

Elemis Detox

Elemis Targeted Toning Tightener (TTT)- Tightens and tones the skin on the hips, thighs and hands to help soothe the appearance of cellulite blood circulation and reduce fluid retention.

Cellutox Aroma Spa Ocean Wrap- Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

Musclease Aroma Spa Ocean wrap- Powerful seaweed helps complete muscle relaxation by easing aching, tense muscles.

Elemis Exotics

Exotic Frangipani Monoi salt Glow – Exfoliates and nourishes a dry skin, leaving it hydrated and fragranced.

Exotic Frangipani Body Nourish Wrap - Provides ultimate radiance, and body glow.

Exotic Lime and Ginger salt Glow – An exfoliating ritual to invigorate and revitalize the body.

Exotic Coconut Rub & Milk Ritual Wrap - Enlivens senses, smooths and softens skin.

Hands and Feet Care

Exotic manicure
Sole Delight Pedicure
Quick Fix & Nail Polish
Gel Application/Gel Removal

Grooming

Full Leg waxing
Half Leg Waxing
Chest or back waxing
Bikini Line waxing
Half arm waxing
Under-arm waxing
Upper lip & Chin waxing
Eyebrow Shape
Eyelash & Eyebrow Tint

Various Spa Packages on Request

60Mins Kshs.7500.00

60Mins Kshs.5500.00

75Mins Kshs.5500.00

30Mins Ksh.4200.00

45Mins Kshs.5400.00

30Mins Kshs.4200.00

45Mins Kshs.5400.00

60Mins Kshs. 2500.00

90Mins Kshs. 3000.00

30Mins Kshs. 1500.00

45Mins Kshs. 1200.00

60Mins Kshs.2800.00

45Mins Kshs.1800.00

60Mins Kshs.2800.00

30Mins Kshs.1500.00

45Mins Kshs.1500.00

30Mins Kshs.1500.00

30Mins Kshs.1800.00

30Mins Kshs.1200.00

45Mins Kshs.1800.00



Treatment Price Menu

MASSAGE THERAPIES

Hot Stone Therapy- healing massage with the aid of heated volcanic stones

DURATION CHARGES

90Mins Kshs. 7500.00
60Mins Kshs. 5300.00

Elemis Free Style Deep Tissue Massage- An exotic massage that incorporates techniques from ten different cultures
Choose either:

Stress Away- Wind down and release the tension of the day.

90Mins Kshs.7500.00
60Mins Kshs.5500.00

Spirit Revival- A powerful surge to invigorate and recharge.

90Mins Kshs.7500.00
60Mins Kshs.5500.00

Muscle Melt- Relax and re-energize a tired and aching body.

90Mins Kshs.7500.00
60Mins Kshs.5500.00

Chakra Balancing- Reconnect your mind, body and soul.

90Mins Kshs.7500.00
60Mins Kshs.5500.00

Elemis Deep-tissue Back Massage- Minimum time, maximum tension relieving results-specifically targeting the back, neck and shoulder

30Mins Kshs. 3400.00

Energy Release Feet Therapy- pressure point on stimulate and release blocked energy.

60Mins Kshs.4000.00

Elemis Peaceful Pregnancy Massage

The nurturing massage specially designed for mother to be releases tension in your lower and upper back, alleviates swelling on hands and feet promoting relaxation whilst uplifting your spirit.

75Mins Kshs.6500.00

Purely Maisha Aromatherapy- Therapeutic massage with use of esse oils to suit your mood.

90Mins Kshs.6500.00
60Mins Kshs.5000.00
30Mins Kshs.3500.00

Purely Maisha Deep Tissue Massage -Work on specific muscle groups. A wonderful relief for stress related tension.

90Mins Kshs.7200.00
60Mins Kshs.5000.00
30Mins Kshs.3500.00

Purely Maisha Swedish Massage- Simply relaxing.

90Mins Kshs.6500.00
60Mins Kshs.4600.00
30Mins Kshs.3300.00

Synchronised- An ultimate & sensational massage experience! Float away as your tension is eased by two therapists in perfect tandem.

60Mins Kshs.9000.00

All prices are in kenya shillings and are inclusive of applicable Government Taxes, Service Charge, and Training Levy

for any bookings please contact the

Maisha Spa on Ext 407 Tel: 0732 125 407 / 0727424201-3 Wireless: 0203548771/4

Email: msbhspa@serena.co.ke
Website: www.serenahotels.com



SERENA BEACH RESORT & SPA



Face and scalp massage

30Mins Kshs.2500.00

Indian Head and Shoulder massage

30Mins Kshs.3500.00

Full Back Massage-A quick fix to alleviate stress, tension and tiredness.

45Mins Kshs.4700.00

Foot pressure massage - Ease tired aching feet.

30Mins Kshs.2500.00

FACIALS

BIOTEC FACIAL -

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven results, visibly healthy, nourished and energised skin.

Elemis Biotec Line Eraser- The ultimate wrinkle-smoothing facial to rejuvenate ageing skin.

Elemis Biotec Firm-a-Lift- Super-lift facial to help firm and tighten cheeks, neck and jaw line.

Elemis Biotec Anit-Pigment Brightener- Tackles the appearance of uneven skin tone, discolouration and age spots. A unique complex of brightening actives, ultrasonic peel and light therapy reveal a youthful and translucent complexion.

Elemis Biotec Skin Resurfacer- Revolutionary resurfacing facial to even skin tone, reduce blemish marks and smooth fine lines.

Elemis Biotec Radiance Renew- This cellular-boostiing treatment targets sluggish complexions. Stimulates removal of impurities and dead skin cell, while rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

Elemis Biotec Blemish Control- Deep cleansing facial, light therapy facial to visibly clear and re-balance oily, blemish prone skin.

Elemis Biotec Sensitive Skin Soother-De-sensitising anti-redness facial ,to sooth and calm a delicate skin.

Elemis Biotec Super-Charger for men-High performance facial for men to de-grease, de-age and calm a stressed, dehydrated skin.

Elemis Advanced Anti-Ageing Facial

These superior face treatments are further enhanced by luxurious hand, arm and scalp massage sequences for the ultimate scientific skin therapy.

Elemis Superfood Pro-radiance-Instantly firms, rejuvenate and pump the skin. Helps to reduce dark circles around the eye.

60Mins Kshs.8400.00

Elemis Pro-Definition Lift & Contour– Super lifting facial for sagging jowls, cheeks, chin and neck

60Mins Kshs.10500.00

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Elemis pro-collagen Age Defy- Clinically proven to reduce number of wrinkles by 94% and skin firmness by 57% after just one treatment for a firmer, uplifting and more youthful looking appearance.

75Mins Kshs.10500.00

Elemis Dynamic Resurfacing Precision Peel– Instantly resurfaces and smoothes the skin targeting blemishes, superficial, scarring, uneven skin tone and fine lines revealing a clearer, younger looking skin.

60Mins Kshs.10500.00

Elemis Advanced Performance Facials

Elemis Sensitive Skin Soother- Immediate comfort for stressed, irritated and dry skin.

Elemis Anti-Blemish Mattify and calm- Powerful face and eye treatment for oily and congested skin.

Elemis Modern Skin Facial-Bursting with anti-oxidant rich minerals and vitamins,this purifying treatment rebalances and renews your skin.

Elemis Skin Specific Facials

Herbal Lavender Repair- Reduces unwanted shine and treats skin breakouts

75Mins Kshs.7400.00

Fruit Active Glow- Brings back the glow to a lifeless, dull complexion

75Mins Kshs.7400.00

Exotic Moisture Dew- Treats your skin to a moisture boost

75Mins Kshs.6600.00

Elemis Tester Facials

An introductory facial that provides a quick pick-me-up for any occasion

60Mins Kshs.4950.00

Elemis Just For Men

Urban Cleanse- Super grooming facial for oily rich skin in need of balance

60Mins Kshs.4950.00

Skin IQ- Ideal for stressed and challenged skin

60Mins Kshs.4950.00

Total Time Out- Elemis deep tissue massage and an urban cleanse or skin IQ facial

60Mins Kshs.4950.00

Elemis Rituals

Absolute Spa Ritual- Elemis deep tissue massage and advanced Anti-Ageing facial

60Mins Kshs.4950.00

Absolute Spa ritual- Elemis deep tissue massage and an advanced performance facial.

60Mins Kshs.4950.00

Face and Body sensation- Experience treatment duo, a sensational Massage combined with a prescribed booster anti-ageing facial Choose either:

-Pro-collagen quartz lift facial
-Tri-enzyme facial, -skin IQ facial

60Mins Kshs.8300.00

Swahili Therapy- Body scrub in a micro-wrap and full back massage.

60Mins Kshs.8300.00

Maisha Indulgence – Body scrub, body wrap and massage.

60Mins Kshs.8300.00

Maisha Coffee scrub – An uplifting body exfoliation.

60Mins Kshs.8300.00

Maisha Luxury Bath – A butler drawn aroma bath in the comfort.

60Mins Kshs.8300.00

Back cleansing Treatment –The back, a hard to reach area, finally gets the attention deserves!

60Mins Kshs.8300.00

Steam Room, Sauna and Jacuzzi only

60Mins Kshs.8300.00

Yoga- on request

60Mins Kshs.8300.00