

Cos lettuce, garlic ciabatta, parmesan, anchovies,

SUNNY VIBES BHUDDA BOWL @ 69 480KCAL

Mixed grain salad, lettuce, tomatoes, cucumber,

roasted pepper, baby leaves, spring onion Add grilled Chicken Breast 239KCAL

Add grilled Chicken Breast 239KCAL

Caesar dressing

Add Halloumi 💿 130KCAL

## A LA CARTE MENU

PAN FRIED SQUID \$57KCAL Garlic, chilli, parsley, pomergranate and lemon AVOCADO \$ALAD	SMOKED MACKEREL PATE 624KCAL  Pickled cucumber & fennel seed, garlic ciabatta crostini  PAN FRIED SQUID 567KCAL  Garlic, chilli, parsley, pomegranate and lemon  AVOCADO SALAD	
SMOKED MACKEREL PATE (24KCAL) PICKEdel cucumber & fennel seed, garlic clabatta crostini PAN FRIED SQUID 55/KCAL Garlic, chilli, parsiey, pomegranate and lemon AVOCADO SALAD ® 25/KCAL Pomegranate, red onion, cucumber, tomato, baby leaves FALAFEL BITES ® 389KCAL Beetroot Izatziki SOUP OF THE DAY ® 465KCAL Toasted sourdough MAINS SOZ RIBEYE STEAK Thick cut chips ® 916KCAL Add blue cheese sauce 16/0KCAL, pepper com sauce 90KCAL garlic butter + £2 794KCAL PDEA & PARKESAN RISOTTO ® © 774KCAL FETA & VEGETABLE FRITTATA ® 219KCAL FETA & VEGETABLE FRITTATA © 219KCAL FETA &	SMOKED MACKEREL PATE 624KCAL  Pickled cucumber & fennel seed, garlic ciabatta crostini  PAN FRIED SQUID 567KCAL  Garlic, chilli, parsley, pomegranate and lemon  AVOCADO SALAD	£16
PAN FRIED SQUID SATKCAL  GERIC, chilli, parsiely, pomegranate and lemon  AVOCADO SALAD	PAN FRIED SQUID 567KCAL Garlic, chilli, parsley, pomegranate and lemon  AVOCADO SALAD	
AN FRIED SQUID 567KCAL Gartic, chillir, parsley, pomergranate and lemon AVOCADO SALAD	PAN FRIED SQUID 567KCAL Garlic, chilli, parsley, pomegranate and lemon AVOCADO SALAD	£12
Garlic, chilli, parsley, pomegranate and lemon AVOCADO SALAD	AVOCADO SALAD  426KCAL  Pomegranate, red onion, cucumber, tomato, baby leaves  FALAFEL BITES  389KCAL  Beetroot tzatziki  SOUP OF THE DAY  465KCAL  Toasted sourdough  MAINS  Boz RIBEYE STEAK  Thick cut chips  16KCAL  Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL  garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO  674KCAL  Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA  6 219KCAL  Sauté potatoes & dressed salad  BATTERED COD & CHIPS 94IKCAL  Thick cut chips, mushy peas, and home-made tartare sauce  PIZZA  12" handmade pizza, signature tomato sauce and mozzar language in the sauce and mozzar language in the sauce and mozzar language in the sauce i	
Pomegranate, red onion, cucumber, tomato, baby leaves PALAFEL BITES ● 389KCAL Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Bour OF THE DAY ● 465KCAL Beatroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Bour OF THE DAY ● 465KCAL Beatroot tzatziki Beetroot Agenkow Bospace Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot tzatziki Beetroot pot meatbalk pick and between the mack as seare fetch Beetroot tzatziki, red pepper hurmus, honey and sesame fetch Beetroot tzatziki, red pepper hurmus, honey and sesame fetch Beetroot tzatziki, red pepper hurmus, honey and sesame fetch Beetroot tzatziki, red pepper hurmus, honey and sesame fetch Beetroot tzatziki red pepper hurmus, honey and sesame fetch Beetroot tzatziki, red pepper hurmus, honey and sesame fetch Beatroot tzatziki red pepper hurmus, honey and sesame fetch Beatroot tzatziki red pepper hurmus, and fetch petch and the see, a position of the mack the petch of the petch	Pomegranate, red onion, cucumber, tomato, baby leaves  FALAFEL BITES 389KCAL  Beetroot tzatziki  SOUP OF THE DAY 465KCAL  Toasted sourdough  MAINS  802 RIBEYE STEAK  Thick cut chips 916KCAL  Add mushrooms & tomatoes + £2.5 174KCAL  Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL  garlic butter + £2 294KCAL  Pea & PARMESAN RISOTTO 6674KCAL  Add chicken + £4 239KCAL  Peached egg, parmesan, roquette  Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA 662 219KCAL  Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce	
PALAFEL BITES   389KCAL   589KCAL   580   500 P OF THE DAY   465KCAL   58   580 P OF THE DAY   465KCAL   58   58   580 P OF THE DAY   465KCAL   58   58   580 P OF THE DAY   465KCAL   58   58   58   58   58   58   58   5	EALAFEL BITES ● 389KCAL  Beetroot tzatziki  SOUP OF THE DAY ● 465KCAL  Toasted sourdough  MAINS  802 RIBEYE STEAK  Thick cut chips ● 916KCAL  Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL  garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO ● 674KCAL  Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA ● 219KCAL  Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  12" handmade pizza, signature tomato sauce and mozzar land moz	
MARGHERITA ● 102KCAL  Toasted sourdough  MAINS  MAINS  BOZ RIBEYE STEAK  Thick cut chips ● 916KCAL  Add mushrooms & tomatoes + £2.5 174KCAL  Add blue cheese sauce 140KCAL peppercorn sauce 99KCAL  garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO ● 674KCAL  Add hicken + £4 239KCAL  FETA & VEGETABLE FRITTATA ● 219KCAL  Saute potatoes & dressed salad  BATTERED COD & CHIPS 94KCAL  FINECRACKER 1075KCAL  LEMON & HERB SALMON SUPREME 574KCAL  EMBARCH KEMPS • 509KCAL  ESTABLE KEBABS ● 509KCAL  FINESTA & LICKEN SKEWERS 520KCAL  Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, kinny fries  BUTTERMILK CHICKEN BURGER 1358KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1358KCAL  FINESTA & LICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  CHARCUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  CHARCUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  ESTEX-TOO OF DAILY & VEGAN ICE CREAKS  CHARCUTTERMILK CHICKEN BURGER 1458KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1458KCAL  ESTEX-TOO OF DAILY & VEGAN ICE CREAKS  BUTTERBOLDOS CHEESECAKE ● 437KCAL ESTEAL  BUTTERMILK CHICKEN BURGER 1458KCAL  ESTEX-TOO OF DAILY & VEGAN ICE CREAKS  CHOCOLATE BROWNIE SUND	SOUP OF THE DAY	ella
Classic tomato and mozzarella, fresh basil, olive oil  MAINS  80z RIBEYE STEAK  Thick cut chips	Toasted sourdough  MAINS  8oz RIBEYE STEAK Thick cut chips 916KCAL Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL Pea & PARMESAN RISOTTO 6674KCAL Add chicken + £4 239KCAL Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL Thick cut chips, mushy peas, and home-made tartare sauce  100 ALTO 1303KCAL Pepperoni, salami milano, chorizo, roquette, chilli oil  MEATYLICIOUS 1303KCAL Pepperoni, salami milano, chorizo, roquette, chilli oil  MEATYLICIOUS 1303KCAL Pepperoni, salami milano, chorizo, roquette, chilli oil  MEATYLICIOUS 1303KCAL Pepperoni, salami milano, chorizo, roquette, chilli oil  HONEY BBQ CHICKEN 1132KCAL Shredded chicken breast, sweet drop peppers, honey and bbq sauce  CAPRIANO 6091KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  SIDES  CHUNKY CHIPS 6335CAL	C12 0
MAINS 802 RIBEYE STEAK 125 Thick cut chips ● 916KCAL Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL peppercorn sauce 99KCAL garlic butter + £2 294KCAL PEPA & PARMESAN RISOTTO ● 674KCAL Add blue cheese sauce 140KCAL peppercorn sauce 99KCAL garlic butter + £2 294KCAL PEA & PARMESAN RISOTTO ● 674KCAL Add chicken + £4 239KCAL PEA & PARMESAN RISOTTO ● 674KCAL Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA ● 219KCAL Saute potatoes & diressed salad BATTERED COD & CHIPS 94KCAL FITACH SAUCE SIDES  CHUNKY CHIPS ● 335CAL  E14 SIDES  CHUNKY CHIPS ● 335CAL E15 SIDES  CHUNKY CHIPS ● 335KCAL E16 SAURIN FRIES ● 325KCAL E17 SAURIN GETABLE FRIES ● 355KCAL E18 SAURIN FRIES ● 325KCAL E19 SAURIN FRIES ● 325KCAL E19 SAURIN FRIES ● 325KCAL E19 SIDES  CHUNKY CHIPS ● 335CAL E19 SAURIN FRIES ● 325KCAL E19 SIDES  CHUNKY CHIPS ● 335CAL E19 SAURIN FRIES ● 325KCAL E19 SAURIN	MAINS  8oz RIBEYE STEAK Thick cut chips ● 916KCAL Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO ● 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA ● 6 219KCAL Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  MEATYLICIOUS 1303KCAL Pepperoni, salami milano, chorizo, roquette, chilli oil HONEY BBQ CHICKEN 1132KCAL Shredded chicken breast, sweet drop peppers, honey and bbq sauce  CAPRIANO ● 1091KCAL Goat's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  SIDES  CHUNKY CHIPS ● 335CAL	£12.9
MAINS         Soz RIBEYE STEAK       Pepperoni, salami milano, chorizo, roquette, chilli oil         Thick cut chips       916KCAL       Pepperoni, salami milano, chorizo, roquette, chilli oil         Add blue cheese sauce 140KCAL, pepperperor sauce 99KCAL       Shredded chicken breast, sweet drop peppers, honey and bbq sauce       Capte dbq chicken breast, sweet drop peppers, honey and bbq sauce       Capte dbq chicken breast, sweet drop peppers, honey and bbq sauce       Capte dbq chicken breast, sweet drop peppers, honey and bbq sauce       Capte dbq chicken breast, sweet drop peppers, honey and bbq sauce       Capte dbq chicken breast, sweet drop peppers, honey and sesant milano, chorizo, roquette, chilli oil       E12.         Peaperoni, salami milano, chorizo, roquette, chilli oil       HONEY BBQ CHICKEN 132KCAL       £12.         Shredded chicken breast, sweet drop peppers, honey and bbq sauce       Capte chicken breast, sweet drop peppers, sprach, olive, cherry tomato         FIRECRACKER 1075KCAL       £12.         Sauté potatoes & dressed salad       £14         Sauté potatoes & dressed salad       £14         SIDES       SIDES         CHUNKY CHIPS ® 335CAL       £14         Siasa, toasted flatbread, dressed salad, skinny fries       £13         HERBY CHICKEN SKEWERS \$20KCAL       £13         BATTERED ONION RINGS ® 385KCAL       £15         BOILD BLANCE & BEEF BURGER 1338KCAL       £1	Pepperoni, salami milano, chorizo, roquette, chilli oil  **RIBEYE STEAK** Thick cut chips ● 916KCAL  Add mushrooms & tomatoes + £2.5 174KCAL  Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL  garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO ● 674KCAL  Poached egg, parmesan, roquette  Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA ● 6 219KCAL  Sauté potatoes & dressed salad  BATTERED COD & CHIPS 94IKCAL  Thick cut chips, mushy peas, and home-made tartare sauce  Pepperoni, salami milano, chorizo, roquette, chilli oil  HONEY BBQ CHICKEN 1132KCAL  Shredded chicken breast, sweet drop peppers, honey and bbq sauce  CAPRIANO ● 1091KCAL  Goat's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  SIDES  CHUNKY CHIPS ● 335CAL	£1/ 5
## ADDRESS STEAK Thick cut critiques of pilocal.  Add mushrooms & tomatoes + £2.5 174KCAL Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL peppercorn sauce 99KCAL garlic butter +£2 294KCAL PEA & PARMESAN RISOTTO ● 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL PETA & VECETABLE FRITTATA ● 219KCAL Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL  Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL  Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS ● 509KCAL Salsa, toasted flatbread, dressed salad, salsa, skinny fries HERBY CHICKEN SKEWERS 520KCAL  Brioche bun, steakhouse sauce, bacon, emmental cheese, griery onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1438KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, roanneal store surface salad, salring fries CHARCUTERIE(FOR 2) 321KCAL  E17  Beetroot tzatziki, red epoper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and  ### CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO (© 354KCAL £1)  ### CHOCOLAT	## Soz RIBEYE STEAK Thick cut chips ● 916KCAL  Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO ● 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA ● 6 219KCAL Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  ### 13 HONEY BBQ CHICKEN 1132KCAL  Shredded chicken breast, sweet drop peppers, honey and bbq sauce  CAPRIANO ● 1091KCAL  Goat's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  ### 13 SIDES  CHUNKY CHIPS ● 335CAL	L17.5
Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL Pea & PARMESAN RISOTTO	Add mushrooms & tomatoes + £2.5 174KCAL Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO © 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA © 6 219KCAL Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  Add mushrooms & tomatoes + £2.5 174KCAL Shredded chicken breast, sweet drop peppers, honey and bbq sauce  CAPRIANO © 1091KCAL  Goat's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  SIDES  CHUNKY CHIPS © 335CAL	C12 0
Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL PEA & PARMESAN RISOTTO 6 674KCAL Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA 6 219KCAL Suté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL Thick cut chips, mushy peas, and home-made tartare sauce LEMON & HERB SALMON SUPREME 574KCAL SIDES CHUNKY CHIPS 6 335CAL FETA & VEGETABLE KEBABS 6 509KCAL SIDES CHUNKY CHIPS 6 325KCAL FETA & VEGETABLE KEBABS 6 509KCAL SIDES CHUNKY CHIPS 6 325KCAL FETA & VEGETABLE KEBABS 6 509KCAL SIDES CHUNKY CHIPS 6 325KCAL FETA & VEGETABLE KEBABS 6 509KCAL SIDES SKINNY FRIES 6 325KCAL FETA & VEGETABLE KEBABS 6 509KCAL SIDES 6 STEAKHOUSE BEEF BURGER 1338KCAL FETA & VEGETABLE RITTERED ONION RINGS 7 385KCAL FETA & VEGETABLE RITTERED ONION RINGS 7 385KCAL FETA & VEGETABLES 6 235CAL FETA & VEGETABLES 6 235CAL FETA & VEGETABLES 6 235CAL FETA & VEGETABLES 6 669KCAL FETA & VEGAN SPECULOOS CHEESECAKE 6 437KCAL FETA & VEGAN SPECULOOS CHEESECAKE 6 447KCAL FETA & VEGAN SPECULOOS CHE	Add blue cheese sauce 140KCAL, peppercorn sauce 99KCAL garlic butter + £2 294KCAL  PEA & PARMESAN RISOTTO 6 6674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA 662 219KCAL Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL Thick cut chips, mushy peas, and home-made tartare sauce  honey and bbq sauce  CAPRIANO 60 1091KCAL  Goat's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  SIDES  CHUNKY CHIPS 66 335CAL	£12.9
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PEA & PARMESAN RISOTTO 6 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL Thick cut chips, mushy peas, and home-made tartare sauce  LEMON & HERB SALMON SUPREME 574KCAL Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS 5 509KCAL Salas, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, gherkins, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHOCOLATE BROWNIE SUNDAE 6 669KCAL E17 Passionfruit coulis  CHOCOLATE BROWNIE SUNDAE 6 669KCAL E25  Beetroot tzatzik, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	PEA & PARMESAN RISOTTO 6 66 674KCAL Poached egg, parmesan, roquette Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA 6 219KCAL Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL Thick cut chips, mushy peas, and home-made tartare sauce  fig. 674KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  fig. 60at's cheese, spinach, olive, cherry tomato FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  fig. 60at's cheese, spinach, olive, cherry tomato  FIRECRACKER 1075KCAL Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  CHUNKY CHIPS 6335CAL	£12 Q
Poached egg, parmesan, roquette Add chicken + £4 239KCAL FETA & VEGETABLE FRITTATA ② 219KCAL Sauté potatoes & dressed salad BATTERED COD & CHIPS 941KCAL Thick cut chips, mushy peas, and home-made tartare sauce  EMON & HERB SALMON SUPREME 574KCAL  Sansahed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS ③ 509KCAL Salsa, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Frioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  BUTTERBILK CHICKEN BURGER 1462KCAL Frisoche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE (FOR 2) \$21KCAL E25 Beetroot tzatziki, red pepper hummus, boney and sesame feta, falafel, herb pork meatballs, mixed grains, grilled hallourni and	Poached egg, parmesan, roquette Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA © © 219KCAL Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL  Spicy chorizo, shredded chicken, sweet drop peppers, sriracha hot sauce  FIRECRACKER 1075KCAL	L12.J
Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA  219KCAL Sauté potatoes & dressed salad BATTERED COD & CHIPS 94IKCAL Thick cut chips, mushy peas, and home-made tartare sauce  LEMON & HERB SALMON SUPREME 574KCAL EMON & HERB SALMON SUPREME 574KCAL  FIST SKINNY FRIES 325KCAL  LEMON & HERB SALMON SUPREME 574KCAL  SAIS 345KCAL  FIST SCHUNKY CHIPS 335CAL  EMUNKY CHIPS 335CAL  EMUNKY CHIPS 335CAL  SKINNY FRIES 325KCAL  EMUNKY CHIPS 335CAL  EMUNKY CHIPS 325CAL  EMUNKY CHIPS 325CAL  EMUNKY CHIPS 325CAL  EMUNKY CH	Add chicken + £4 239KCAL  FETA & VEGETABLE FRITTATA	
FETA & VEGETABLE FRITTATA	Sauté potatoes & dressed salad  BATTERED COD & CHIPS 941KCAL  Thick cut chips, mushy peas, and home-made tartare sauce  Thick cut chips with the control of	£14.5
BATTERED COD & CHIPS 941KCAL Thick cut chips, mushy peas, and home-made tartare sauce  CHUNKY CHIPS \$335CAL  EMON & HERB SALMON SUPREME 574KCAL EMON & HERB SALMON SUPREME 574KCAL Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS \$509KCAL Salsa, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Toasted flatbread, dressed salad, skinny fries  HERBY CHICKEN SKEWERS 520KCAL Toasted flatbread, dressed salad, skinny fries  BUTTERED GREEN VEGETABLES \$233CAL  SIDE SALAD \$281KCAL  BUTTERED GREEN VEGETABLES \$23CAL  SIDE SALAD \$281KCAL  EMON & FOREST FRUIT TART \$369KCAL  EMON & FORES	BATTERED COD & CHIPS 94IKCAL  Thick cut chips, mushy peas, and home-made tartare sauce  CHUNKY CHIPS 335CAL	
Thick cut chips, mushy peas, and home-made tartare sauce  LEMON & HERB SALMON SUPREME 574KCAL  Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS  509KCAL Salsa, toasted flatbread, dressed salad, skinny fries  HERBY CHICKEN SKEWERS 520KCAL  Toasted flatbread, dressed salad, salsa, skinny fries  HERBY CHICKEN SKEWERS 520KCAL  Toasted flatbread, dressed salad, salsa, skinny fries  STEAKHOUSE BEEF BURGER 1338KCAL  Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER  796KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  EMON  FOREST FRUIT TART  369KCAL  EMON  FOREST FRUIT TART  6669KCAL  EMON  FOREST FRUIT TART  666	Thick cut chips, mushy peas, and home-made tartare sauce  CHUNKY CHIPS © 335CAL	
LEMON & HERB SALMON SUPREME 574KCAL  Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS © 509KCAL Salsa, toasted flatbread, dressed salad, skinny fries  HERBY CHICKEN SKEWERS 520KCAL  Toasted flatbread, dressed salad, salsa, skinny fries  STEAKHOUSE BEEF BURGER 1338KCAL  Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER © 796KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 321lKCAL  E25  CHARCUTERIE(FOR 2) 321lKCAL  E35  CHOCOLATE BROWNIE SUNDAE © 699KCAL  E47  CHOCOLATE BROWNIE SUNDAE © 437KCAL  E48  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E47  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E48  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E47  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E48  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E48  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL E48  E49  E49  E49  E49  E49  E49  E49	tartare sauce CHUNKY CHIPS © 335CAL	
Smashed roasted new potatoes, red onion & cherry tomato salad, herb oil  VEGETABLE KEBABS © 509KCAL Salsa, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Toasted flatbread, dressed salad, skinny fries BY TERKHOUSE BEEF BURGER 1338KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries  ONION BHAJI BURGER 1462KCAL Brioche bun, mango chutney, skinny fries  ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries  ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries  CHARCUTERIE(FOR 2) 321IKCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta SHARER MEZZE (FOR 2) 1517KCAL  E25  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	LEMON & HEDR SALMON SLIDDEME 57/KCAL \$19 CKININY EDIES \$ 705/CAL	£4
VEGETABLE KEBABS © 509KCAL Salsa, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Toasted flatbread, dressed salad, salsa, skinny fries STEAKHOUSE BEEF BURGER 1338KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries ONION BHAJI BURGER © 796KCAL Brioche bun, mango chutney, skinny fries CHEESY FRIES © 457KCAL   BATTERED ONION RINGS © 385KCAL  BUTTERED GREEN VEGETABLES © 233CAL  SIDE SALAD © 281KCAL  E17  LEMON & FOREST FRUIT TART © 369KCAL  Passionfruit coulis CHCOLATE BROWNIE SUNDAE © 669KCAL  FIGURAL SET SUNDAE © 669KCAL  FIGURA		£4
Salsa, toasted flatbread, dressed salad, skinny fries HERBY CHICKEN SKEWERS 520KCAL Toasted flatbread, dressed salad, salsa, skinny fries STEAKHOUSE BEEF BURGER 1338KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries ONION BHAJI BURGER 796KCAL Brioche bun, mango chutney, skinny fries ONION BHAJI BURGER 796KCAL Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries CHARCUTERIE(FOR 2) 3211KCAL Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta SHARER MEZZE (FOR 2) 1517KCAL Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and		£5
HERBY CHICKEN SKEWERS 520KCAL  Toasted flatbread, dressed salad, salsa, skinny fries  STEAKHOUSE BEEF BURGER 1338KCAL  Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER 796KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	VEGETABLE KEBABS © 509KCAL £13 GARLIC CIABATTA © 248KCAL	£5
Toasted flatbread, dressed salad, salsa, skinny fries  STEAKHOUSE BEEF BURGER 1338KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER 796KCAL Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and  BUTTERED GREEN VEGETABLES 233CAL  \$IDE SALAD 281KCAL  \$IDE SALAD 281KCAL	BATTERED UNION RINGS WE 385KCAL	C 4
STEAKHOUSE BEEF BURGER 1338KCAL Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER 796KCAL Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	LIU DUTTEDED CDEEN VECETADI EC A CETA DI	±4
Brioche bun, steakhouse sauce, bacon, emmental cheese, gherkins, crispy onions, skinny fries  ONION BHAJI BURGER 796KCAL  Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	Todated interior and state, suital, su	£4
Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and  DESSERTS  LEMON & FOREST FRUIT TART © 369KCAL  £17  Passionfruit coulis  CHOCOLATE BROWNIE SUNDAE © 669KCAL  £25  VEGAN SPECULOOS CHEESECAKE © 437KCAL  Passionfruit coulis  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL £6  Berry compote	f17 SIDE SALAD W ZOINCAL	£4
Brioche bun, mango chutney, skinny fries  BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	choose aborting crispy opions skippy fries	
BUTTERMILK CHICKEN BURGER 1462KCAL  Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	ONION BRAJI BURUER W 796KCAL	
Crispy buttermilk fried chicken, bacon, emmental cheese, crispy onions, korean BBQ sauce, skinny fries  CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and		£8
CHOCOLATE BROWNIE SUNDAE © 669KCAL  ESTARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and  CHOCOLATE BROWNIE SUNDAE © 669KCAL  F25  VEGAN SPECULOOS CHEESECAKE © 0 437KCAL  F25  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO © 354KCAL ESTARCE CHEANS © SELECTION OF DAIRY & VEGAN ICE CREAMS © SELECTION OF DAIRY & VEGAN ICE CR	BUTTERMILK CHICKEN BURGER 1462KCAL  £17 Passionfruit coulis	
CHARCUTERIE(FOR 2) 3211KCAL  Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and  E25  VEGAN SPECULOOS CHEESECAKE 6 437KCAL  Passionfruit coulis  CHOCOLATE TRUFFLE BROWNIE SEMI-FREDO 354KCAL 6  Berry compote		£8
Prosciutto, chorizo, salami, marinated olives, red pepper hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	CHAPCHITCHE (CO. 2) services	
hummus, sundried tomatoes, roquette salad & garlic ciabatta  SHARER MEZZE (FOR 2) 1517KCAL  E25  Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	Prosciutto cherizo calemi marinated elives red popper	£8
Beetroot tzatziki, red pepper hummus, honey and sesame feta, falafel, herb pork meatballs, mixed grains, grilled halloumi and	hummus, sundried tomatoes, roquette salad & garlic ciabatta	
falafel, herb pork meatballs, mixed grains, grilled halloumi and		AL <b>£8</b>
	falafel herb nork meathalls mixed grains grilled halloumi and	
pitta bieda Vegetarian option available.	pitta bread - Vegetarian option available.	£6
	SALADS  CLASSIC CAESAR SALAD 477KCAL  Cos lettuce garlic ciabatta parmesan anchovies  £12  FOOD ALLERGENS & INTOLLERANCE	

£12

£4

£10

£4

£3

## **FOOD ALLERGENS & INTOLLERANCES**

Before you order your food and drinks please speak to our team if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.

● Dairy Free Vegetarian ● Gluten Free Vegan