



Elysium  
*Spa*



## ABOUT US

**We will offer you a soothing escape from everyday life, with relaxing beauty and wellness treatments inspired by thalassotherapy, as well as manicures and pedicures.**

**In this indulgent atmosphere, complete with luxurious spa facilities such as hammam, sauna, steam room, hydro-bath, cold room and indoor pool, you can relax, rejuvenate and revive body and mind.**

**Offering a state-of-the-art environment of living well, Elysium Spa will allow you to avail yourself of a fully equipped fitness centre.**

## OUR MISSION

Our mission at Elysium Spa is to provide a unique and personalised relaxing experience for each of our guests. We offer a wide variety of services to cater to each person's desire. Whether it be a simple relaxation massage, a treatment of neck pain, a luxury facial for radiant-looking skin or simply enjoying premier wellness facilities and fitness centre.

Upon your departure from Elysium Spa, we strive to be the best part of your day.

## OUR ETIQUETTE

The Spa environment is one of tranquillity and relaxation.

Please respect the quiet and privacy of other guests.

We kindly request that you refrain from using mobile phones and cameras.

It is recommended that you refrain from bringing valuables with you, as the Spa does not assume liability for theft or loss.

## OUR TREATMENTS

At Elysium Spa, we take care of our guests top to toe. In our Spa Menu, you can find a wide selection of massage techniques, tailor-made facials targeting any skin concern, body treatments promoting wellness as well as manicures and pedicures.

## OUR MEMBERSHIPS

Whether you are a fitness fanatic, a spa-holic or you enjoy having a fresh drink by the outdoor pool on a hot summer day... we have what you are looking for.

We have created different membership options to fit everyone's preferences.

# OUR TREATMENTS

## SWEDISH MASSAGE

Long, soft, kneading strokes to release tension from the deepest muscles of your body.

30min €40.00

60min €70.00

## HOT STONES

Specialist massage that uses smooth, flat heated basalt stones. The stones warm and relax your muscles allowing deeper pressure to be applied during your massage.

60min €75.00

90min €95.00

## REFLEXOLOGY

This is an alternative massage practice involving the application of pressure to specific points on the feet.

60min €65.00

## AROMA THERAPY

Aromatherapy uses essential oils in holistic treatments to improve health and emotional wellbeing and restore balance of body and mind.

60min €70.00

90min €90.00

## COUPLE'S ESCAPE

You can choose any of our massage techniques between Swedish Massage, Aroma Therapy and Hot Stones. Let us pamper you in our romantic, candle-lit Couple's Room.

30min €70.00

60min €130.00

90min €170.00

Prices are per couple:

- Massage Therapies
- Skin Care
- Body Therapies
- Luxury Facial Treatments
- Signature Therapies
- Hand & Feet
- Wax Depilation
- Gentlemen's Therapies
- Couple's Journey

# OUR TREATMENTS

## HYDRA MINERAL

This treatment bathes the skin in moisture, concentrating the benefit of marine extracts to quench the skin. Skin is perfectly moisturised, regaining comfort, radiance and softness.

**60min €60.00**

## ABSOLUTE YOUTH

An antiaging facial highly concentrated in marine active ingredients, that fill wrinkles and smooth the skin. Wrinkles are less visible and youthfulness is restored.

**60min €60.00**

## FIRM & LIFT

This facial, ideal for skin that lacks firmness, combines cutting edge marine active ingredients developed by scientists with a firming massage and a unique tightening mask. Facial features are smoothed, skin is firmer and contours are more well defined.

**60min €65.00**

## EXTREME PURITY

Ideal for combination or oily skin, this facial uses highly concentrated marine acids to help unclog pores and regulate excess sebum. Skin is purified and shine-free.

**60min €50.00**

## SENSE MARINE

This mild facial for sensitive and reactive skin bathes the face in ultra-soft textures and soothing marine active ingredients for a gentle interlude. Skin regains comfort and suppleness, and redness is reduced from the very first treatment.

**60min €60.00**

## EXPRESS FACIAL

Tailor-made express facial that includes cleansing, exfoliation, treatment mask and moisturiser.

**30min €40.00**

# OUR TREATMENTS



## DEEP TISSUE/ SPORTS MASSAGE

It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.

30min €45.00

60min €80.00

## OCEAN SECRETS EXTRAORDINARY FACIAL

Tailor-made facial to suit individual skin needs. Hand and foot treatment is included in the session for a blissful pampering experience.

90min €105.00

## ELYSIUM MASSAGE

A combination of candle oil and hot stones massage techniques to melt muscle tension away and balance body and mind.

90min €100.00

## ABSOLUTE SPA RITUAL

Full body aromatherapy massage followed by a luxury Elemis facial. The ultimate Elysium Spa experience.

120min €120.00

## RITUAL BODY DETOX

This unique treatment is a delight to the senses and can be performed year-round or during seasonal changes. It combines a purifying exfoliation with a detox massage. A detoxifying relaxation phase stimulates elimination and drains toxins. The body feels light and purified.

60min €60.00

# OUR TREATMENTS

## PRO-COLLAGEN AGE DEFY

The Elemis Pro-Collagen Age Defy Facial tackles fine lines and wrinkles with the clinically proven age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

**60min €85.00**

## DYNAMIC RESURFACING PEEL

This resurfacing facial is clinically proven to visibly resurface and increase skin smoothness after just one treatment and targets blemishes, uneven skin tone, superficial scarring and fine lines.

**60min €85.00**

## SUPERFOOD PRO-RADIANCE

This treatment is rich in superfoods, essential minerals and trace elements, which form a mineral army to jump-start tired and exhausted skin. An amino active mask helps to restore moisture, deeply nourish, detox and pack the skin with powerful energizing nutrients.

**60min €75.00**

## PEPTIDE 24/7

Target tired skin with this radiance restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to Elemis, are combined with specialist massage techniques to replenish skin with a well-rested glow.

**60min €70.00**



# OUR TREATMENTS

## SPA COCKTAIL

Full body scrub, followed by a relaxing Swedish back massage. Express Refreshing Facial is the last touch of this lovely package.

90min €95.00

## TIME TO GLOW

Full body exfoliation with sea salt and application of body butter or firming body cream, followed by Express Beautifier facial including eye contour treatment

90min €100.00

## COUPLE'S CARESS

30 minutes full body scrub with sea salt and virgin coconut oil, followed by 60 minutes Aromatherapy or Swedish massage.

90min €160.00 per couple

## COUPLE'S DREAM

Relaxing or Deep Tissue back massage followed by Express Refreshing Facial

60min €140.00 per couple

# OUR TREATMENTS

## GENTLEMEN'S EXPRESS CLEANSE

An extremely efficient facial treatment that easily fits into any daily routine.

45min €45.00

## THE ULTIMATE MALE ESCAPE

Unwind in style with this rebalancing and intensely relaxing treatment that includes full body massage using a combination of heated stones and deep tissue massage techniques.

60min €75.00

90min €95.00



# OUR MEMBERSHIPS

Whether you are a  
fitness fanatic or a  
spa-holic...

We have the right  
option for you.

## SILVER

With this membership, you will have unlimited access to our indoor pool, sauna and fitness centre. Gym towel and pool towel will be provided free of charge and you will benefit from a 10% discount on our Spa treatments.

**3 months €225.00**  
**6 months €405.00**

## GOLD

Get unlimited access to our premium wellness facilities (sauna, hammam, hydro bath and cold room) and also to our indoor pool, sauna and fitness centre. We will provide you with a gym towel and pool towel and you will benefit from a 10% discount on our spa treatments.

**3 months €285.00**  
**6 months €510.00**

# OUR ETIQUETTE

Elysium Spa is committed to creating and maintaining a culture which ensures that each guest not only receives excellent customer service but also relaxing spa treatments and services within a peaceful and harmonising environment. Our mission is to make every person feel special. For this reason, if you have in mind a different Spa Experience than the ones listed in our brochure, please do not hesitate to contact us. We will take time to discover what is best for you and customize your wellness journey to suit your needs.

## HEALTH CONCERNS

Please advise of any health conditions, allergies or injuries that could affect your treatments or use of the Spa facilities.

## SPA EXPERIENCE

To make the most out of your Spa Experience and support the benefit of your treatment, we recommend that you allow extra time prior to your scheduled time to enjoy our wellness area. For your convenience, we will provide towels, slippers, bathrobes and all the amenities required for use during your visit.

## RELAXATION ROOM

As your treatment continues to benefit both body and mind, we invite you to rest and recuperate in our Relaxation Room. Stay for as long or as little as you would like.

## RESERVATIONS

Advanced booking is highly recommended to ensure preferred times are available, particularly if you choose to enjoy multiple bookings during your stay. The Spa provides walk-in bookings based on availability.

## MINIMUM AGE

The minimum age for Spa treatments and use of the facilities is 16 years.

## LATENESS AND CANCELLATION

Please be aware that your late arrival may result in a reduction of the treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of 12 hours' notice for cancellations.

## HOURS OF OPERATION

Gym, Indoor pool and Sauna	07:00 - 21:00
Spa Reception & Spa Treatments	09:00 - 20:00

**Children below 16 years old are allowed in the indoor pool between 11:00 and 18:00 only.**

*We are looking forward to being  
part of your wellness  
journey at Elysium Spa.*



@ELYSIUMSPAMALTA



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