

## Massage Packages

Deluxe Triple Treat 90 min 265  
 Massage | Petit Spa Facial | Foot Lovers Massage

Indulge yourself with the benefits of this 3 in one treatment.  
 30 min Massage to calm the mind and body,  
 30 min Spa Facial leaving your skin luminous and refreshed.  
 30 min Foot Lovers' massage soothing your feet for deeper relaxation.

Island Retreat 90 min 265  
 Massage | Performance Spa Facial

A blissful treatment to help you beam. Starting with a deep relaxation aromatherapy massage with the scents of lavender and peppermint to calm, clear and relax your mind and body. Followed by one of our signature facials. A rhythmical sequence with a double facial cleanse, exfoliation, skin stimulating massage and mask, completing your treatment with a serum which is massaged into the skin and selected moisturiser.

Island Getaway 60 min | 90 min 180 | 265  
 Massage | Petit Spa Facial

Have the best of both body and face treatment experiences with this two-part ritual. Your journey begins with our soothing aroma massage followed by our Petit Spa facial. This treatment will relax your mind and body.

Oceanic Ritual 60 min | 90 min 180 | 265  
 Massage | Foot Lovers Massage

Melt away stress and tension with a full body massage, followed by a treatment for those sore and tired feet including exfoliation, foot wrap and foot treatment.

Couples Relaxation Escape 90 min | pp 265  
 Foot Soak | Massage | Petit Spa Facial or Foot Lovers

Whether you're a loved-up couple, a pair of best friends or a mother-daughter duo, you'll absolutely love sharing this bliss together. Your experience begins with a de-stressing foot soak with an iced tea or glass of champagne, followed by a full body massage. Then, you'll be treated to a refreshing Petit Spa Facial ritual using a hydrating mask to leave your skin radiating, or a soothing Foot Lovers massage treatment.

Glass of Bubbles or herbal tea included.

## Massages

Relaxation, Deep Tissue & Pregnancy

|        |     |
|--------|-----|
| 30 min | 95  |
| 45 min | 135 |
| 60 min | 170 |
| 75 min | 200 |
| 90 min | 230 |

## Enhancements

|  |    |
|--|----|
| Exfoliation                                      | 45 |
| Back or leg exfoliation with aromatic hot towels |    |
| Aromatherapy                                     |    |
| Aroma Therapy Ritual - Take Home Oil 100ml       | 57 |
| Lime Caviar Body Balm - Take Home 200ml.         | 51 |

## Upgrades

|   |        |     |
|---|--------|-----|
| Heavenly Hair   | 15 min | 45  |
| Float away with this beautiful intense hair treatment & scalp massage using hot towels to relax your mind and body. |        |     |
| Petit spa facial   Petit power facial   | 30 min | 110 |
| A facial to brighten, nourish and revitalise your complexion.   |        |     |
| Double cleanse, exfoliation, mask and moisturise.   |        |     |
| Foot Lovers massage with foot treatment   | 30 min | 95  |
| Bamboo and spearmint exfoliation, purifying marine wrap, finishing with spearmint & ginkgo foot massage.            |        |     |

### Treatment Start Time

Please turn up at least 5 minutes before your appointment as your treatment starts from the time you have booked, not when you arrive.

### Public Holiday Surcharge

A 20% Surcharge applies to all public holidays.

### Cancellation Policy

If you need to reschedule or cancel, please notify us at least 24 hours prior to your appointment to avoid a 100% cancellation fee.

### Spa Etiquette

The spa environment is one of peace and quiet. Please keep noise to a minimum and switch off your mobile phones, thank you.

# Daydream Island Spa

Relaxation  
 Deep Tissue  
 Pregnancy  
 Hot Stone  
 Facials  
 Body Wraps  
 Body Polish  
 Gift Vouchers  
 Couples Room



Spa Located in the Driftwood Wing  
 Rooms 2121 -2123 (Lower Level)

Bookings can be made  
 at the Front Desk  
 or by phoning 1800 888 288  
 E: dayspa2121@gmail.com

## Body Wrap Ritual

Exfoliation | Wrap | Massage | Heavenly Hair 110 min 310

Let your stress melt away in a peaceful and relaxing journey with a full body polish, followed by an immersion of rich clay and a body cocoon wrap. While the wrap infuses enjoy our heavenly hair treatment & scalp massage. This treatment finishes with a full body molten balm signature relaxation massage to sooth mind and body.

Choose from

Lemongrass - detoxifying, revitalising, and restorative  
Organic Honey & Cocoa - Sensitive-dehydrated-mature

## Body Sugar Smoother Ritual

Lime Caviar Sugar Smoother | Massage 90 min 265

Guilt free indulgence! The ultimate body treatment begins with a Lime Caviar Sugar Smoother rich in vitamin C and antioxidants. Results are intensified with a replenishing infusion of omega serums blended with vitamin E to exfoliate and is completed with a full body massage using lime caviar and mandarin molten body balm.

Pink Champagne Sugar Smoother | Massage 90 min 265

The sensory ritual begins with a vanilla infused cane sugar exfoliation layered in omega oils, organic cocoa butter and vitamin E to smooth and refine skin. Your ritual is finished with a luxurious botanical hydration massage to relax mind and body.

## Hot Stone Therapies

Volcanic Stones | Performance Spa Facial | Heavenly Hair  
150 min 420

Be warmed with our head-to toe Volcanic Hot Stone massage to soothe your muscles and stimulate circulation as the hot stones release blockages and ease any tension. Followed by a Performance Spa Facial and a Heavenly Hair treatment.

Hot Stone Massage 90 min 265

Full body massage using hot stones to sooth your body. This massage technique has been used in many healing cultures. Stones are placed on meridian points and chakras to restore physical, emotional and spiritual wellbeing.

## Spa Ritual Packages

Glass of bubbles or herbal tea Included with spa packages.

The Oasis 150 min (2.5 hrs) 420

Full Body Sugar Smoother | Spa Facial | Massage  
Heavenly Hair

Our luxurious signature Oasis begins with a relaxing full body Lime Caviar Sugar Smoother rich in vitamin C and antioxidants or Pink Champagne Sugar Smoother layered in omega oils, organic cocoa butter and vitamin E to smooth and refine your skin. Your skin is then treated with a full body massage using lime caviar and mandarin molten body balm. Followed with our Performance Spa Facial and Heavenly Hair treatment to finish off this exquisite treatment.

Pamper Package 150 min (2.5 hrs) 420

Exfoliation | Massage | Performance Spa Facial  
Foot Lovers Treatment | Heavenly Hair

This nurturing treatment promises to soothe your senses and restore mind and body. This delightful ritual begins with a hot aromatic towel and back exfoliation. Continuing with a full body massage using our delicious lime caviar and mandarin molten body balm. Followed by a smoothing spearmint and ginkgo foot polish and foot treatment. Once massage is completed your face will be treated with our Performance Spa Facial and finishing with our fabulous Heavenly Hair Treatment.

Pure Delight 120 min (2.0 hrs) 340

Massage | Petit Spa Facial | Foot Lovers Massage

Close your eyes and let go of your daily stress. This is your escape to a state of relaxation and rejuvenation. Begin your ritual with a full body massage using a luxury botanical oil layered with omega serums, molten butters and vitamin E. Your indulgent treatment continues with a Petit Spa Facial that revitalises your skin and leaves you with a beautiful, radiant glow. Completed with foot scrub, wrap and foot treatment. You will leave walking on air.

## Performance Spa Facials

Triple Berry Performance Spa Facial 60 min 190  
Problematic | acneic | congested skin.

The Triple Berry Spa Facial captures an intense infusion of super B vitamin synergised with clinical cosmeceutical, nutraceutical and aromaceutical touch points to create a remedial professional skin ritual to target problematic, acneic, congested and inflamed skin types. This clarifying treatment transforms barrier function, calms redness, equalises and clarifies oil while promoting skin brilliance, luminosity, hydration and healing.

Rose Peptide Performance Spa Facial 60 min 190  
Collagen inducing | firming | brightening.

The Rose Peptide Spa Facial is a skin firming professional treatment harnessing collagen inducing clinical cosmeceuticals, nutraceutical actives and aromaceutical touch points to create a groundbreaking rejuvenation ritual. Smart peptide, Heptapeptide-7 delivered in a clinical 5% concentration delivers the unique ability to stimulate collagen production, diminish wrinkles and improve skin elasticity.

Spiced Maple Performance Spa Facial 60 min 190  
Anti-inflammatory | healing | calming | barrier repair.

The Spiced Maple Spa Facial is a soothing first aid skin ritual delivering nutraceutical actives of repairing skin identical PEA with age proofing Astaxanthin and an intense dose of pure Vitamin E to triage inflammation, ease redness and protect, nurture and repair barrier function while easing and nurturing skin sensitivity.

## Mum to be!

Blissful Baby Package 90min 275  
Massage | Petit Facial | Heavenly Hair

Time out before your baby arrives. Connect with your baby with a 45-minute pregnancy massage using a luxury prenatal aromatherapy serum with lavender and sandalwood. Then relaxing further into a Petit Spa Facial and Heavenly Hair Treatment.

Perfect for mum's to be from 2<sup>ND</sup> trimester onwards.