

Breakfast menu

Toasted banana & walnut bread 7.5

Pressed leg ham, Swiss cheese & mustard pickle sourdough toasted sandwich 13.5

Brioche roll, bacon, fried egg, Swiss cheese & Smokey BBQ sauce 13.5

Toasted sourdough, preserves & butter 7.5

Eggs on toasted sourdough cooked your way (scrambled, fried or poached) 15

Daily selection of pastry's, muffins & slices all 5 each

THE YOUNG ONES BREAKFAST 15

Served with glass of orange or apple juice

Mini breakfast, scrambled eggs, bacon, hashbrown & toasted sourdough

Waffles, assorted berries & maple syrup

Fruit salad, Nutri- grain & toasted sourdough

BEVERAGE MENU

ALLIES COLD PRESSED JUICES - 300ml 9

Valencia orange, gingered apple, watermelon, daily greens, heartbeet

HOUSE JUICE - GLASS 5

orange, pineapple, apple

MILKSHAKES - GLASS 7.5

Chocolate, strawberry, caramel, vanilla, coffee, mocha

SELECTION OF BARISTA MADE COFFEE - CUP 4.8 MUG 5.2

cappuccino, flat white, latte, espresso, mocha

SELECTION OF TEA - 5.2

english breakfast, earl grey, green tea