



PRECISE
SPA & WELLNESS

*A sense of
well-being*

Allow yourself to be pampered from head to toe with spa and beauty rituals for body, mind and soul. With our unique spa treatments, you will discover a sense of well-being that lasts long after you leave.

Table of Contents

Beauty treatments	4
For him	5
Manicure & pedicure	5
Body treatments	6
Special body treatments	6
Massages	7
Wellness for kids	8
Opening hours	9
Spa & wellness info	9

Beauty Treatments

PRO-YOUTH TREATMENT

Effective and intensive treatment with high-quality products, for a firming effect and youthful smoothness.

90 minutes | 150 Euro

CLASSIC FACIAL TREATMENT

A facial treatment individually tailored to your skin, including skin diagnosis, peeling, facial, décolleté and neck massage, mask, finishing care, and skincare consultation.

50 minutes | 110 Euro

EYEBROW STYLING

Including tinting

15 minutes | 22 Euro

COLOURING EYELASHES

15 minutes | 20 Euro

AMPOULE CRASH TREATMENT

Beauty in a flash: highly dosed active ingredient ampoules ensure an extraordinary care experience, instantly generating more moisture, protection, and balance while providing an anti-aging and regenerating effect.

30 minutes | 50 Euro

For Him

GENTLEMAN DE LUXE

Special facial treatment for the sophisticated modern gentleman, including massage and mask for an intensive feel-good experience.

90 minutes | 150 Euro

VITALITY FOR HIM

Firming and moisturising facial treatment specially tailored to men's skin, starting with a back and neck massage, followed by a facial peel with mask and a facial massage. Eyebrow correction included on request.

50 minutes | 95 Euro

Manicure & Pedicure

CLASSIC MANICURE

with peeling and massage

40 minutes | 72 Euro

COSMETIC PEDICURE

with relaxing foot bath

60 minutes | 96 Euro

Body Treatments

BODY SHAPER FULL BODY BRUSH MASSAGE

Improves blood circulation and removes dead skin cells. The Body shaper massage stimulates the metabolism and tightens the connective tissue.

20 minutes | 35 Euro

FULL BODY PACK

Gives an immediate moisturising or firming effect and stimulates the regenerative capacity.

30 minutes | 57 Euro

MUD PACK

The mud pack warms the back vigorously and stimulates blood circulation. It also provides a purifying and cleansing effect.

30 minutes | 35 Euro

incl. Head or foot massage

30 minutes | 59 Euro

Special Body Treatments

BACK BALANCE

This program provides relaxation and care for the back. The cleansing peeling, the nourishing pack, and the gentle massage restore the balance in your back area.

40 minutes | 79 Euro

HOPI EAR CANDLE THERAPY

Spreads an intense feeling of pleasant warmth and establishes a liberating release of pressure in the ear, forehead, and sinus area.

30 minutes | 45 Euro

Massages

RELAXING HEAD-FACE-NECK MASSAGE

High-quality, warm oils are carefully applied to the head, face, and neck and gently massaged into the skin.

30 minutes | 63 Euro

HOT STONE MASSAGE FOR THE BACK

This unique massage combines all the benefits of a classic back massage with the warmth of stones. It enhances the blood circulation and energy flow in the body while relaxing muscles and releasing muscle pain in the back.

30 minutes | 65 Euro

BACK MASSAGE

20 minutes | 45 Euro

FULL BODY MASSAGE

50 minutes | 95 Euro

FOOT MASSAGE

20 minutes | 45 Euro

AROMA BACK MASSAGE

A relaxing and well-being massage with the scent of essential oils. Stimulating and invigorating with citrus fruits relaxing with lavender, rose, rosemary or even refreshing with the scent of eucalyptus and mint.

20 minutes | 42 Euro

Wellness For Kids

PEACH DREAM MASSAGE

Short full body massage with peach-scented body butter.

15 minutes | 35 Euro

FANTASY MASSAGE

Short back massage with a wash-off tattoo.

15 minutes | 35 Euro

TEENIE BACK MASSAGE

15 minutes | 35 Euro

Opening Hours

POOL & FITNESS AREA

Thursdays from 9 a.m. to 10 p.m.

Friday through Wednesday from 7 a.m. to 10 p.m.

WELLNESS APPOINTMENTS

9 a.m. to 5 p.m.

and by appointment

SAUNA OPERATION

14 p.m. to 10 p.m.

Spa & Wellness Info

GYM

Our gym is located next to the indoor pool area in our bathing complex "Kaskaden". We kindly ask you to enter this area with sneakers.

POOL AND SAUNA AREA

In our sauna area you have two Finnish saunas (75 – 95 °C) as well as a plunge pool and a relaxation area.

RESERVATIONS

We recommend to book treatments early due to a very high demand, especially on weekends. You can call us at +49 (0)33921 / 88714.

We ask you to arrive at the spa reception 10 minutes before your booked appointment. If you are late, we reserve the right to adjust the duration of the treatment according to the booking situation and to charge you the full amount.

CANCELLATION

If you are unable to attend your booked appointment, we kindly ask you to let us know your new desired date or your cancellation no later than 24 hours before the treatment. For all cancellations at a later time, we charge a fee of 80% of the treatment price.

FEEL-GOOD TIPS

For expectant mothers and guests with high blood pressure, cardiovascular problems, diabetes or other medical conditions, we recommend to consult a doctor before a spa treatment or using the spa and wellness facilities as well as to inform the therapist at the time of your reservation.

We would kindly point out that the consumption of brought food and drinks in our Spa & Wellness is not allowed.





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