



START THE DAY

Strawberry Short'pan'cake \$30 Fresh strawberries, whip cream, toasted coconut, breakfast syrup

(Gluten free on request)

Add Bacon \$10 | Add Clifton Pork Sausages \$10

Avocado Toast \$38

Grilled halloumi, five seed multigrain bread, smoked bacon, poached egg, fresh avocado, tomato hollandaise and cilantro pesto (Vegetarian on request | contains nuts)

S'mores French Toast\$30

Espresso chocolate sauce, raspberries, marshmallow cream, graham cracker crumble served with maple syrup

Add Bacon \$10 | Add Clifton Pork Sausages \$10

Chicken & Waffles \$48

Maple bourbon glazed fried chicken, rosemary waffle, sriracha honey butter and fresh berries

UH BELLY FULL

Baian Jerk Alfredo Pasta \$40

Penne pasta tossed with sauteed bell peppers, onions & broccoli, simmered in a spicy cream sauce, served with garlic bread.

(Vegetarian & gluten free on request)

Add Grilled Chicken \$16 I Blackened Shrimp \$18

Blackened Fish Tacos \$42

Pan-seared local wild caught fish, pico de gallo, spicy remoulade, served with a side salad

Calabash Signature Burger \$38

Grilled 6oz organic all beef burger, Mt. Gay BBQ sauce, caramelized onions, toasted chive brioche bun, lettuce, tomato, blue cheese mayo, served with steak fries

Black Bean Burger \$35

Pan-seared, served open-faced on molasses toast with hummus, sauteed bell peppers, arugula, sweet potato fries & curry mayo

Spicy Garlic Chicken Wrap \$38

Juicy chunks of chicken sautéed in garlic, chili flakes and soy sauce, peppers & onions, wrapped with creamed avocado & pepper mayo served with a side salad

THE LIGHTER SIDE

Calabash Quiche with Side Salad \$28 Spinach & Mushroom or Bacon & Kale

Honey Crisp Salad \$32

Granny smith apple, candied pecans, arugula, brussel sprout, cranberries, strawberries, beets, honey citrus dressing (Gluten fee | vegetarian | contains nuts)

Oh Mint! Salad \$38

Cherry tomato, cucumber, red onions, fresh mint, Kalamata olives, feta cheese, greens, bell peppers, basil dressing (Gluten free | vegetarian)

BLTA Chopped Salad \$34

Bacon, spring lettuce, tomato, fresh avocado, apple cider vinaigrette (Gluten free)

Add to any salad

Grilled Chicken \$16 Blackened Shrimp \$18

Please advise your server of any allergies Prices in Barbados Dollars and inclusive of 10% VAT Subject to 10% Service Charge and 2.5% PDL