

## HIKING ON PALMARIA ISLAND Panoramic views & unspoiled nature









Palmaria Island, right in front of Portovenere, is the largest of the three islands in the Gulf of Poets. Crossed by various hiking trails, it is the ideal place for short or long walks in the midst of unspoiled nature.

Your guide will take you to discover the island and its beautiful views over Torre Scola and Tino Island, walking along paths surrounded by the Mediterranean vegetation. You will appreciate the island's natural beauty also once you reach the top, from where you can observe the dizzying cliffs with small sea caves. You will also stop at the ancient quarries of the famous Portoro marble and in some of the many fortifications on the island. The route will be adapted according to the guests' needs.

**Duration**: 3 hours. Available on request.

On Palmaria Island, the slopes facing the gulf descend gently towards the sea, and they are covered by Mediterranean vegetation that alternates with small olive groves. Instead, the side of the island that faces the open sea, consists of high dramatic cliffs overlooking the blue waters.

Fossil bones of Pleistocene animals and remains of human burials dating back to 5000 years ago have been found in its caves and limestone rocks.

