

Daydream

S P A

Relaxation	Body Wraps
Deep Tissue	Body Polish
Pregnancy	Pedicures & Manicures
Hot Stone	Gift Vouchers
Facials	Couples Room



DAYDREAM
ISLAND

Massage

Relaxation, Deep Tissue & Pregnancy

30 MINS | \$95 PP

45 MINS | \$135 PP

60 MINS | \$170 PP

75 MINS | \$200 PP

90 MINS | \$230 PP

Upgrades

Hydrating hair | scalp treatment

15 MINS | \$45 PP

Float away with this beautiful intense hair treatment & scalp massage using hot towels to relax your mind and body.

Petit spa facial | Petit power facial

30 MINS | \$110 PP

A facial to brighten, nourish and revitalise your complexion. Double cleanse, exfoliation, mask and moisturise.

Exfoliation

\$45 PP

Back or leg exfoliation

Foot Lovers massage with foot treatment

30 MINS | \$ 95 PP

A facial to brighten, nourish and revitalise your complexion. Double cleanse, exfoliation, mask and moisturise.

Massage packages

Deluxe Triple Treat

90 MINS | \$265 PP

Indulge yourself with the benefits of this 3 in one treatment! 30 min massage, to calm the mind and body, a 30 min spa facial leaving your skin luminous, glowing, and refreshed. Then a 30 min foot lovers' massage soothing your feet into deeper relaxation

Island Retreat

90 MINS | \$265 PP

A blissful treatment to help you beam. Starting with a deep relaxation aromatherapy massage with the scents of lavender and peppermint to calm, clear and relax your mind and body. Followed by one of our signature facials. A rhythmical sequence with a double facial cleanse, exfoliation, skin stimulating massage and mask, completing your treatment with a serum which is massaged into the skin and selected moisturiser.

Island Getaway

60 MINS | \$180 PP

90 MINS | \$265 PP

Have the best of both body and face treatment experiences with this two-part ritual. Your journey begins with our soothing aroma massage followed by our Petit Spa facial. This treatment will relax your mind and body.

Oceanic Ritual

60 MINS | \$180 PP

90 MINS | \$265 PP

Melt away stress and tension with a full body massage, followed by a treatment for those sore and tired feet including exfoliation, foot wrap and moisturise.

Couples Relaxation Escape

90 MINS | \$495 COUPLE

Whether you're a loved-up couple, a pair of best friends or a mother-daughter duo, you'll absolutely love sharing this bliss together. Your experience begins with a de-stressing foot soak with an iced tea or glass of champagne, followed by a full body massage. Then, you'll be treated to a refreshing facial ritual using a hydrating mask to leave your skin radiating, or a soothing foot lovers massage treatment.

Body Wrap Ritual

Body Wraps (Cocoon)

110 MINS | \$310 PP

This blissfully peaceful and relaxing journey starts with a full body polish to cleanse and promote circulation, followed by an immersion of rich clay and body cocoon wrap. You will emerge from deep relaxation to a full body moisturising massage with one of our Waterlily Signature body balms to finish this truly beautiful treatment, fully restored with a sense of deep wellbeing, skin soft and nourished.

Choose from

Lemongrass - detoxifying, revitalising, and restorative

Vanilla Bean - nourishing and replenishing

Organic Honey & Cocoa - Sensitive-dehydrated-matur

Body Polish Ritual

Vanilla Bean body scrub

90 MINS | \$265 PP

Guilt free indulgence! The ultimate body treat as organic Australian cane sugar deeply exfoliates to give your skin a radiant glow. A replenishing organic oil blend drizzled with blissful vanilla bean and enriched with vitamin E leaves skin delectably smooth. Completing your treatment with a full body moisturise.

Lime Caviar body scrub

90 MINS | \$265 PP

This full body exfoliation ritual is infused organic Australian cane sugar peppered with pink lime caviar which is rich in vitamin C and antioxidants. Results are intensified with a replenishing infusion of omega serums blended with vitamin E and liquid cocoa butter layered with vanilla bean, mandarin and lime. Completing your treatment with a full body moisturise.

Pink Champagne body scrub

90 MINS | \$265 PP

The sensory ritual begins with a vanilla infused cane sugar exfoliation massage layered in omega oils, organic cocoa butter and vitamin E to smooth and refine skin. Leave skin feeling refreshed, revitalised, and revived with freeze-dried strawberry and pink shiraz grape aromatic essential oils. Finish with a luxurious botanical hydration massage layered with exotic crushed fruits to brighten, refine and hydrate. Completing your treatment with a full body moisturise.

Spa Ritual Packages

The Oasis

150 MINS | \$420 PP

Beginning with a smoothing and relaxing full body exfoliation, followed by a rich clay body wrap, your body is cocooned in precious oils and exquisite botanical extracts. Whilst the clay is infusing, your face is treated with one of our performance spa facials. Once your body is unwrapped, we will complete your Ritual with an aromatic massage.

Pamper Package

150 MINS | \$420 PP

This nurturing treatment promises to soothe your senses and restore balance to your nervous system and energy flow. You will be indulged with a full body massage, Petit Spa facial, manicure, and pedicure. A combination of Waterlily Signature blended essential oils and pure plant ingredients will quench your skin having you event ready and blissfully indulged.

Pure Delight

120 MINS | \$340PP

Close your eyes and let go of your daily stress. This is your escape to a state of relaxation and rejuvenation. Begin your ritual with a full body massage using a luxury botanical oil layered with omega serums, molten butters and vitamin E. Your indulgent treatment continues with a petit facial that revitalises your skin and leaves you with a beautiful, radiant glow. Completed with foot massage includes foot scrub, wrap & moisturise.

Hot Stone Therapies

Volcanic Stone | Scalp Massage | Facial

150 MINS | \$420 PP

Be warmed with head-to-toe volcanic hot stone massage to soothe muscles and stimulate circulation as the hot stones release blockages and ease any built up tension. Feel yourself float away as the stones glide with ease in combination with our aromatic blended oils to aid in a deeper level of relaxation. Following this is our performance spa facial and scalp massage.

Hot Stone Massage

90 MINS | \$265 PP

This massage technique has been used in many healing cultures and uses the ancient practise of thermotherapy through the application of heat. Stones are placed on meridian points and chakras to restore physical, emotional, and spiritual wellbeing.

Performance Spa Facials

Fruit Enzyme Spa Facial

60 MINS | \$190 PP

Pigmentation | Brightening | anti -aging | oily | congested.

An exfoliating and refining facial treatment rich in exotic tropical fruits, crushed citrus and berries to revitalise the duller of skin types. Leaving skin luminous, glowing, and refreshed

Marine Collagen Spa Facial

60 MINS | \$190 PP

Congested | oily | acne | collagen repair | hydration.

Repair and strengthen cell function, collagen, and hydration. A deeply replenishing skin treatment rich in marine collagen, hydration and Australian deep-sea minerals.

Apple Collagen Spa Facial

60 MINS | \$190PP

Brightening | Refining | Balancing oil - all types of skin

This firming facial uses skin treatment with pure organic apples to redefine skin surface for glowing radiance. An exotic blend of fruit enzymes, silk peptides and collagen deliver a luminous complexion.

Rose Quartz Spa Facial

60 MINS | \$190PP

Anti -aging | dehydrated skin – all types of skin

A collagen inducing treatment harnessing heptapeptide-7 that activates epidermal growth factors to build collagen, reverse wrinkles and regulate hyaluronic acid. Targeting skin tone and texture, this anti-aging treatment is the number one ritual to see an immediate response in firmness, tone and radiance.

Hands & Feet Rituals

Barefoot botanical Indulgence pedicure

60 MINS | \$170 PP

Surrender into this blissful spa experience for your feet that will sooth away aches and pain. An essential oil-steeped foot soak, bamboo and spearmint exfoliation followed by a stimulating French clay masque, finished with a rich spearmint and ginkgo foot treatment. Tidy, buff and polish.

Express Manicure or Pedicure

45 MINS | \$125 PP

Tidy, buff and polish

Spa Etiquette

Treatment Start Time

Please turn up at least 5 minutes before your appointment as your treatment starts from the time you have booked, not when you arrive.

Public Holiday Surcharge

A 20% Surcharge applies to all public holidays.

Cancellation Policy

If you need to reschedule or cancel, please notify us at least 24 hours prior to your appointment to avoid a 100% cancellation fee.

Spa Manners

As a consideration we kindly request that noise is kept minimal to ensure all spa guests have a relaxing and enjoyable experience. Please switch off your mobile phone prior to entering spa facilities.

Pregnancy

Your health and safety is important to us, during your first trimester of pregnancy some spa treatments may not be suitable. Please advise our friendly spa therapists if you are pregnant so we can amend your treatment.

Health

Please advise us of minor and/or major health conditions while completing your consultation card. This is critical in case we need tailor the treatment to your specific needs. All information provided is strictly confidential.

Privacy

Our therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, welcoming environment so you can relax and enjoy your spa journey.

Attire

Please wear comfortable loose-fitting clothing, we will provide you with a robe to and a safe place for you to keep any personal belongings to ensure a smooth transition into the treatment space.

Valuables

It is recommended that you leave all personal or valuable belongings in your hotel room before your arrival at the spa. Prior to your treatment we will ask you to remove all jewellery and accessories, these will be placed safely in a dish for you to collect on your way out. We are not accountable for any lost belongings.

Alcohol and Specific Medications

Our spa runs under a no intoxication rule, the day of your treatment we advise you avoid having any alcoholic drinks as this is a health and safety hazard for you as our guest and in the case you come in whilst intoxicated we will cancel your treatment and a cancellation fee will apply. Certain medications can cause a negative impact from receiving a massage so please make us aware of any medications you are taking for your safety.

Age

Our minimum age for treatments is 16 years old, Parental consent will be required for all guests under 18 years of age.



DAYDREAM
ISLAND

Daydream Spa located in the Driftwood Wing
Room 2121 -2123 (Lower Level)
Bookings can be made at Front Desk or
by phoning 1800 888 288