

parlour

c a f e



*small batch house made breakfast
classics served 7-11 thursday-sunday
closed monday-wednesday*

sunrise specials

sub gf bun +2

wake & bacon

bacon, garlic herb aioli, fried egg, & white american cheese on a toasted croissant / 10

sunrise salute

impossible patty, fried egg, cheddar, roasted red peppers, roasted cherry tomatoes, & spring onion cream cheese on a toasted croissant / 10

berry fresh

toasted bagel & cream cheese topped with fresh berries / 6

parlour muffins

*baked in-house, served warm,
brushed with butter*

**blueberry cream cheese
streussel muffin / 6**

**dark chocolate banana
walnut muffin / 6**

grab & go

dragonberry smoothie

dragon fruit, blueberry, banana, mandarin, & vanilla yogurt / 7

the heritage parfait

house made grass-fed yogurt, & mixed nut granola / 7

vanilla maple chia pudding

chia seeds, vanilla, maple syrup, fresh fruit, & pepitas / 6

fruit cup

an assortment of fresh, seasonal fruit, & berries / 5

beverages

dead river coffee / 3

hot tea / 3

juice / 3

soft drinks / 3

mimosa / 8

vegetarian 

vegan 

gluten-free 