



**THE BLUE WINDOW**  
RESTAURANT

## DINNER MENU

### WELCOME TO THE BLUE WINDOW RESTAURANT

We are at your service

The Blue Window Restaurant is designed to accomodate your dietary needs. However, if there is a change you would like to make to a particular dish and/or if you have any food allergies or dietary restrictions, please advise your server prior to placing your order.

Dietary note: Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness.

Please be advised that the restaurant has a strict "NO SMOKING POLICY"

Breakfast Service: 7:00am - 10:00am

Lunch Service: 12:00 noon – 3:00p.m

Dinner Service: 6:00p.m – 10:00p.m

Sunday Brunch: 11:30am - 3:00pm

ALL PRICES ARE LISTED IN USD

Connect with us for updates on our menus, specials, promotions, and events.





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## SOUPS


**Red Peas Soup**  **S: \$5.50 L: \$8**  
Infused with Coconut Milk and Natural Seasonings

**Chef's Soup of the Day** **S: \$5.50 L: \$8**

## SALADS

Add Chicken, Shrimp or Bacon to your Salads:  
Chicken S: \$4 L: \$6 Shrimp S: \$7 L: \$10  
Bacon \$4.50

**Smoked Salmon Rice Salad** **S: \$9 L: \$17**  
Topped with Parmesan Breaded Eggplant, Balsamic Syrup & Micro Green Salad

**Antipasto Salad**  **S: \$5 L: \$10.50**  
Grilled Mixed Vegetables, Assorted Olives and Mozzarella Cheese served with Hummus & Virgin Olive Oil

**Classic Caesar Salad**  **S: \$11 L: \$18**  
Crisp Romaine Lettuce with Home-Style Croutons, Parmesan Cheese, and Caesar Dressing

**Field Greens Salad**  **S: \$11 L: \$18**  
Salad Greens with Crumbled Feta Cheese and Tomato, served with our Creamy Ranch Dressing

## APPETIZERS

**Crab Martini**  **\$13.50**  
Coconut Flavoured Deep-Fried Crab Balls with Pepper Flake Guacamole & Tortilla Chip, served with Romesco Sauce

**Jalapeno Cheesy Shrimp**   **\$19**  
Shrimp stuffed with Pepperjack and Jalapeno, served with Mango Salsa, Jerk Mayo & Topped with Crispy Deep-Fried Pumpkin

**Sticky Sweet Chicken** **\$11.50**  
Sticky Sweet Chicken with Roasted Pineapple, Caramelized Onion, Alfalfa and Brandy Honey Sauce and Watermelon Balls

## SANDWICHES AND BURGERS

(All Sandwiches and Burgers are served with Coleslaw and Your Choice of Fries or Garden Salad)

**Pegasus-BLT** **\$13.50**  
Pepper-Flaked Honey-Flavoured Bacon, Lettuce, and Tomato served on Homemade Coco Bread

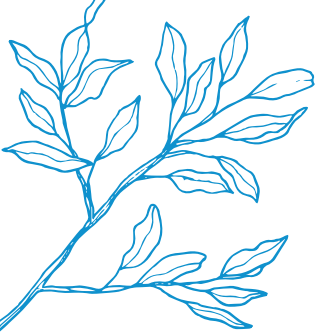
**Traditional Jerk Chicken Sandwich** **\$13.50**  
Layers of Jerk Chicken Breast Marinated in a Honey Jerk Mayo and served on a Home-Made Cornbread

**Roast Beef Sandwich** **\$17**  
Layers of Beef, served on a Homemade Coco Bread with Roasted Bell Pepper, Onion, Mushroom, Monterey Jack and Jerk Gravy

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GOVERNMENT TAX AND SERVICE CHARGE

 Vegetarian  Spicy  Very Spicy





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### SANDWICHES AND BURGERS

(All Sandwiches and Burgers are served with Coleslaw and Your Choice of Fries or Garden Salad)

#### **Smoked Chicken Sandwich** 🌶️ \$17

Cornbread topped with Smoked Chicken, Pickle, Roasted Bell Peppers, Jalapeno, Basil, Grilled Red Onions & Mozzarella, Served with Homemade Cranberry Gravy

#### **Blackened Red Snapper Sandwich** 🌶️ \$13

Blackened Snapper Grilled with Onions, Tomatoes, and Jerk Mayo, Served on Homemade Coco Bread

#### **Traditional Cheeseburger** 🌶️ \$13.50

Specialty Beef Burger Topped with Pepperjack Cheese, Served on a Toasted Bun

#### **Pegasus Beef Burger** 🌶️ \$16

#### **Pegasus Chicken Burger** \$14.50

Pegasus Signature Specialty Beef or Chicken Burger topped with Sautéed Mushrooms, Bacon, Jalapeno Peppers, and Pepperjack Cheese

#### **Pegasus Lamb Burger** 🌶️ \$23.50

Homemade Lamb Burger Topped with Pepper Jelly, Cheddar Cheese, Tzatziki Sauce, Spicy Pepperoncini, Lettuce & Tomato

#### **Pork & Beef Sliders** 🌶️ \$11.50

Minced Pork and Beef Slider on English Muffins, Topped with Sautéed Dill Pickle, Grilled Pineapple, Grilled Bell Peppers, Guacamole & Spicy Cheese Sauce

### PASTAS AND JAMAICAN SPECIALS

(Your choice of Penne or Linguine Pasta)

Add Chicken or Shrimp to your Pasta:

Chicken S: \$4 L: \$6 Shrimp S: \$7 L: \$10

#### **Classic Jamaica-Style Vegetable Pasta** \$15.50

Pasta with Ackee, Callaloo, Carrots & Tomatoes, Tossed in a Light Olive Oil Sauce Topped with Ricotta Cheese

#### **Pasta Alfredo** \$17

Pasta Simmered in a Rich Parmesan & Mushroom Cream Sauce

#### **Jamaican Curry Goat** 🌶️ \$25.50

Small-Diced Local Goat Meat Marinated in Curry & Jamaican Spices and Mango Chutney, served with Jasmine Rice

#### **Boston Style Jerk** 🌶️ **Pork** \$21.50 or **Chicken** \$19

Jamaican Jerk Chicken or Pork served with our Homemade Jerk Sauce, served with Coconut Flavored Rice & Peas

#### **Braised Oxtail** 🌶️ \$28

Slow-Braised Oxtail with a Hint of Spicy Scotch Bonnet, Red Wine & Broad Beans, served with Coconut Flavored Rice & Peas

#### **Pegasus Fish Fillet** \$26.50

Fish Fillet done to your liking – Steamed, Roasted, Escoveitch or Brown Stew, Served with Vegetables and Steamed or Fried Bammy

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## CHEF'S SPECIALS

### Herb Grilled Chicken \$19

Grilled Herb Chicken Breast Simmered in Smoked Mushroom Beurre Blanc, served with Callaloo Rice and Roasted Tomatoes

### Char Siu Beef Short Rib \$26

Pimento, Scallion and Thyme Short Rib Grilled to Perfection, served with Cauliflower Mash and Bacon Bits

### Honey Garlic Salmon \$30

Grilled Salmon Marinade in Honey Garlic Butter, topped with Lemon & Bell Peppers and served with Jasmine Rice

### Smoked Pork Chops \$30

Pegasus Style Smoked Pork Chops Grilled and Simmered in Barbeque Sauce

### New York Favourite \$43.50

Grilled New York Steak served with Double-Baked Potato, Vegetables a Red Wine Reduction & Deep-Fried Onion Rings

### Mint Flavoured French Lamb \$38

Blackened Char-Grilled French Lamb Chops served with Roasted Red Skin Potatoes, Topped with Mint Flavoured Beurre Rouge

## MEATLESS OPTIONS

### Yam Croquette \$10

Yam and Cranberry Croquette served with Grilled Eggplant rolls, topped with Tomato Salsa and Spinach Cheese Sauce

### Homestyle Tortellini \$18

Spicy Vegetarian Homestyle Tortellini served with Pesto Sauce, Roasted Bell Peppers, Cherry Tomatoes & Freshly Grated Parmesan Cheese

## SIDES

Double Baked Potatoes \$3.50

Seasoned Fries \$4

Mashed Potatoes \$4

Steamed Vegetables \$4

Steamed Rice \$3.50

Rice & Peas \$3.50

Garden Salad \$4.50

## DESSERTS

### Carrot Cake \$8

with Caramelized Walnut and Cream Cheese Frosting

### Triple Mousse Cake \$9.50

with Coconut Rum Sauce and Toasted Coconut Passion

### Fruit Crème Brûlée \$8

with Berry Compote

### Almond Oats Crumble Berry Pie \$6.50

### Ice Cream

(Ask your server for available flavours)

Single Scoop \$4

Double Scoop \$6.50



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