- Salt to Taste

### INSTRUCTIONS

1. Cut the breadfruit in four and clean it by removing the skin and the center stalk.
2. Boil the breadfruit in water with salt until it is soft.
3. Drain the excess water and place the breadfruit in a bowl. Mash it with a potato masher. and allow it to cool down.
4. Add the rest of the ingredients and mix it thoroughly. Allow it to cool.
5. Make balls with the mixture at the sizing of your choice. Roll in breadcrumbs and they can be fried or baked.
6. If you are baking the dish, then place in oven for approximately 35 minutes at a temperature of 200°C

## Our Guest Experience

Have you seen what our guests are saying about us on TripAdvisor?

### **BAY GARDENS BEACH RESORT & SPA**

Reviewed by: Alla – Canada

**“Would definitely book again!”**

“Everyone on the resort is so friendly. The resort has such a peaceful vibe. The rooms are nice, so I got a comfortable sleep. The restaurant in the resort is good and you’re also able to take a shuttle

to the Bay Gardens Hotel or Inn to try their restaurants too. The beach is literally a 30-second walk from your room. It was a great day, and I will be booking at the Bay Gardens Beach Resort again.”



### **BAY GARDENS HOTEL & INN**

Reviewed by: Crystal - Antigua & Barbuda

**“Exceptional”**

“Mostly everything was within walking distance and that’s the best part of the property. Our security/night shift host Orandi was the best!!! Ask for him, he made sure that we were comfortable from the first night to our checking out! The stay was 10 stars in our group’s books”

### **BAY GARDENS MARINA HAVEN**

Reviewed by: Compton

**“My stay at Bay Gardens Marina Haven”**

“It was a lovely getaway for my wife and I as it was quiet and relaxing. The staff were all very friendly and helpful. I would definitely recommend my friends and family to stay here. very satisfied!”