

The image features a large, stylized white letter 'A' that is the central focus. The background is a light tan color with a fine, repeating wavy pattern. The letter 'A' is composed of two main parts: a sharp, triangular top section and a rounded, curved bottom section. The text 'ACQUAPURA SPA ESSENTIALS' is centered horizontally across the middle of the 'A'.

ACQUAPURA SPA ESSENTIALS

ACQUAPURA SPA



The holistic and balancing effect of water on the body and mind



“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.



ENERGY

renewed vitality &
strength



HARMONY

balance &
stability



CLARITY

serenity of the mind &
clarity in the body



RELEASE

relax &
unwind

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.

MASSAGES



MASSAGES

TAILORMADE

Tailored to your wellbeing |
Also suitable for athletes
- *Full-body massage*
- *Partial-body massage*

 HARMONY  ENERGY  RELEASE

FLOAT & FIT LYMPH-STIMULATING

Decongestion | Discharge |
Promotes blood circulation |
Stimulates the immune system

 HARMONY  ENERGY  RELEASE

COMBI FLEX

2 partial body parts of your
choice | Foot reflexology |
Stomach massage | Back massage

 HARMONY  ENERGY

ACQUAPURA SIGNATURE FLOW

Mobility check | Tension relief |
Increased flexibility

 HARMONY  ENERGY

AROMA SENSES

Aromatic oil of your choice |
Tailored to your wellbeing |
Pleasantly nourishing

 HARMONY  ENERGY  RELEASE

REFLEXATION

Foot reflex zone massage | Speci-
fically stimulates countless nerve
points on the foot, activating
your body's self-healing powers

 HARMONY  RELEASE



FACE

CAN BE
BOOKED WITH
ANY FACIAL
TREATMENT

RELAX DOS

- Self-heating sea mud
- 50% more effect

PERFECT REGARD

- Intensive eye care

EXTENDED YOUTH
OF THE SEA

BY PHYTOMER

Wrinkle correction and lifting |
„Instant effect“ thanks to
multi-exfoliation | Marine
active ingredients

 ENERGY  RELEASE  CLARITY

MARINE DETOX

BY PHYTOMER

Combats urban pollution |
Clarifies, detoxifies and
oxygenates the skin

 HARMONY  RELEASE  CLARITY

FACE

HYDRA ORIGINAL BY PHYTOMER

Plumping moisturising treatment | Organic algae | Filling & nourishing for more radiance

 HARMONY  RELEASE  CLARITY

CAN BE
BOOKED WITH
ANY FACIAL
TREATMENT

BEAUTY EXPRESS

- Eye brows coloring
- Eye lashes coloring

INTENSIVE EYE CARE BY PHYTOMER

Firming care for radiant eyes & expressions | Smooths out laughter lines and wrinkles

 ENERGY  RELEASE  CLARITY

MARINE EXPRESS HOT/COLD BY PHYTOMER

Express facial | Self-warming/cooling cleaning mask | Sea minerals & multilayered alumina | Eliminated toxic substances

 ENERGY  CLARITY

OCEANIC REJUVENATION FOR HIM BY PHYTOMER

Includes neck massage | Custom high-tech care with marine active ingredients | Supplies oxygen, moisturises, and combats skin ageing

 HARMONY  RELEASE  CLARITY

RADIANCE DEEP CLEANSING BY PHYTOMER

Cleansing | Peeling | Deep cleansing | Active agent concentrate | Mask | Active agent massage | Finishing care

 ENERGY  CLARITY



BODY



MARINE SCULPT ZONE

BY PHYTOMER

Slimming ritual for stomach, legs
and buttocks and stubborn cellu-
lite | Gentle marine exfoliation |
Warming, contouring wrap



RELEASE



CLARITY

FEEL THE SEA

BY PHYTOMER

Relaxing full-body exfoliation |
Sea salt crystals | Massage
for skin remineralisation
& hydration



HARMONY



RELEASE



CLARITY

BODY

AFTER SUN BREEZER

BY PHYTOMER

Marine wrap for regeneration |
Soft massage | Light cooling
effect | Calming | Reducing red-
ness | Improving skin elasticity |
Regulating sun tanning glow



SEA TREASURES

BY PHYTOMER

Remineralizing relaxing
treatment | Sea fragrances & sea
salts | Lymphatic stimulation |
Body hydration



MISTRAL BODY WRAP

BY PHYTOMER

Marine body wrap | Relaxing
body massage | Light cooling
effect | Eliminates toxins



POWER SEA BACK DETOX

BY PHYTOMER

Warm sea mud | Neck |
Shoulders | Spine | Relaxing
back & foot massage



SEA HOLISTIC

BY PHYTOMER

Warm shaping massage |
Lavender scents | Body scrub |
Facial included | Ultra relaxing |
Reduces tension | Balancing |
Improved skin elasticity |
Enhanced natural glow



BEAUTY



BEAUTY

MANICURE CLASSIC

BY ALESSANDRO

Nail shaping | Treatment of
cuticles | Manicure with
massage | Alessandro nail polish



HAND TREATMENT

BY ALESSANDRO

Manicure | Hand exfoliation |
Hand wrap | Hand massage |
Hands as soft as velvet |
Alessandro nail polish



PEDICURE CLASSIC

BY ALESSANDRO

Footbath | Heal bruises | Nail
shaping | Gentle foot massage |
Alessandro nail polish



FOOT TREATMENT

BY ALESSANDRO

Pedicure | Foot exfoliation | Foot
wrap | Foot massage | Soft and
well-groomed feet | Alessandro
nail polish



FALKONS & TEENS TREATMENTS



For kids from 8 years old & Teens

FACE

TEENAGE GLOW

BY PHYTOMER

Gentle teen facial | Moisturizing |
Vitality | For youngsters with
dehydrated skin



MARITEEN

BY PHYTOMER

Teen facial | Acnipur | Preventive
skin care for young skin |
Especially suitable for impure
skin and acne



SUN DOWNER

BY PHYTOMER

Cooling marine mask | Gentle
facial massage | Reduces sun
irritation | Enhances skin glow



FALKONS & TEENS TREATMENTS



For kids from 8 years old & Teens

BODY

SAIL AWAY

BY PHYTOMER

Body scrub | Immortelle and sea salt | Light body massage | Deep relaxation

 HARMONY  RELEASE  CLARITY

BEAUTY

MY FIREFLY HANDS

My favourite look & feel | Manicure | Hand massage | Pop art nail polish

 RELEASE  CLARITY

SURF SPIRIT

Relaxing massage inspired by the waves of the ocean | Aromatic oil of your choice

 HARMONY  RELEASE

MY FIREFLY FEET

Life is colourful | Pedicure | Foot massage | Pop art nail polish

 RELEASE  CLARITY



PHYTOMER

Beauty by the Sea



PHYTOMER is the story of three generations of one passionate family motivated by the same dream: to transform the sea into restorative skincare.

The family-run business was founded over 50 years ago and remains profoundly attached to the Brittany region and its exceptional biodiversity.

We use local, wild, natural and organic ingredients sourced from short supply chains.

Our marine algae are cultivated in our own laboratories or out in the open sea to ensure their absolute purity and to sustainably preserve natural marine resources.

Enjoy a restorative moment, just for you, to reveal your natural beauty.

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the Spa desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



It is best to store jewellery and valuables in your room safe.



Give the gift of time to your loved ones with vouchers for our SPA.

