

Monday

Morning Tea

Pumpkin fetta & leek quiche Coconut Chia seed pudding, freeze-dried fruit

Lunch

Soup of the day
Assorted bread rolls

<u>Salads</u>

Salad as you like it

Create your own salad

Green apple & paw-paw salad, coriander, mint & chilli cashew dressing

Beet & ricotta salad, baby spinach, pomegranate, sunflower seeds & balsamic

Hot Items

Gippsland Black Angus roast beef with port wine jus

Grilled eggplant, capsicum & lentil ragout with tomato & olives

Maple roasted root vegetables with coriander seed & thyme

Herb roasted potatoes with rosemary & sea salt

Fruit

Seasonal sliced fruit

Afternoon Tea

Portuguese egg tart Fresh whole fruit



Tuesday

Morning Tea

Lamb harissa sausage roll Raspberry apple crumble

Lunch

Soup of the day Assorted bread rolls

Salads

Salad as you like it Create your own salad

Spiced Black bean, quinoa, butternut pumpkin, corn kernels, wild rocket & Fetta

Roasted broccoli salad, radicchio, cranberries, smoked almonds, miso dressing

Hot Items

Butter chicken, tomato Makhani & fenugreek

Za'atar spiced cauliflower, sweet potato & kale

Steamed green vegetables

Saffron rice with sultanas

Fruit

Seasonal sliced fruit

Afternoon Tea

Chef's selection of assorted slices Fresh whole fruit



Wednesday

Morning Tea

Chicken jalapeno & cilantro empanada Selection of Danish pastries

<u>Lunch</u>

Soup of the day Assorted bread rolls

Salads

Salad as you like it Create your own salad

Grain & lentil salad, currants, apricots, almonds, pomegranate, parsley

Roasted cauliflower, sultanas, ricotta, wild rocket & lemon tahini

Hot Items

Caraway & saffron braised lamb with espelette & apricots

Lemon basil gnocchi with zucchini, cherry tomatoes & baby spinach

Herb roasted potatoes with rosemary & sea salt

Steamed seasonal vegetables with lemon oil

Fruit

Seasonal sliced fruit

Afternoon Tea

Chocolate & vanilla eclairs
Fresh whole fruit



Thursday

Morning Tea

Pastizzi ricotta & spinach Honey yoghurt trifle with toasted muesli & berries

<u>Lunch</u>

Soup of the day Assorted bread rolls

Salads

Salad as you like it Create your own salad

Kipfler potato salad with capers, celery, gherkins & grain mustard dressing Soba noodle salad, vegetable slaw, tofu, edamame, ginger soy dressing

Hot Items

Smoky dry rub salmon fillets with grilled corn & burnt lemon

Thai green curry mixed vegetables with tofu & coriander

Steamed green vegetables

Pandan coconut rice

<u>Fruit</u>

Seasonal sliced fruit

Afternoon Tea

Selection of donuts Fresh whole fruit



Friday

Morning Tea

Classic chunky beef & red wine pies Selection of mini muffins

Lunch

Soup of the day Assorted bread rolls

Salads

Salad as you like it Create your own salad

Mixed heirloom tomatoes, radicchio, Burrata, wild rocket & cherry balsamic Brown rice salad with apricots, currants, cashews, & toasted coconut

Hot Items

Tandoori spiced chicken thighs with pickled cucumber & mango chutney

Basil pesto casarecce, black olives, cherry tomato, capers, parsley

Maple roasted pumpkin, carrots & chickpeas

Steamed seasonal greens with lemon oil

Fruit

Seasonal sliced fruit

Afternoon Tea

Selection of cookies Fresh whole fruit