

# Breakfast

## Menu Suggestions

81 Knutsford Boulevard, Kingston 5  
Tel: (876) 926-3691-9 Fax: (876) 929-0593

Email: sales@jamaicapegasus.com Website: www.jamaicapegasus.com

### JAMAICAN MORNING BREAKFAST

Toast  
A Selection of Sliced Fresh Fruits  
\*\*\*  
Ackee and Saltfish  
Escoveitch Fish  
Steamed Callaloo  
Green Bananas and Plantain in Mash  
(Duchess Bananas)  
Fried Dumplings  
\*\*\*  
Morning Fresh Bakery Basket  
Butter, Preserves and Honey  
  
Price: US\$35-00 per person

### ALL AMERICAN BREAKFAST

A Selection of Sliced Fresh Fruits  
\*\*\*  
Fluffy Scrambled Eggs with Cheddar Cheese  
and Chives in a Crispy Bacon Wrap  
Seasoned Country Sausage  
Skillet Potatoes with Caramelized Onions  
Home-Style Muesli  
Pancake infused with Walnut & Banana  
served with Blackberry Jelly  
\*\*\*  
Morning Fresh Bakery Basket  
Sweet Butter, Preserves and Honey  
  
Price: US\$29-00 per person

### THE INTERNATIONAL BREAKFAST

A Selection of Sliced Fresh Fruits  
Morning Fresh Bakery Basket  
\*\*\*  
Ham and Cheese Wrap  
Brown Stew Fish with Julienne Vegetables  
Coconut Flavoured Bannin – Steamed or Fried  
Vegetable Egg Muffin with Creole Sauce  
\*\*\*  
Morning Fresh Bakery Basket  
Butter, Preserves and Honey  
  
Price: US\$39-00 per person

### PORTLAND BREAKFAST

Toast  
Assorted Tropical Fruits  
\*\*\*  
Ackee and Corn Pork  
Peppered Steak  
Steamed Callaloo  
Fried Dumplings  
Sweet Potato or Breadfruit  
Hash Browns  
Fried Ripe Plantains  
\*\*\*  
Morning Fresh Bakery Basket  
Butter, Preserves and Honey  
  
Price: US\$35-00 per person

### EUROPEAN MORNING BREAKFAST

Toast  
Sliced Fresh Fruits  
\*\*\*  
A Selection of Individual Fruited,  
Low Fat and Vanilla Yogurt  
\*\*\*  
Assorted Sliced Cold Cuts  
English Style Poached Eggs with Tomato Salsa  
Belgian Waffles  
Baked Brie and Gouda Cheese in a Phyllo Pastry  
\*\*\*  
Morning Fresh Bakery Basket  
Sweet Butter, Preserves and Honey  
  
Price: US\$42.50 per person

### THE CONTINENTAL BREAKFAST

A Selection of Vine Individual Fruited,  
Low Fat and Vanilla Yogurt  
Sliced Fresh Fruits  
Morning Bakery Basket  
Banana Bread  
Butter, Preserves and Honey  
  
Price: US\$25-00 per person

*All breakfast menus include freshly brewed regular and decaffeinated coffee  
and a selection of Pegasus teas and assorted juices.*



#### Optimal: Enhance your buffet Breakfast

- Assorted Cereals with Whole and Skimmed Milk: US\$ 3.50
- Oatmeal or Cornmeal Porridge, Plantain: US\$ 5.00

Prices are subject to tax and 10% service charge  
Prices are subject to change without notice  
\* BUFFET SERVICE – 20 pax (minimum)  
Additional 30% on public holidays