



SEAGRAPE
Bar & Restaurant

MENU

Breakfast

THREE EGG OMELETTE 14

Add any of the following for \$ 3 each

Tomatoes, Onions, Peppers, Spinach, Mushrooms, Cheddar, Mozzarella, Feta

Or the following for \$4 each

Ham, Bacon

THE CONTINENTAL 26

A croissant, Cornmeal Raisin or Coconut Muffin, Toast & Local Preserves,
Fruit plate served your choice of tea, coffee or hot chocolate, and a glass of
juice

THE TRIDENT 44

Cornmeal porridge, Bajan Bakes, Scrambled Eggs, Local sausage or
Fried Fish Strips ,served with your choice of tea, coffee or hot chocolate,
and a glass of juice

THE DOVER 35

Warm, Crispy Quesadillas filled with Chicken, Bacon, Tomatoes and Pepper
Jack Cheese served your choice of tea, coffee or hot chocolate, and a glass of
juice

VEGGIE DELIGHT 38

Vegan Breakfast Hash , Fried Plantain and A Fruit Plate served with
your choice of tea, coffee or hot chocolate, and a glass of juice

THE UNION JACK 44

Two eggs Any Style Served with Bacon and
Pork or Chicken "Brown and Serve" Sausage, Baked Beans, Grilled Tomatoes
Toast or an English Muffin served with your choice of tea, coffee or hot
chocolate, and a glass of juice

Please make your server privy to any allergies or special dietary requirements.
All prices are quoted in Barbados Dollars and inclusive of all taxes and service charge.



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Breakfast

FULL TANK 40

Two eggs Any Style, Bacon or Sausages, Sweet Potato Hash, Toast, Fruit Plate served your choice of tea, coffee or hot chocolate, and a glass of juice

CREME BRULÉE FRENCH TOAST 17

4 pieces of Creamy Custard Goodness with that Classic Crisp Creme Brûlée finish

PANCAKES 17

3 Fluffy Pancakes, Served with Syrup or Whipped Cream and Chocolate Sauce

STARS & STRIPES 40

Corn bread Waffles, Crispy Yogurt Chicken strips, Spicy Aioli, Maple Butter served with your choice of tea, coffee or hot chocolate, and a glass of juice

SIDES

Local fruit plate	14.00
2 Eggs Any style	10.00
Cornbeef Hash	11.00
Plantain	8.00
Corn meal Bakes (3)	9.00
Bajan Bakes (3)	9.00
Pumpkin Fritters (3)	8.00
Sausages	9.00
Bacon	9.00
Baked beans	9.00
Bajan Fish Cakes(3)	9.00
Corn Meal Porridge	7.00
Toast (2 slices)	7.00

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Beverages

HOT BEVERAGES

Americano	5.00
Cafe Latte	10.00
Cappuccino	10.00
Espresso	7.00
Hot Chocolate	5.00
Tea	4.00

SOFT DRINKS

Coke	6.50
Coke Zero	6.50
Fanta	6.50
Sprite	6.50
Tonic Water	6.50
Red Frutee	6.50
Ginger Ale	6.50

JUICES

Fruit Punch	5.00
Lemonade	5.00
Orange Juice	5.00
Pineapple Juice	5.00
Strawberry Lemonade	7.00

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