



On Island Activities

With an array of activities on offer across the island each day, guests can experience the luxury of a snorkeling adventure, take part in guided meditation and explore the island with a guided rainforest walk.

Our Living Reef experiences, expansive pool landscapes, coral beaches and unlimited access to non-motorised water activities ensures there is something to keep everyone entertained.

For booking information contact:

Tour Desk | 1800 888 288 | tourdesk@daydreamisland.com

daydreamisland.com



Activities

Stand Up Paddle Boarding Test your balance on a paddle board. Our staff will provide a few pointers for beginners and then set you off to explore the relaxing waters of Daydream.	Free	Bingo "22, two little ducks" Line your numbers up and get on theme with our fun one hour bingo sessions.	Free
Rainforest Walk Take a stroll through Daydream's rainforest trails at your leisure and see what wildlife you can spot. Be sure to stop by the Rainforest Deck for the ultimate viewing platform.	Free	Open Air Cinema Our refurbished 44ft cinema screen and lawn area, overlooking Sunset Beach, will offer a range of family favourites, recent releases and classics. Take a seat on the deck chairs, purchase your movie snacks and sit back and enjoy an island movie night under the stars.	Free
Guided Meditation Stop, breath, relax and unwind the mind with a soothing 30 minute guided meditation session on the beach or in our Underwater Observatory	Free	Beach Volley Ball Join in a lively game of beach volleyball on a sun-kissed court, perfect for fun and friendly competition.	Free
Kayaks Grab a friend and paddle out to see Daydream from a different perspective. Enjoy the tranquility as you glide through the crystal water.	Free	Paint & Sip Sit back, relax and take in the stunning views of Lovers Cove as inspiration to create your own watercolour masterpiece while sipping on a glass of bubbly.	\$35
Amazing Race Team Challenge Fancy a challenge? Come and take part in The Amazing Race. Compete against other teams and race against the clock to complete challenges across the island. First place wins a prize!	Free	Lovers Cove Glass Bottom Kayak Tour Let our guides take you on a one hour scenic paddle around the island, pointing out special landmarks and notable reef features. Experience wild fish feeding off Lovers Cove.	\$50
Catamarans Feel the wind in your hair and take out one of our catamarans to explore the pristine waters of the Whitsundays.	Free	Sparkling Glass Bottom Kayak Tour Join us for a one hour paddle to Lover's Cove with one of our experienced guides, followed by a complimentary glass of sparkling wine while taking in the stunning views	\$65
Snorkel Equipment Hire Take a self-guided swim in the ocean at your own leisure to explore the activity beneath the water's surface.	Free		
Trivia Nights Put your knowledge to the test with one of our trivia nights. Fun for all ages.	Free		

