

# CONSERVATORY

## SAMPLE BREAKFAST MENU

### CHILLED FRUIT JUICES & FRUITS

Seasonal fresh fruits and sliced fruits  
Selection of fruits juices, apple, orange, pineapple

### FROM THE BAKERY

Selection of Artisanal sliced Breads  
Croissant and Danish pastries and Mini Muffins

Sourdough, wholemeal, multigrain or white bread toasts with your choice of preserves, honey, peanut butter, vegemite, margarine or butter

### CEREALS

Choices of cereal, Weet-Bix, Carmen's Muesli, Kellogg's corn flake, Coco Pops served with your choice of milk, almond, low fat or full cream milk

### HOT SECTION

Baked beans  
Roast tomatoes  
Hash browns  
Bacon  
Roasted mushrooms  
Bacon and cheese quiche  
Vegetable frittata  
Porridge  
A variety of free-range eggs: Baked, fried, poached and scrambled

### EGG STATION

Free range egg omelette  
Choice of filling: Ham, onion, tomato, mushroom, peppers, spinach, or cheddar

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### ASIAN

Stir fried noodles and vegetables

Miso soup and congee with a choice of condiments

Vegetable and chicken dumplings

### SOMETHING SWEET

Pancakes and waffles

Berry compote, whipped cream, honey, Cinnamon Sugar

Seasonal smoothies

Seasonal chia pudding

3 types of yoghurt – sweet, plain and coconut

Bircher muesli

### TEA & COFFEE

Enjoy a delicious breakfast at Conservatory and receive a one complimentary barista coffee and Tea per person