

### WITH A GLASS OF FIZZ

Lanson Père Et Fils Champagne 65

Lanson Le Rosé Création 70

Chapel Down Sparkling wine 63

## **SWEETS**

Lemon meringue pie 📎 350 kcal / piece
Victoria sponge 📎 241 kcal / piece
Chocolate eclair 📎 240 kcal / piece
Gin & lime pebble 🕥 210 kcal / piece

## SAVOURY FINGERS

Cucumber & cream cheese © 62 kcal / piece
Egg mayo and cress © 144 kcal / piece
Smoked salmon 167 kcal / piece
Ham & English mustard 101 kcal / piece

### **SCONES**

Traditional all-butter scones
Fruit and Plain © 218 kcal / piece
CONDIMENTS

British strawberry & raspberry preserves (16) 145 kcal / 60g Cornish clotted (17) 321 kcal / 60g

#### WITH YOUR CHOICE TEA OR COFFEE

English Breakfast / Earl Grey / Green / Mint / Darjeeling / Fruit / Chamomile / Strawberries & Cream (The Royal Horseguards' unique blend)

Americano / Latte / Cappuccino / Flat White / Espresso



# **CREAM TEA**

11.5

Traditional all-butter scones, fruit and plain, served with English strawberry & raspberry preserves and Cornish clotted cream. 684 kcal With your choice of tea or a speciality coffee.



## DRINKS

## AFTERNOON TEA COCKTAILS

The Afternoon Tea Mixer 11.5 Dry gin, lemon juice, elderflower violet syrup topped with soda Fizzy Journey 11.5 Sloe gin, rose & hibiscus syrup topped with sparkling wine **Virgin Passion Fruit Martini** 72 kcal 9.5 Fresh passion fruit, passion fruit syrup, lime juice, vanilla, cloudy apple juice

## CHAMPAGNE & SPARKLING

125ml / BOTTLE

Lanson Père Et Fils 16 / 80 Lanson Le Rosé Création 18 / 90 Lanson Le Vintage 2003 - / 130 Noble Champagne 2004 - / 200 Palladiano Durello Spumante 11 / 48 Chapel Down Sparkling 14 / 55

### COFFEE & TEA

Americano 3 kcal 5.5 Latte 71 kcal 5.5 Cappuccino 71 kcal 5.5 Flat White 71 kcal 5.5 Espresso 3 kcal 4.25 Breakfast Tea 1 kcal 5.5 Speciality Tea 1 kcal 5.5

## SOFT DRINKS

Juice 5

Apple 34 kcal / Orange 28 kcal / Grapefruit 38 kcal

Coca-Cola 4.5
Diet Coke 4.3
Water for one 3.8
Still / Sparkling (330ml)



THE GREEN PARLOUR