

VINTAGE

GRAND HOTEL

WELLNESS PACKAGES

PACKAGE 1

AED 999

(5) Five Massages for 60 minutes
with one time 30 minutes body scrub

PACKAGE 2

AED 1,199

(5) Five Massages for 90 minutes
with one time 30 minutes body scrub

PACKAGE 3

AED 1,599

(10) Ten Massages for 60 minutes
with one time 30 minutes body scrub

PACKAGE 4

AED 2,199

(10) Ten Massages for 90 minutes
with one time 30 minutes body scrub

Book a package of 5/10 massages for 60 or 90 minutes and enjoy our wellness benefits includes steam, sauna, Jacuzzi and outdoor pool either before or after your treatment.

Packages are valid for 3 months from the date of purchase.

For inquiries, please call/WhatsApp +971 52 512 5731

or call directly +971 4 429 3300

VINTAGE SPA

Aromatherapy Massage (60 minutes/ 90 minutes)

Therapeutic full-body massage using blends of essential oils personally selected for your needs. This deeply relaxing, aromatic massage works along the pressure points of the body using soft massage techniques and essential oils. The oils, known for their healing properties are inhaled and absorbed through the skin to achieve your desired results.

AED 350/ AED 419

Balinese Massage (60 minutes/ 90 minutes)

Traditional Balinese massage technique using a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and energy around your body, bringing a sense of wellbeing, calm and deep relaxation.

AED 350 AED 419

Swedish (60 minutes/ 90 minutes)

Therapeutic soft tissue techniques with long and flowing movements coupled with essential oils, this classical massage brings you into a state of balance and harmony.

AED 350/AED 419

Hot-stone Massage (90 minutes)

Hot stone massage therapy melts away tension, eases muscle stiffness, increases circulation and metabolism, promotes deeper muscle relaxation through the usage of smooth, water-heated stones on the body.

AED 419

Jet lag Massage (90 minutes)

A treatment for weary travelers to get you back on track after long hours of travelling by restoring your body clock in this soothing, relaxing treatment, reinstating a sense of balance.

AED 435

Fitness Massage (90 minutes)

Tailored massage using specific techniques to release deep-seated muscle tension. This firm massage is ideal for men who enjoy deep massage pressure and require focus on particular areas of their body. Advanced massage techniques and hot volcanic stones are used throughout this bespoke treatment, helping to relieve tight muscles and improve muscle mobility.

AED 455



VINTAGE SPA

Refreshing Coco Cream Massage (70 minutes)

AED 399

Indulge with this truly mesmerizing experience of and enjoy the benefits of coco: rich aroma awakens your senses and stimulates feeling of happiness, while cocoa butter nourishes and softens your skin.

Foot Massage (40 minutes)

AED 149

Pamper your feet and keep them strong and flexible. Massaging the feet can alleviate anxiety and bring about a deep state of relaxation. Foot massages improve circulation, stimulates muscles, reduces tension, and often eases pain.

Scalp Revitalizer (30 minutes)

AED 149

In addition to stimulating blood flow of the scalp, increasing probability of healthy hair growth, scalp massages are soothing whilst assisting in prevention of headaches as well as benefiting sleep patterns. Ideal for fatigue or jet lag.

Tension Relief Massage (40 minutes)

AED 199

Focusing on the back, neck & shoulder areas to loosen muscle tension allowing your body to unwind, get rid of stiffness and promote deep relaxation.

Express Facial (30mins)

AED 255

A facial to cleanse, exfoliate including a deep cleansing face mask. Products are selected to suit your skin condition and specific needs.

Signature Ghaya Spa Deep Cleanse Facial Oily/ Combination/ Dry & Sensitive Skin types (70mins)

AED 455

This purifying and deep-pore cleansing treatment consists of a thorough procedure to cleanse, provide nutritional value and allow for minerals to be absorbed into the skin type. Your skin will benefit tremendously, leaving it hydrated, soft to the touch and squeaky clean.

VINTAGE SPA

SPA BODY POLISH

Dead Sea Salt Body Scrub (30 mins)

The Dead Sea contains a unique combination of minerals that help to stabilize the moisture contents of the skin. Dead Sea Mineral Salts contain bromide salts that act as an anti-oxidant, which decelerates the appearance of wrinkles and delays the ageing process. Magnesium salts are also effective anti-allergens, and therefore help spare sensitive skin from any irritation.

AED 189

SPA BODY TREATMENT

Back Treatment (50minutes)

Back treatments give attention to that particular area via the following procedures: cleanse, exfoliation, steam, a mask, and a 25 minute massage.

AED 319

Sea Sensation Detoxifying Ritual (120 minutes)

Highly effective detoxifying body wrap provides a true source of minerals and nutrients directly into the skin layers. Your skin and body immerses feeling, cleansed, refreshed, and very soft to touch.

(Body Scrub + Natural Mud Wrap + Massage)

AED 659

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VINTAGE SPA

DAY SPA – PACKAGES

Here's a chance to unwind and escape from the busy city life. Specially designed day packages will leave to relaxed and energized.

SPA RETREAT (3 Hours 20 Minutes)

- Welcome drink
- Steam Relaxation
- Dead Sea Salt Body Scrub
- Dead Sea Mud Body wrap
- Scalp Revitalizer
- Aromatherapy Massage
- Foot Massage

Single AED 899 | Couple AED 1,449

SPA ESCAPE (4 Hours 20 Minutes)

- Welcome drink
- Steam Relaxation
- Body scrub
- Balinese Massage
- Foot Massage
- Steam Relaxation
- Signature Ghaya Spa Deep Cleanse Facial
- Scalp Revitalizer

Single AED 1,109 | Couple AED 1,769