



SPA MARQUIS

Source of Vitality

MENU SPA





AN OASIS OF RELAXATION AND VITALITY IN THE CITY

Consistently acclaimed as one of the best spas in Mexico City, its more than 16,000 sqft offer all the amenities needed to inspire your senses and restore the balance of your body, mind, and spirit.

Reconnect with your most inspired and energized self in this extraordinary spa, either alone, with your couple, or on a special reunion with your friends. At the spa, every detail and every experience is at the service of well-being and relaxation.

A MEMBER OF



THE LEADING HOTELS
OF THE WORLD®

ALL OUR SERVICES INCLUDE:

Use of facilities 2 hours before or after the service.
Jacuzzis, Sauna and Steam (separate areas).
Swimming Pool and Fitness Center (mixed areas).
2 complimentary hours parking per service.

SCHEDULE: Monday thru Saturday from 9 am to 10 pm
Sunday from 9 am to 8 pm

Services must be booked at least 24 hours in advance
calling to (55) 5229-1200 Ext. 4140

Whatsapp: (55) 4169-1003
spa@marquisreforma.com

www.marquisreforma.com
Av. Paseo de la Reforma 465, Col. Cuauhtémoc, CDMX.



HOW TO ENJOY THE SPA:

The Spa is located on the second floor of the Hotel.

Exclusive for guests over 18 years old.

When booking you must leave a credit card as a guarantee, you can cancel up to 24 hours before your appointment to avoid a 50% charge.

Any no show up will be charged with the full fee.

You must arrive 30 minutes in advance to fill out our special request form.

You should not take any treatment with a full stomach.

We will not provide treatments to any guest under the influence of alcohol or drugs.

The cost for the use of wet areas for guests is \$900 mxn.

The cost for the use of wet areas for local customers is \$1,200 mxn (prior reservation)



MASSAGES

MEXICAN MASSAGE STAR TREATMENT

50 min - \$ 2,800 | 80 min - \$ 3,900

As a tribute to the famous traditions of Mexican grandmothers pampering the body, enjoy a comforting massage that blends Swedish technique with local traditional maneuvers, helping you physically prepare for complete relaxation.



GEOHERMAL MASSAGE 80 min - \$ 4,100

A warm and invigorating massage that combines hot stones with Swedish techniques to restore balance, release tension, and revitalize your body.



SPORTS MASSAGE MUSCULAR RECOVERY 50 min - \$ 2,900 | 80 min - \$ 4,000

Designed for athletes and active individuals, this massage enhances muscle flexibility, promotes recovery, and reduces post-exercise fatigue. It also aids in injury prevention and rehabilitation.



Prices in MXN, taxes included.

By making any reservation you accept the rules and policies of Spa Marquis.

MASSAGES

DEEP TISSUE MASSAGE

50 min - \$ 2,900 | 80 min - \$ 4,000

A targeted massage using intense movements to relieve deep-seated tension, alleviate stiffness, and improve muscle function.



PRENATAL MASSAGE

50 min - \$ 2,700

A gentle, nurturing massage designed for mothers-to-be from their third month of pregnancy onward. It focuses on soothing the back, hips, and legs, easing the body through this special journey.



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FACIALS

DIAMOND LIFE INFUSION
STAR TREATMENT - ILLUMINATING · FIRMING · REVITALIZING
80 min - \$ 4,400

An exclusive anti-aging ritual with a "youth elixir" to combat signs of aging by regulating biomarkers and combining specific techniques. Results improve with each session.



CITRUS VITA ESSENCE FIRMING FACIAL
· FIRMING · ENERGIZING · BRIGHTENING
50 min - \$ 3,250

An antioxidant treatment that restores sun-damaged skin and helps minimize premature aging. This vitamin C-rich treatment boosts collagen production, improves firmness, and enhances radiance while deeply hydrating.



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FACIALS

S.O.S. SENSITIVITY

CALMING · SOOTHING · PROTECTIVE

50 min - \$ 2,900

A specialized treatment that strengthens sensitive skin, combats micro-inflammation that causes premature aging, and improves firmness. Ideal for reactive, hypersensitive, or rosacea-prone skin.



O2 RELAX

OXYGENATING · SOOTHING · REBALANCING

50 min - \$ 2,900

A revitalizing treatment that promotes cellular energy and provides hydrated, matte skin. This treatment infuses your skin with pure, leaving it naturally luminous, clear, and healthy-looking.



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ADDITIONAL TREATMENTS

MASSAGE EXTENSION

20 min - \$ 1,000

Extend your massage experience with 25 additional minutes of relaxation.



LIP & EYE TREATMENT

20 min - \$ 1,150

A specialized hydration treatment for the delicate eye and lip areas, which reduces signs of fatigue.



TIRED FEET RELIEF

20 min - \$ 1,000

A rejuvenating foot treatment to relieve fatigue and restore comfort after long hours on your feet.



BODY EXFOLIATION

20 min - \$ 1,150

Renew and boast a clean, bright skin.



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MEXICAN RITUALS

SIGNATURE MARQUIS RITUAL

150 min - \$6,900

Indulge in our signature kit, a fully personalized experience. Select your preferred exfoliation and body wrap, followed by a 50-minute Mexican massage and a 50-minute facial tailored to your skin's needs.



PACHAMAMA DETOX

90 min - \$4,100

Inspired by Mexican traditions, enjoy a famous Mexican ritual that includes an herbal bath to detoxify the body, a 50-minute Mexican massage, and a "Friega de Tequila" – an invigorating alcohol rub that revitalizes energy and restores balance to prepare your body for a new daily cycle.



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MEXICAN RITUALS

CACAO RITUAL

100 min - \$4,600

Surrender to a sweet self-care experience at the hands of our therapists. This indulgent treatment begins with a cacao exfoliation and a decadent chocolate body wrap followed by our signature massage. Experience deep hydration and pure bliss.



MYSTIC RITUAL

110 min - \$5,000

A transformative experience rooted in Indigenous traditions of "copalli" –the copal resin, considered a protective deity – this treatment provides harmony to your body, balances your thoughts, and fills you with inner light. It features a copal smoke cleansing, followed by a copal-infused exfoliation and body wrap, culminating in our traditional 50-minute Mexican massage.



Prices in MXN, taxes included.

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COUPLES EXPERIENCES

ANTI-STRESS MASSAGE

50 min - \$5,000

Two glasses of sparkling wine & macarons



ANTI-STRESS MASSAGE

80 min - \$8,400

A bottle of sparkling wine & truffles



ANTI-STRESS FACIAL & MASSAGE

100 min - \$11,000

A bottle of sparkling wine & chocolate-covered strawberries

**These experiences take place in a shared cabin.
Prices are per couple.*



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MARQUIS GIFT EXPERIENCE

A perfect gift for someone special.
They will enjoy our wet areas (jacuzzi, sauna and steam) and relaxation lounge before receiving a treatment of your choosing.

FACIAL & MASSAGE 50 min & ANTI-STRESS 50 min
& ACCESS TO WET AREAS
\$5,150



MASSAGE & ACCESS TO WET AREAS
30 min – **\$1,700**



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